



Hallow's Eve Marathon Orientation Run 26 km

Getting There

Take Lillooet Road north, past Capilano University, turn left on Inter River Park Drive. Park at soccer field parking lot or side street on left. Meet at the lacrosse box. (At the bottom of the hill turn left).

Trailhead

- Lacrosse Box near Jaycee House.

Sea to Sky

- Along service road to dog walk area and then north along Sea to Sky Trail. To Baden-Powell

Baden-Powell

- Turn LEFT down Baden-Powell steep switchback.
- At Twin Falls bridge, keep RIGHT (do not cross bridge).
- *At Suspension Bridge trail turnoff, turn LEFT toward bridge, go along boardwalk.*

30 Foot Pool

- **At landing before Suspension Bridge**, turn RIGHT to go toward 30 Foot Pool.
- At 30 Foot Pool, head up stairs (104).
- At top, keep left, head down beside fence and you reach a gravel road and bridge.
- Cross Pipeline Bridge (near Varley Trail).

Varley Trail

- Turn right on the road and reach Varley trail.
- Stay on Varley Trail all the way to Lynn Headwaters Regional Park paved road. Turn left.

Baden-Powell

- Turn right and up the BP stairs towards Old Mountain Highway.
- Left on Mountain Highway, past water fountain, up on BP (second turn).
- Continue along BP until you get to Dempsey.

Dempsey to St. Mary's Trail

- Turn LEFT onto Dempsey.
- Stay right and you come to T-junction. Turn Right onto to St. Mary's. Cross wooden bridge across small creek.
- Stay on St. Mary's trail continuing to go **west** towards Grouse Mtn. Cross under the Powerline and 200 metres later, you reach St. Mary's Road.
- Climb up St. Mary's Road until back under the Powerline.
- Turn LEFT to get on Powerline. A few metres along, take turnoff to St. Georges Trail at sign.

St. Georges Trail (not on race route)

- Continue up St. Georges past Baden-Powell.
- At top, trail veers left.
- You reach Mountain Highway.

Mountain Highway

- Head UP Mountain Highway.
- Take turnoff onto Seventh Secret at sign.

Fromme Mtn Bike Trail Descent

- On Seventh Secret, start the descent.
- Take left onto Leopard and this leads into Crinkum Crankum. At Kirkford, go right and trail veers back left and down.
- Turn right to get on Upper Griffen at sign.
- At marked junction, turn left to stay on **Upper Griffen** until you reach junction for Lower Griffen. Follow **Lower Griffen (sign)**.
- Watch for left marked turn onto **Lower Griffen Switchbacks**; follow to Baden-Powell Trail.

Baden-Powell to Lynn Headwaters

- Left onto Baden-Powell, continue to paved road.
- LEFT through parking lot and into picnic area.

Lynn Headwaters

- Cross bridge.
- Turn RIGHT on Lynn Headwaters Connector, follow to the gazebo in the LSCR.

Lower Seymour Conservation Reserve

- Reach gazebo, find trail to Suspension Bridge.

Suspension Bridge Trail

- Go into Suspension Bridge trail.
- Take **second** turn to right (pass turn to 30 Foot Pool), go downhill.
- Pass by turnoff to Suspension Bridge, go toward Twin Falls and stay on B-P.
- Take stairs to top of climb. Sign indicates 0.5 km to Lillooet Road. Turn **RIGHT to Sea to Sky return**.

Sea to Sky

- Follow Sea to Sky to the start.