



ELITE DANCE, MUSIC & YOUNG AT ART CLASS SCHEDULE 2017-18

NOW REGISTERING! CLASSES BEGIN THE WEEK OF AUGUST 7th (revised 7/23)

Elite Dance, Fitness & Music voted Best Dance Studio in Williamson County for the past 5 years by the Parent Magazine voters!



2 YEAR OLD BALLET/TUMBLING

Monday 10:00 – 10:45
Thursday 4:30 – 5:15
Saturday 10:00 – 10:45

3 & 4 YEAR OLD CLASSES

Monday 9:15 – 10:00 Hippy Hop
Monday 10:45 – 11:45 Tap/Ballet/Tumbling
Monday 5:30 – 6:30 Tap/Ballet /Tumbling
Wednesday 11:15 – 12:00 Acrobatics/Tumbling
Thursday 3:30 – 4:30 Tap/Ballet/Tumbling
Friday 10:00 – 11:00 Talented Tots Tap/Ballet/Tumbling
Saturday 10:45 – 11:45 Tap/Ballet/Tumbling
Mon/Wed/Fri 9:00 – 11:55 - Talented Tots Pre-K

4 & 5 YEAR OLD CLASSES

Monday 4:30 – 5:30 Tap/Ballet/Tumbling
Tuesday 6:00 – 6:45 Tap/Ballet
Friday 11:00 – 12:00 Talented Tots Tap/Ballet/Tumbling

5 – 7 YEAR OLD CLASSES

Monday 6:30 – 7:30 Tap/Ballet/Jazz
Tuesday 4:30 – 5:30 Tap/Ballet/Jazz
Tuesday 5:30 – 6:00 Beginning HH
Wednesday 4:30 – 5:15 Beginning Technique
Wednesday 5:15 – 6:00 Beginning Jazz/Lyrical
Wednesday 6:00 – 6:45 Acrobatics/Tumbling
Monday 6:15 – 7:00 Beginning HH
Monday 7:00 – 7:45 Young At Art
Saturday 9:00 – 10:00 Tap/Ballet/Jazz

8 – 12 YEAR OLD COMBINATION CLASS

Saturday 12:00 – 1:30 Tap/Ballet/Jazz
Wednesday 6:45 – 7:45 Acrobatics (ages 8 & up)

BEGINNER BALLET CLASSES

(student has taken less than two years in a ballet only class or has taken 2-3 years in a combination tap/ballet class)
Monday 4:30 – 5:30 (8-12 years old)
Tuesday 4:45 – 5:30 (Ages 7 & up)
Tuesday 6:30 – 7:30 (13 & up)
Saturday 9:00 – 10:00 (beg./int. technique only class/this class does not perform in the recital)

INTERMEDIATE BALLET CLASSES

Ages 9 & up (student has taken at least 3 years in 1 hour ballet class or is age 11 or older and has taken 2 ballet classes per week for at least one or two years)
Tuesday 6:45 – 7:45
Saturday 9:00 – 10:00 (beg./int. technique only class/this class does not perform in the recital)

ADVANCED BALLET CLASSES

Ages 12 & up (student has taken at least 4 years of ballet classes twice a week or is recommended for this class by our instructor)
Advanced students must commit to taking at least 2 – 3 ballet classes per week)
Monday 6:30 – 7:45 pm
Saturday 10:30 – 11:30 (technique only class/this class does not perform in the recital)

PRE-POINTE/POINTE CLASSES

Pre-pointe – ages 9 & up/ must take a ballet class weekly
Tuesday – 7:45 – 8:15, Saturday 10:00 – 10:30
Beginning Pointe – (must be recommended by an instructor and have completed at least 1 year of pre-pointe and take 2 ballet & 2 pointe classes per week)
Tuesday – 7:45 – 8:30, Saturday 10:00 – 10:30
Advanced Pointe – must be recommended by an instructor and take 2 ballet and 2 pointe classes per week)
Monday 7:45 – 8:30, Saturday 11:30 – 12:00

TAP CLASSES

Intermediate Tap – Tuesday 5:30 – 6:00
Intermediate 1 Tap – Thursday 4:30 – 5:15
Intermediate 2 Tap – Thursday 6:00 – 6:45
Advanced Tap – Thursday 5:15 – 6:00
Beg/Int Teen/Adult Tap (13 & up) – Thursday 6:45 – 7:30

JAZZ/CONTEMPORARY/LYRICAL CLASSES

This class will alternate each week to focus on one of the three genres of jazz, lyrical or contemporary. They will perform a jazz dance and either a lyrical or a contemporary dance for the recital.
Beginning Jazz/Lyrical (7 & up) – Wednesday 5:15 – 6:00
Intermediate Jazz - Tuesday 6:00 – 6:30
Intermediate 1 Jazz/Lyrical/Cont – Thursday 6:00 – 6:45
Intermediate 2 Jazz/Lyrical/Cont – Thursday 7:45 – 8:30
Advanced Jazz/Lyrical/Cont – Thursday 4:30 – 5:15

CORE/FLEXIBILITY/LEAPS/TURNS (strongly suggested to be taken along with the Jazz/Lyrical/Contemporary class)

Beginning Technique – Wednesday 4:30 – 5:15
Intermediate 1 Technique – Thursday 5:15 – 6:00
Intermediate 2 Technique – Thursday 6:45 – 7:45
Advanced Technique – Thursday 3:30 – 4:30

HIP HOP

HH - Tuesday (4-7 year olds) 5:30 – 6:00
HH – Monday (9-12 year olds) 5:30 – 6:15
HH – Monday (6-8 year olds) 6:15 – 7:00
Intermediate HH (8 & up) - Wednesday 6:00 – 6:45
Advanced HH (11 & up) – Wednesday 4:30 – 5:30
HH Team Rehearsal (Audition) – Wednesday 5:30 – 6:00

ACROBATICS/TUMBLING

Wednesday 6:00 – 6:45 (ages 5 - 7)
Wednesday 6:45 – 7:45 (ages 8 & up)
Wednesday 7:45 – 8:30 (ages 11 & up)

HOMESCHOOL CLASSES

Wednesday 10:00 – 11:15 Tap/Ballet/Jazz (6 -10 yrs)
Wednesday 11:15 – 12:15 Young at Art (Art class/ages 6 – 10)

YOUNG AT ART

Monday 6:15 – 7:00 (10 & up year olds)
Monday 7:00 – 7:45 (ages 6 – 9 year olds)
Wednesday 11:15 – 12:15 Young at Art (ages 6 – 10)
Thursday 5:15 – 6:00 (ages 7 & up)

VOCAL PERFORMANCE CLASSES

Monday 5:30 – 6:15 (7 & up year olds)

MUSICAL THEATRE CLASSES

Monday 4:30 – 5:30 (7 & up year olds)

PRIVATE VOICE, PIANO / KEYBOARD, VIOLIN AND DANCE CLASSES ARE AVAILABLE BY APPOINTMENT.

***You may register online at www.EliteDanceAndFitness.com or at the studio Thursdays from 3:00 - 6:00 PM and Saturdays from 9:00 - 11:00.**

****Dancewear Fittings - Thursdays 3:00 - 6:00 & Saturdays 9:00 - 11:00**

*****Classes with less than 6 students will be subject to cancellation or may be postponed until we have the proper number of students registered.**

**Mini Elite Performance Team camp – July 15
Competition Team Auditions – August 12
Call for more information about requirements!**