



TeamFabian Race Walk Relays 2017
Sunday, 19th February 2017
8:30am
Singapore Sports Hub, 100plus Promenade (888)

Rules and Regulations

1. Age Category and Price

Categories		Age (years)	Year Born	Distance	Start Time	Price per team	Early Bird
Kids (individual)	Mixed	5-12	2005-2012	800m	11am	\$10	\$8
Junior	Male	13-16	2001-2004	1.6km x 3	1030am	\$45	\$39
	Female						
Youth	Male	17-20	1997-2000		10am	\$45	\$39
	Female						
Open	Male	21-49	1968-1996		9am	\$45	\$39
	Female						
Veteran	Mixed	49+	<1968	0930am	\$45	\$39	

2. Entries

Each school or club can submit any number of teams.

Each team must consist of 3 walkers of the same age and gender category from the same club/school.

All athletes must compete in their own age category and only for one team.

For the veteran category, each team must consist of at least 1 male and 1 female walker.

3. Race Walk Rules

All participants must Race Walk as described by IAAF Section VII Rule 230, Definition of Race Walking. A yellow or red card will be given for any infringement.

The penalty for a yellow card is a 20 second penalty on the team's total time.

The penalty for a red card is a 2 minute penalty on the team's total time.

The judges' call is final.

4. Baton Handover

All walkers will be given an implement as a baton.

All handovers must be done in the handover zone.

Any walker found to have walked without the baton, or passing outside the handover zone, will have their team disqualified.

5. Race Route

All athletes must strictly adhere to the designated race route and U-turn points. If any athlete is found to have utilised a different route, the offender's team will be disqualified.

6. Attire

All athletes are to compete in appropriate footwear. Competing barefoot is not allowed. Number tags are to be worn on the front of the athlete's vest only.

7. Registration and Reporting

All number tags will be given out on the day of the event.

All teams are to collect their tags at least 30mins before the event start time.

Teams must have all members present before they are allowed to report at the start line.

Any team who does not report by the start of the race, or report without all members present, will be deemed have withdrawn from the race.

8. Ties

In the event of a tie, the team with the lesser number of infringements shall be the winner. If there is still a tie, the team who completed the final handover first shall be the winner.

9. Prize Money

Prize money will be to the champion team of their respective team categories and the champion of the mixed kids' category.

The amount will be as follows:

Open Men: \$300

Open Women: \$300

Mixed Veteran: \$300

Youth Boys: \$210

Youth Girls: \$210

Junior Boys: \$150

Junior Girls: \$150

Mixed Kids: \$50

In the event there are less than 3 teams in a category, the prize money shall not be given out.

Prize money will be given in cash during the presentation ceremony.

10. Inclement Weather

In the event of inclement weather, the referee/meet manager will make the final decision whether or not to continue with the race or to cancel the event. There will be no refunds for entry in this event.

11. All Other Matters

Any other matters not covered under these rules and regulations will be decided upon by the organising committee. Their decision shall be final.