

LSCR, Circuit 8, Lynn Loop, Kirkford, Varley 17 km Loop

Getting There

Take Lillooet Road north 3 km past Capilano University to parking lot in Lower Seymour Conservation Reserve. This area is also called Demo Forest. Park at FAR right end of parking lot (unpaved).

Trailhead

- From the gazebo at marker 0 km, head into the parking lot, to go to Homestead.

Homestead Trail

- Go past parking lot by filtration plant to get to top of Homestead.
- Head down Homestead.
- At bottom, turn LEFT.

Fisherman's

- Follow Fisherman's watching for a left turn onto trail (not marked) about 1 km along.

Circuit 8

- Go left up Circuit 8. Keep LEFT on the way up.
- At Y-fork at top, keep left.
- Trail veers right to road.
- Come to gate at old road. Cross road.
- Follow trail to Seymour Valley Trailway and post.

Rice Lake

- At Seymour Valley Trailway, turn right a short ways (outhouses there), then watch for left turn down to Rice Lake.
- Keep right on Rice Lake Trail and you exit at Lynn Headwaters Connector.

Lynn Headwaters Connector

- Take Lynn Headwaters Connector as far as the kiosk at the junction of Lynn Loop trail. (If you reach the Lynn Creek bridge you have gone too far.)

Lynn Loop

- Turn RIGHT and ascend on Lynn Loop Trail.
- Watch for TURNOFF that heads down to Lynn Creek.
- Descend on switchback to lower part of Lynn Loop Trail.
- At bottom, turn LEFT to head toward picnic area/bridge.
- Cross the Lynn Creek bridge.

Picnic Area

- Pass through picnic area (ranger cabin and outhouses) to small parking lot.
- Head along road.

Baden-Powell

- Turn RIGHT up stairs on B-P.
- Stay on B-P to Mountain Highway.

Mountain Highway

- **REGROUP** here at B-P. Take **photo**.
- Head up Mountain Highway watching for THIRD big bend in road.

Kirkford

- Find trail leading in from big bend.
- At junction of Crinkum Crankum and Kirkford, go RIGHT to take Kirkford.
- Trail veers left and down.
- Turn right to get on Upper Griffen at sign.

Upper Griffen

- At marked junction, turn left to stay on Upper Griffen until you reach junction for KOTS (King of the Shore).

KOTS to Lower Griffen

- Take KOTS.
- Watch for marked turn onto Lower Griffen Switchbacks; follow to Baden-Powell Trail.

Baden-Powell to Lynn Headwaters

- Left onto Baden-Powell, continue to paved road.
- LEFT to get to Varley Trail.

Varley

- Take first RIGHT onto Varley Trail (named after Frederick Varley who painted in this area).
- Stay on Varley and you reach a road.
- Go straight and you reach Pipeline Bridge on your left.

Pipeline Bridge to Parking Lot

- Cross the bridge and head straight up the trail to reach the gazebo, and return to stretch **at far end of parking lot**.

Stretch