



Northwestern Medicine® is the shared vision that joins Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence and scientific discovery.

Northwestern University Feinberg School of Medicine
Division of Hospital Medicine
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Chicago, Illinois 60611

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M Northwestern Medicine[®]
Feinberg School of Medicine

14th Annual Midwest Hospital Medicine Conference

October 18-20, 2018

Featuring workshops on POCUS and Medical
Education Teaching Skills on October 17, 2018

**Northwestern
Memorial Hospital
Chicago, Illinois**

*Helping you become
a better hospitalist*

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**Division of
Hospital Medicine,
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Feinberg School of Medicine**

www.MidwestHospitalMedicine.com

14th Annual Midwest Hospital Medicine Conference

October 18-20, 2018

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

- Explain current and future challenges and opportunities for hospital-based healthcare professionals;
- Describe work-life satisfaction for hospital-based healthcare professionals and implement strategies to create more joy in practice;
- Review common heuristics and cognitive biases in clinical medicine and adopt methods to improve decision making;
- Cite best practices to optimize patient-centric care, communication, and experience;
- Identify practice and policy challenges to observation care and lead effort to improve observation policy that mitigate the negative impacts on patients and improve the decision-making process for hospital admissions;
- List outcomes from effective collaboration with Advanced Practice Providers in hospital medicine and implement changes to improve collaboration;
- Identify key features of a high-risk acute coronary syndrome patient.

TARGET AUDIENCE

This CME program is designed to meet the educational needs of Hospital Medicine Physicians, Physician Assistants, Nurse Practitioners, Residents, and Nurses.

CONFERENCE LOCATION

The program will be held at the 3rd floor Conference Center located in the Feinberg Pavilion of Northwestern Memorial Hospital, 251 E. Huron Street, Chicago, Illinois. Directions and parking information are available at www.nm.org.

PARKING

Discounted parking is available at the Huron St. Clair garage, located at 222 E. Huron Street or at the Erie Ontario garage, located at 321 E. Erie Street. Please visit the registration table for parking validation.

HOTEL ACCOMMODATIONS

Special group rates are available at the Hyatt Chicago Magnificent Mile, 633 N. St Clair Street for \$269 a night plus tax (single or double occupancy). Reservations can be made by calling 888-591-1234. You must mention the Hospital Medicine Conference to receive the discounted rate. Reservations must be made before September 17, 2018, to ensure availability and group rates.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE

Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by NUFSM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations. The faculty disclosures will be indicated in the course syllabus.

CANCELLATION POLICY

Cancellations must be made in writing to the Office of Continuing Medical Education. The paid registration fee, minus \$50 administrative charge, will be refunded if cancellation is received by Monday, September 17, 2018.

SPECIAL NEEDS

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation, please indicate those needs on the registration form or submit written requests to Meeting Achievements at least one month prior to the conference date.

ADDITIONAL INFORMATION:

Contact our planning partners by phone: 219.465.1115, email: support@meetingachievements.com, or visit our website at: www.midwesthospitalmedicine.com

Point of Care Ultrasound (POCUS)

Wednesday, October 17, 2018

PROGRAM DESCRIPTION

Point of care ultrasound (POCUS) is an essential tool for clinicians who care for acutely ill patients. The integration of POCUS into clinical practice reduces clinician uncertainty, allows for the rapid diagnosis of life-threatening conditions like cardiac tamponade, limits unnecessary chest radiographs and computed tomography, and guides safe bedside procedures such as thoracentesis. Indeed, the use of POCUS in the evaluation of acutely ill patients is now widely accepted as standard of care. The goal of this course is to provide an introduction to the most common applications of POCUS. The benefits and limitations of POCUS will be stressed throughout. Lectures will be paired with hands-on ultrasound evaluation of standardized patients.

LEARNING OBJECTIVES:

At the conclusion of this activity, participants will be able to:

- Describe the 4 basic cardiac ultrasound views (parasternal long axis, parasternal short axis, apical four chamber, and subcostal);
- Describe how POCUS can aid in the identification of right heart failure;
- Identify pleural effusions and pneumothorax using POCUS;
- Describe how POCUS can be used to refine the differential diagnosis of patients presenting with respiratory failure and shock.

TARGET AUDIENCE

This CME program is designed to meet the educational needs of Hospital Medicine Physicians, Physician Assistants, Nurse Practitioners, and Residents who care for acutely ill patients.

CONFERENCE LOCATION

The program will be held at the 3rd floor Conference Center located in the Feinberg Pavilion of Northwestern Memorial Hospital, 251 E. Huron Street, Chicago, Illinois. Directions and parking information are available at www.nm.org.

PARKING

Discounted parking is available at the Huron St. Clair garage, located at 222 E. Huron Street or at the Erie Ontario garage, located at 321 E. Erie Street. Please visit the registration table for parking validation.

CREDIT DESIGNATION STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

PROGRAM

7:30 – 8:00 AM	Registration
8:00 – 8:15 AM	Introduction and Welcome <i>James Walter, MD</i>
8:15 – 8:50 AM	Probes, Knobology, and Evaluation of Left Ventricular Function <i>Russell Horowitz, MD</i>
8:50 – 9:00 AM	Station set-up
9:00 – 10:00 AM	Hands-on Ultrasound Evaluation of Standardized Patients + Sim <i>All faculty</i>
10:00 – 10:30 AM	Right Ventricular Function <i>Vibhu Sharma, MD</i>
10:30 – 11:00 AM	Lung and Pleural Ultrasound <i>Colin Gillespie, MD</i>
11:00 – 12:00 AM	Hands-on Ultrasound Evaluation of Standardized Patients + Sim <i>All faculty</i>
12:00 – 1:00 PM	Lunch on Own
1:00 – 1:30 PM	POCUS and Fluid Responsiveness <i>Gregg Helland, MD</i>
1:30 – 2:30 PM	Hands-on Ultrasound Evaluation of Standardized Patients
2:30 – 2:45 PM	Break
2:45 – 3:15 PM	Approach to Respiratory Failure and Shock <i>John Bailitz, MD</i>
3:15 – 4:15 PM	Hands-on Ultrasound Evaluation of Standardized Patients
4:15 – 4:30 PM	Summary of Key Points <i>James Walter, MD</i>

2nd Medical Education Teaching Skills Pre-course

Wednesday, October 17, 2018

PROGRAM DESCRIPTION

The Medical Education Pre-course features didactic lectures and workshops by seasoned faculty on key topics in medical education including assessment and remediation. It also offers an opportunity for participants to improve their teaching skills in evidence-based medicine and clinical reasoning. For those in medical education leadership, there will be sessions dedicated to sharing best practices on topics such as faculty development and mentorship.

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to

- Describe effective methods of teaching evidence-based medicine to trainees;
- Articulate how to perform learner needs assessment in various educational settings;
- Cite strategies to teach to different learners in a group setting;
- Employ giving feedback to struggling learners.

TARGET AUDIENCE

This CME program is designed to meet the educational needs of Clinician Educator Physicians, Fellows, and Residents.

CONFERENCE LOCATION

The program will be held at the 3rd floor Conference Center located in the Feinberg Pavilion of Northwestern Memorial Hospital, 251 E. Huron Street, Chicago, Illinois. Directions and parking information are available at www.nm.org.

PARKING

Discounted parking is available at the Huron St. Clair garage, located at 222 E. Huron Street or at the Erie Ontario garage, located at 321 E. Erie Street. Please visit the registration table for parking validation.

CREDIT DESIGNATION STATEMENT:

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

PROGRAM

- 7:30 AM Registration and Warm-up with Continental Breakfast
8:15 AM Welcome & Introductions
Cheryl Lee, MD
Matthew Fitz, MD
- 8:30 AM Keynote address: Master Teachers
Sanjay Saint, MD, MPH
- 9:30 AM Mentoring
Martin Tobin, MD
- 10:20 AM Break

Time	Clinical Skills Track	Program Leadership Track
10:30 AM	Maximize Success as a Mentee <i>Brigid Dolan, MD</i>	Developing Mentors <i>Matthew Fitz, MD</i>
11:30 AM	Lunch on Own	
12:30 PM	Evidence-Based Medicine <i>Viju John, MD</i>	Moving Beyond the iCOMPARE trial: How do we affect meaningful change? <i>Gaurava Agarwal, MD,</i> <i>Cheryl Lee, MD</i>
1:30 PM	Teaching Clinical Reasoning <i>Benjamin Mba</i> <i>MBBS, MRCP, FHM, FACP</i>	Chicago Collaborative on Faculty Development: Sharing Best Practices <i>Kevin Simpson, MD, FACP, FCCP</i> <i>Elizabeth Baker, MD, MHPE</i> <i>Nathan Derhammer, MD, FAAP, FACP</i>
2:30 PM	Break	
2:40 PM	Giving Feedback <i>Amber Pincavage, MD</i>	
3:40 PM	Workshop: Creative Ways to Extend Learning Beyond Rounds <i>Cheryl Lee, MD</i>	Panel: Teaching to Millennials <i>Ashish Didwania, MD; Jennifer Trainor,</i> <i>MD; Shalini Reddy, MD</i>
4:30 PM	Wrap-up/Optional Mixer	

Program for the 14th Annual Mic

Thursday, October 18, 2018

- 7:30 AM Registration
- 8:00 AM Welcome
Kevin O'Leary, MD, MS
- 8:10 AM Future of Hospital Medicine
Christopher Frost, MD, FHM, FAAP
- 9:00 AM Improving the Patient Experience
Diane Sliwka, MD
- 9:50 AM Break
- 10:10 AM The Art and Science of Clinical Problem-Solving
Sanjay Saint, MD, MPH
- 11:10 AM ACS/Chest Pain
Daniel Schimmel, Jr., MD, MS
- 12:00 PM Lunch on Own

Time	Clinical	Clinical	Clinical
1:30 PM	Common Electrophysiologic Issues Hospitalists Face <i>Rod Passman, MD</i>	Acute Stroke Management for the Hospitalist <i>Fan Caprio, MD</i>	Perioperative Pearls <i>Anjali Desai, MD</i>
2:20 PM	Break	Break	Break
2:30 PM	Heart Failure for the Hospitalist <i>Allen Anderson, MD</i>	Oncologic Emergencies for the Hospitalist <i>Shikha Jain, MD</i>	Letters from Rehab: Things Every Hospitalist Should Know When Transferring a Patient <i>Peter Kallas, MD</i>
3:25 PM	Break	Break	Break
3:40 PM	Asthma <i>Susan Russell, MD</i>	Evidence-Based Treatment of COPD <i>Sharon Rosenberg, MD, MS</i>	Identification and Management of Withdrawal Syndromes <i>Charles Hebert, MD</i>
4:30 PM	Break	Break	Break

- 4:45 PM Interest Groups
(APP, Women in Hospital Medicine, Quality Improvement, Chicago SHM)



West Hospital Medicine Conference

Friday, October 19, 2018

- 8:30 AM Breakfast
- 9:00 AM Joy in Practice
Marie Brown, MD
- 9:50 AM Observation Care
Ann Sheehy, MD, MS, FHM
- 10:40 AM Break
- 11:00 AM Eliminating Hospital-Acquired Infections
Teresa Zembower, MD, MPH
- 11:55 AM Lunch on Own

Time	Interactive Clinical Cases	Clinical
1:00 PM	Interactive Infectious Disease Cases <i>Michael Angarone, DO</i>	Clinical Documentation Update <i>Gopi Astik, MD</i>
1:50 PM	Break	Break
2:10 PM	Interactive Cardiology Cases <i>Patricia Vassallo, MD</i>	Dermatology for the Hospitalist <i>Emily Keimig, MD</i>
3:00 PM	Break	Break
3:15 PM	Interactive Pulmonary Cases <i>Clara Schroedl, MD, MS</i>	Optimizing Models of Care with Advanced Practice Providers <i>Nita Kulkarni, MD and Elizabeth Walters, PA-C;</i>
4:05 PM	Break	Break
4:20 PM	Interactive Case Potpourri <i>Cheryl Lee, MD</i>	Inpatient Glycemic Control <i>Celeste Thomas, MD, MS</i>

Saturday, October 20, 2018

- 7:30 AM Breakfast
- 8:00 AM Identification and Management of Delirium
Sara Bradley, MD
- 8:50 AM Update in Hospital Medicine: Review of the Literature I
Maya Defoe, MD and Anthi Katsouli, MD
- 9:50 AM Break
- 10:05 AM Rheumatologic Issues for the Hospitalist
Eric Ruderman, MD
- 10:55 AM Update in Hospital Medicine: Review of the Literature II
Elizabeth Murphy, MD and Aditi Puri, MD, MS
- 11:55 AM Wrap-up
*Gopi Astik, MD; Cheryl Lee, MD; Kevin O'Leary, MD, MS; and
Marion Stanley, MD*
- 12:00 PM Adjourn

Faculty

Gaurava Agarwal, MD

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Teresa Zembower, MD, MPH

Associate Professor of Medicine
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Northwestern University Feinberg School of Medicine

Registration

14th Annual Midwest Hospital Medicine Conference:

MAIN - The registration fee includes conference tuition, CME credits, materials, 3 breakfasts, and breaks.

POCUS PRE-COURSE - The registration fee includes conference tuition, CME credits, materials, 1 breakfast, and break.

MEDICAL EDUCATION TEACHING SKILLS - The registration fee includes conference tuition, CME credits, materials, 1 breakfast, and break.

MAIN COURSE

SHM Member	\$ 595
Non SHM Member	\$ 695
Physician Assistants & Nurse Practitioners	\$ 295
Residents and Fellows	\$ 200

(Residents and Fellows must enclose letters from their Chiefs of Service)

POCUS PRE-COURSE (Early Bird 8/17/2018)	Early Bird	Full
SHM Member	\$ 595	\$ 875
Non SHM Member	\$ 695	\$ 975
Physician Assistants and Nurse Practitioners	\$ 495	\$ 575
Residents and Fellows	\$ 225	\$ 275

MEDICAL EDUCATION TEACHING SKILLS PRE-COURSE

SHM Member and Non SHM Member	\$ 100
Residents and Fellows	\$ 40

HOW TO REGISTER:

You may register on-line at www.MidwestHospitalMedicine.com

Registrations can also be mailed to Meeting Achievements,
232 E 500 N. Valparaiso, IN 46383. Please make all checks payable to:
Northwestern University.

PLEASE TYPE OR PRINT

First Name _____ M.D.

Last Name _____ D.O.

Other _____

Address _____

(Your CME certificate will be mailed to this address)

City _____ State _____ Zip Code _____

Daytime Phone _____ Fax _____

E-Mail _____

(REQUIRED — your registration confirmation will be emailed)

Specialty _____

* Please note that participants will have their contact information shared with the Society of Hospital Medicine after the event. If you do not wish to have your information shared please check below.

I DO NOT wish for my contact information be shared with the Society of Hospital Medicine.

Please indicate any special needs _____

Please indicate any special dietary needs _____