

# DRINKS

## COFFEE

*Flower Child proudly uses The Grounds House Roasted Coffee*

*Seasonal Blends and Single Origins available for Filter and Espresso*

Reg 4  
Lrg 4.5  
Extra Shot, Decaf .50c

Soy .50c  
Almond .50c

All black coffee 4

### Other

Chai Latte 4  
Iced Latte 5  
Iced Mocha 6  
Affogato 6

## FILTERED COFFEE

### Cold Drip 7

An old Japanese method using the Oji cold drip tower. Cold filter water is set to drip over coffee grounds for up to 8 hours to deliver a brew that is rich in flavor and low in acidity.

### V60 Pour Over 7

The V60 pour over filter method results in a clean cup with high clarity. This is a gentle method of brewing coffee aimed at highlighting the best characteristics of a particular coffee.

### Moccamaster 4

A batch brewed filtered coffee resulting in a clean sweet cup of coffee. An excellent introduction to specialty coffee.



## ORGANIC TEAS 4

English  
Earl Grey  
Organic Chai  
Peppermint  
Lemongrass & Ginger  
Gunpowder Green

## FRESH SQUEEZED JUICE

Orange 7  
Watermelon, Pineapple,  
Orange 7  
Pineapple, Pear, Apple,  
Mint, Ginger 7

## CHILLED DRINKS

Soft Drinks 4  
Ginger Beer 6  
Fresh Lemonade 6  
  
Mineral Water 5 / 8  
500ml / 1L still or  
sparkling water

## SMOOTHIES & SHAKES 7.5

Blueberry & Banana  
Nutella  
Lychee & Mint (DF)

## BREKKIE

( available all day )

### TOAST WITH JAM

Toasted sourdough with your choice  
of seasonal house made jams 7  
with avocado +3

### HOUSE BAKED GRANOLA

Seasonal fruits with yoghurt, dark cherry jam  
& coconut jelly 14  
gluten free available

### COCO POP WAFFLES

Belgium waffles, coco pop anglaise, raspberry jelly,  
fresh and freeze dried banana, candied nuts, served  
with vanilla ice cream & Canadian maple 16

### FLOWER CHILD FRUIT SALAD

Seasonal fresh fruits with compressed pineapple,  
watermelon, strawberries, grapefruit, lychee, pistachio,  
freeze-dried raspberries & yoghurt sorbet 17

### ACAI BOWL

Strawberries, blueberries, banana, chia seeds,  
almonds, shredded coconut & granola 16  
gluten free available

### FLOWER CHILD FRENCH TOAST

Banana mascarpone, sliced banana, dark chocolate  
crumb, baked peacans, fresh berries,  
salted toffee & maple syrup 19

### BACON & EGG BURGER

Soft folded eggs with chives, crispy bacon, caramelised  
miso onions, cheddar cheese & chipotle mayo 16

### BREAKFAST PLATE

Poached eggs, crispy bacon, spring quinoa salad  
roast tomato, field mushroom, avocado, goats curd  
& grilled sourdough 21

### EGGS ON TOAST

2 free range eggs (poached/scrambled/fried)  
served on toasted sourdough 12

### SIDES

Extra egg 3 / Fresh tomato 3  
Goats curd 4 / Haloumi 4 / Avocado 4  
Field mushroom 5  
Crispy bacon 5 / House cured ocean trout 7  
French fries 6 / Flower Child french fries 8  
Garden salad 6

## BRUNCH & LUNCH

( available all day )

### CRISPY SKIN BARRAMUNDI

Zucchini and green mango noodles, fresh mango, baby cucumber,  
garlic chives, radish, white soy with sesame  
& preserved lemon mayo 25

### EGGS BENEDICT

Poached eggs covered in burnt butter hollandaise served with  
espresso & tomato jam with your choice of  
cured trout or prosciutto served on a freshly baked croissant 19

### VEGAN BOWL

House made falafel, quinoa, sweet potato, spiced pumpkin,  
avocado, pomegranate, roast tomato, broccoli, almonds, sesame  
seeds & carrot jam 18  
( brekkie bowl - add haloumi 3 / egg 3 )

### CHICKEN SCHNITZEL BURGER

Crispy crumbed chicken schnitzel, carrot, beetroot, tasty cheese,  
iceberg lettuce, tomato, hot chili sauce & zesty mayo on a sesame  
seed milk bun served with fries 19

### CLASSIC CHEESE BURGER

Grilled grass-fed beef, caramelised onions,  
lettuce, tomato, swiss cheese, pickles with  
special sauce on a sesame seed milk bun  
served with fries 19  
with bacon +2

### SMOKED CHICKEN BREAST SALAD

Mango, Jalapeños, radicchio, baby cos, tomato,  
corn, pine nuts & picante salsa 22

### TASMANIAN CRISPY SKIN SALMON

Crispy skin salmon with young potatoes, green beans,  
truss tomatoes, radish, grapefruit, baby cos  
& olive tapenade mayo 24

### BRAISED LAMB SHOULDER

Cous cous, sweet corn, baby corn, petite onions, red elk,

### DAILY SELECTION OF PASTRIES

*Baked & delivered daily with love from our friends at  
The Grounds of Alexandria*

Muffin 5 / Danish 5 / Croissant 5 / Tart 7 / Cake 7

### KIDS

Chicken nuggets 7  
Ham & cheese toastie 8  
Kids' OJ 5

10% surcharge on all public holidays

