

CAPITOL CLASH

WASHINGTON DC HEMA OPEN 2017

EQUIPMENT REQUIREMENTS: LONGSWORD (TEEN AND YOUTH CATEGORIES)

Note: In the event of an equipment failure (e.g. blade breakage, straps for forearm guards ripping, etc.) the competitor has 10 minutes to find a replacement, or else forfeits the match.

Weapon:

Participants of the Youth and Teen categories of the Longsword tournament must use the Rawlings Line of synthetic two handed swords produced by Red Dragon. All standard pommel and grip options are allowed. The guard may be a standard cross guard or have a nagel (a messer-styled nail protrusion). No basket hilts are allowed. The weapon is expected to be in good repair, with no jagged gouges in the blade that could rip an opponent's protective gear.

Apparel:

–Padded HEMA jacket, padded fencing jacket, gambeson or equivalent. A standard fencing jacket without padding is insufficient protection, however a standard fencing jacket combined with a padded undershirt (such as those designed for hockey and lacrosse) is acceptable.

–Long athletic pants or Fencing/HEMA pants combined with long socks. No shorts, no jeans, no cargo pants. All skin must be completely covered, and there must be complete overlap between the pants and jacket at all times (fencing/HEMA pants with a high waist are therefore highly recommended) If you lift your arms and bare skin can be seen under the jacket, you will not be allowed to participate.

–Fencing mask (or equivalent) with back of the head protection. The back of the head protection can be integrated, or it can be a separate add-on to the mask.

–Rigid throat guard or gorget.

–Protective gloves: Minimum acceptable requirement are standard lacrosse gloves, but it is highly recommended that participants either reinforce these or else use more suitable HEMA gloves.

-Elbow and knee protectors.

-Rigid forearm and shin guards

-Athletic cup for male competitors

Additional Suggestions:

-Rigid chest protector

-Padding for thighs (such as padded hockey shorts to wear under pants, or else padded HEMA pants)