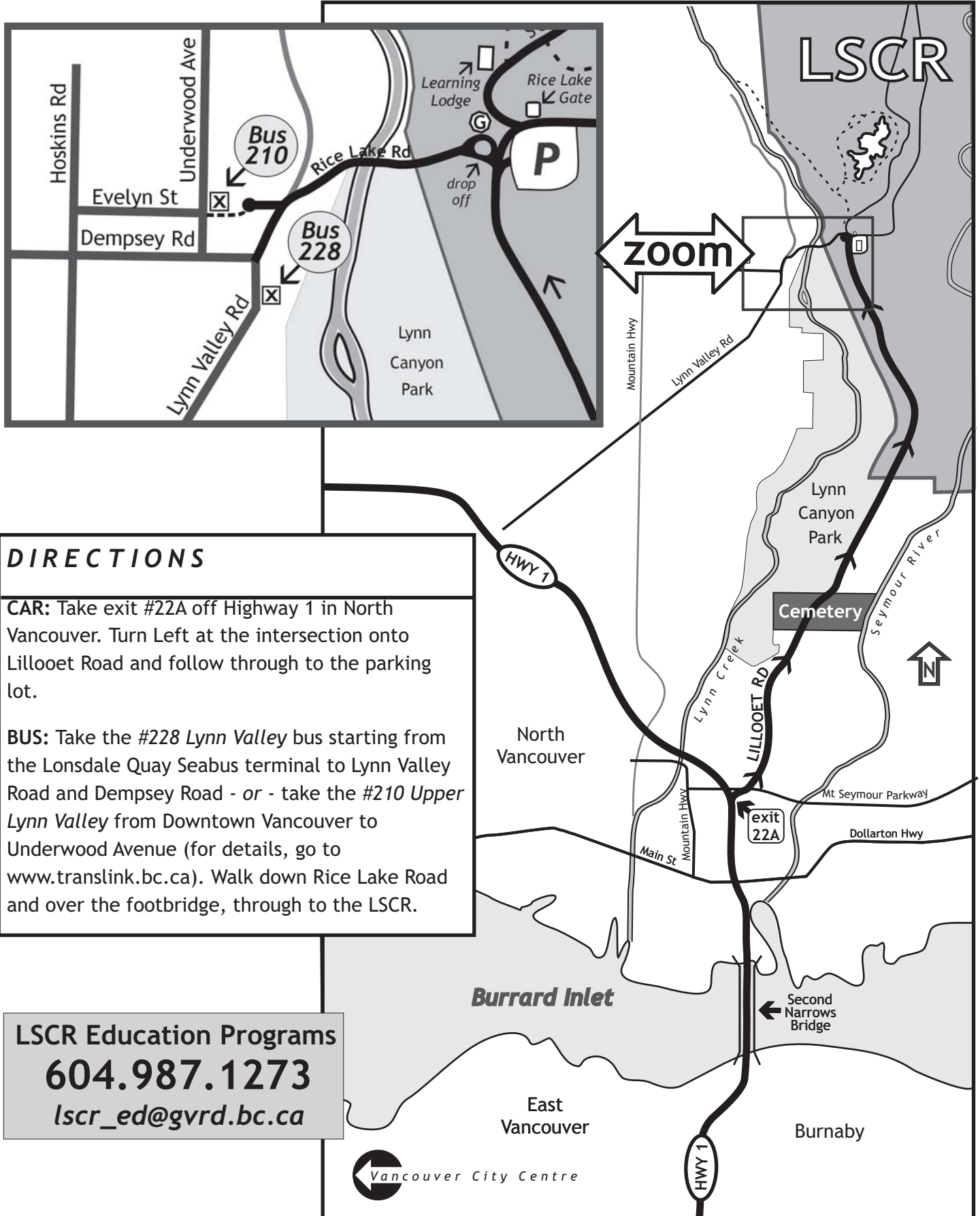


# The Lower Seymour Conservation Reserve

## Map & Directions



### DIRECTIONS

**CAR:** Take exit #22A off Highway 1 in North Vancouver. Turn Left at the intersection onto Lillooet Road and follow through to the parking lot.

**BUS:** Take the #228 Lynn Valley bus starting from the Lonsdale Quay Seabus terminal to Lynn Valley Road and Dempsey Road - or - take the #210 Upper Lynn Valley from Downtown Vancouver to Underwood Avenue (for details, go to [www.translink.bc.ca](http://www.translink.bc.ca)). Walk down Rice Lake Road and over the footbridge, through to the LSCR.

**LSCR Education Programs**  
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