### February is: **Recreational Therapy Month**

2nd - Ground Hog Day
14th – Valentine’s Day
25th – Mardi Gras
29th – Leap Day

### Monday
- 8:45-9:30 Daily Chronicles
- 10:30-11:15 Piece of my Heart wreath
- 1:00-1:30 Devotions
- 1:30-2:15 Bingo
- 2:30-2:45 Thera Band
- 3:15-3:30 Valentine Trivia
- Muddy Buddies Snack

### Tuesday
- 8:45-9:30 Daily Chronicles
- 10:30-11:15 Shaving Cream Hearts
- 1:00-2:15 Bingo
- 2:30-3:00 Zumba
- 3:15-3:30 Valentine Trivia

### Wednesday
- 8:45-9:30 Daily Chronicles
- 10:30-11:15 Spin Art
- 1:30-2:15 Nail Painting
- 2:30-2:45 Bocce
- 3:15-3:30 Dot doodles

### Thursday
- 8:45-9:30 Daily Chronicles
- 10:30-11:15 Heart Racing Game
- 1:00 Paparazzi
- 1:30-2:15 Canvas Art
- 2:30-2:45 Giant Jenga
- 3:15-3:30 Spot the difference

### Friday
- 8:45-9:30 Daily Chronicles
- 10:30-11:15 Heart Racing Game
- 10:30-11:15 Ceramic Heart
- 1:30-2:15 Valentine’s Day Social

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**Please remember ALL Activities are subject to CHANGE but we will try to give as much notice as possible. Activities Department**