



NEWS RELEASE

TSX Venture Exchange Symbol: SNV

December 6, 2016

Sonoro Provides Further Updates on Budong Budong License Extension

Calgary, Alberta – Sonoro Energy Ltd. (“Sonoro” or “the Company”) (TSX-V:SNV) is pleased to report that it has had several further meetings with the government authority SKKMIGAS to propose a 2017 operating and capital budget along with an extension to the Budong Budong License. The Company has subsequently submitted a formal request requesting an extension of two years to the Budong Budong Exploration License. The Company believes this time was lost previously on the License with delays in obtaining land and seismic permits in the Budong Budong area to permit further work between 2013-2016. The Company is hopeful that an extension will be granted which will then allow it to proceed with the drilling of up two appraisal wells as previously described and seismic work.

The Company also announces that it has sold 100% of its share holdings in Sonoro Energy Iraq B.V. which held the Salah ad Din Asphalt License Agreement which has been in Force Majeure since July 2014. Blue Sky Energy Ltd has acquired this interest for future consideration of \$4mm based on reaching certain production milestones. With the Company focus and experience being on Indonesia and SE Asia, the Company felt that pursuing Iraq would be a challenge and that the Blue Sky Energy Ltd. offer was fair and with their Middle East experience they could revive the project and future value.

About Sonoro

Sonoro is an international oil and gas resource exploration and development company with a focus on SE Asia and its onshore Budong Budong Production Sharing Contract in Sulawesi Indonesia. The Company has commenced planning for a one to two well appraisal drilling program on the LG oil and gas prospect.

Forward-looking Statements

This press release contains forward-looking statements within the meaning of Canadian securities laws. These forward-looking statements contain statements of intent, belief or current expectations of the Company. Forward looking information is often, but not always identified by the use of words such as "anticipate", "believe", "expect", "plan", "intend", "forecast", "target", "project", "may", "will", "should", "could", "estimate", "predict" or similar words suggesting future outcomes or language suggesting an outlook.

SONORO ENERGY LTD.
SUITE 600, 520-5 AVE SW CALGARY , AB T2P 3R7
T +1 403 262.3252
www.sonoroenergy.com

The forward-looking statements included in this press release, include without limitation, statements regarding work of the Integrated Project Management team, the drilling program including the number of appraisal wells and associated timing, drilling rig contractors, other drilling services, submissions of drilling and land permitting applications to the Indonesian federal and local governments, commissioning of an environmental assessment and report and corporate social responsibility plan, the independent resource evaluation for the Budong Budong PSC, development plans and production.

Statements relating to resources are deemed to be forward looking information, as they involve the implied assessment, based on certain estimates and assumptions, that the resources described exist in the quantities predicted or estimated. The resources estimates of the Budong Budong PSC described herein are estimates only. The actual resources at the may be greater or less than those calculated.

Forward-looking statements necessarily involve known and unknown risks and uncertainties, including, without limitation, the impact of general economic conditions, the risks and liabilities inherent in oil and natural gas exploration and operations; marketing and transportation; loss of markets; volatility of commodity prices; currency and interest rate fluctuations; environmental risks; competition; incorrect assessment of the value of acquisitions; failure to realize the anticipated benefits of acquisitions; inability to access sufficient capital; changes in legislation, including but not limited to income tax, environmental laws and regulatory matters, including changes in how they are interpreted and enforced; geological, technical and drilling problems; and obtaining required approvals of regulatory authorities.

Readers are cautioned that the foregoing list of factors is not exhaustive. The Company's actual results, performance or achievement could differ materially from those expressed in, or implied by, such forward-looking statements and, accordingly, no assurances can be given that any of the events anticipated by the forward-looking statements will transpire or occur or, if any of them do, what benefits that the Company will derive from them. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward-looking statements contained in this press release are expressly qualified by this cautionary statement.

The forward looking statements contained in this press release are made as of the date of this press release, and the Company does not undertake any obligation to update publicly or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by securities law.

Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For further information please contact:

RICHARD WADSWORTH

CEO and Director

+1.403.262.3252

SONORO ENERGY LTD.
SUITE 600, 520-5 AVE SW CALGARY , AB T2P 3R7
T +1 403 262.3252
www.sonoroenergy.com

www.sonoroenergy.com

SONORO ENERGY LTD.
SUITE 600, 520-5 AVE SW CALGARY , AB T2P 3R7
T +1 403 262.3252
www.sonoroenergy.com