Dear friends and colleagues,

As we reflect on the past year we are also beginning the celebration of our 30th anniversary of providing substance abuse prevention programs. True to the mission of N.U.R.S.E.S. of Colorado, renamed in 1995 as Peer Assistance Services, Inc., our programs continue to offer a continuum of evidence-based prevention and intervention services.

Highlights for 2012-2013 include:

~ Colorado Department of Corrections award of a five-year contract to provide the statewide TASC program
~ Completion of the TASC five-year outcome evaluation by OMNI Institute, demonstrating the effectiveness of TASC programming
~ Contract award by the Colorado Board of Veterinary Medicine for the Peer Health Assistance program for Veterinarians
~ Participation in the National Governors Association’s effort to reduce prescription drug abuse by our Prescription Drug Abuse Prevention Program
~ Leadership role in the Colorado Parity Coalition and the 2013 field hearing with former U.S. Congressman Patrick Kennedy
~ Expansion of the Workplace Prevention Services program with additional staff at the Grand Junction office to serve the Western Slope community
~ Annual Awareness Event with Dr. Vincent Felitti presenting on the ACE study to over 200 attendees
~ Recognition of the Founders Award recipients, Jeff Downing, Robert Valuck, and posthumously, John Fabiano with an evening reception at our training center

Since 1984 the values of integrity, respect, compassion, perseverance and vision have expressed our underlying convictions and guided our...
program efforts. We understand the continuum of prevention to include programs, policies and practices that reduce risky substance use in the community and the workplace. The peer health programs continue to increase their early intervention efforts in healthcare settings. We promote awareness statewide on the appropriate use of prescription medicine. The continuum includes assessments, screening, brief intervention, case management and referral. All of these efforts are complemented by the many collaborations with our partners in the field of substance use and abuse prevention and intervention.

When our tagline of “Start Believing” was adopted in 2005, we were not only encouraging individuals to believe in themselves, but also encouraging the community to believe in those who are in recovery and in the strategies of prevention and intervention. We invite you to read this report to learn more about how our core values have formed the cornerstone of our services over the past 30 years and how these efforts are vital for healthier communities and workplaces.

David Stuhr
Board of Directors President

Elizabeth M. Pace
Chief Executive Officer
Education

EDUCATION SERIES  Recognizing that education is a critical strategy in our prevention and intervention services within the workplace and community, the Peer Assistance Services Education Series was created to increase awareness about the wide-reaching effects of substance use and to encourage dialogue on how to address this issue.

ACUTE AND CHRONIC PAIN MANAGEMENT: RESPONSIBLE OPIOID PRESCRIBING  Peer Assistance Services Prescription Drug Abuse Prevention Program sponsored the Acute and Chronic Pain Management: Responsible Opioid Prescribing event at the Skaggs School of Pharmacy in November 2012.

ANNUAL AWARENESS EVENT  The event featured a keynote address from Vincent Felitti, MD, the co-principal investigator of the “Adverse Childhood Experiences Study” (ACE). Dr. Felitti spoke on how people translate traumatic childhood experiences into organic disease later in life, as well as insights on the application of the study to everyday healthcare practice and substance use prevention, intervention and treatment.

POLICY BREAKFAST  PAS hosted a policy breakfast with Dr. Felitti. Experts from public health, corrections, public safety, healthcare, research, substance use and mental health prevention, intervention and treatment, and policy arenas attended and engaged in a dialogue about next steps to accelerate the usage of the ACE study.

COLORADO PARITY HEARING  As a member of the Colorado Coalition for Parity, PAS helped to organize a field hearing in January 2013. The hearing was emceed by former First Lady of Colorado Jeanie Ritter and moderated by former U.S. Congressman Patrick Kennedy. Attendees heard testimony from mental health and substance use providers and consumers, representatives from the business and insurer communities, and state and local government representatives.

SBIRT COLORADO SUMMIT  Honoring five years of SBIRT in Colorado, “Lessons Learned and Future Possibilities” “Lessons Learned: An evaluation of SBIRT Colorado” and the future of SBIRT in hospital settings. Efforts to further SBIRT as a standard of care in Colorado were recognized with awards to Denver Health and Hospital Authority, Vail Valley Medical Center and the Colorado State Employee Assistance Program.

THE UTAH SCHOOL SCHOLARSHIPS  The University of Utah School on Alcoholism and Other Drug Dependencies is designed to help students and professionals understand substance abuse and addiction. The Utah School helps to establish a better understanding of dependency and to implement and strengthen state- and campus-level programs for colleagues whose practice is impaired due to addiction. Each year Peer Assistance Services awards the Joe Barry Kushner Memorial Scholarship to dentists and dental students; the Jody Gingery Memorial Scholarship to nurses and nursing students; and the Harold Bober Memorial Scholarship to pharmacists and pharmacy students.
Programs

PEER HEALTH ASSISTANCE PROGRAMS

DENTAL PEER HEALTH ASSISTANCE PROGRAM Funded by the Colorado State Board of Dental Examiners: Provides assessment, referral and case management of dentists with substance use, mental health, stress and related problems.

NURSING PEER HEALTH ASSISTANCE/NURSE ALTERNATIVE TO DISCIPLINE PROGRAM Funded by the Colorado State Board of Nursing: Provides assessment, referral and case management of nurses with substance use, mental health, stress and related problems.

PHARMACY PEER HEALTH ASSISTANCE DIVERSION PROGRAM Funded by the Colorado State Board of Pharmacy: Provides assessment, referral and case management of pharmacists or pharmacy interns with substance use, mental health, stress and related problems.

VETERINARY PEER HEALTH ASSISTANCE DIVERSION PROGRAM Funded by the Colorado State Board of Veterinary Medicine: Provides assessment, referral and case management of veterinarians with substance use, mental health, stress and related problems.

COLORADO TASC (TREATMENT ACCOUNTABILITY FOR SAFER COMMUNITIES) Funded by the Colorado Department of Corrections: Provides assessment and referral, case management, monitoring and reporting for offenders with substance use disorders who are returning to the community under parole supervision.

WORKPLACE PREVENTION SERVICES Funded by the Colorado Department of Human Services Office of Behavioral Health: Provides Employee Assistance Program services for Colorado small businesses and their employees to reduce alcohol, tobacco and other drug use risk factors.

PAUL D. COVERDELL DRUG-FREE WORKPLACE PROGRAM Funded by the U.S. Small Business Administration: The program encourages small business employers to implement drug-free workplace policies and programs. EAP services are provided to small business employees and their families.

PRESCRIPTION DRUG ABUSE PREVENTION PROGRAM Funded by the Colorado Department of Human Services Office of Behavioral Health: Program focus is to raise awareness of and reduce prescription drug misuse and abuse.

SBIRT COLORADO: SCREENING, BRIEF INTERVENTION + REFERRAL TO TREATMENT Initiative of the Colorado Office of the Governor; funded by the Substance Abuse and Mental Health Services Administration; administered by the Office of Behavioral Health: Program goal is universal screening for risky alcohol use within primary care and community-based settings.
Leadership

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Lee Ann Aden  CHIEF FINANCE OFFICER
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Luxie Gannon  DIRECTOR, WESTERN TASC
Anita Hoffman  DIRECTOR, MILE HIGH TASC
Anthony Wash  DIRECTOR, NORTHEAST TASC–WESTMINSTER

Susie Burgdoff  MANAGER, ADMINISTRATIVE SERVICES
Maureen Carney  MANAGER, WORKPLACE PREVENTION SERVICES
Laurie Lovedale  COORDINATOR, PRESCRIPTION DRUG ABUSE PREVENTION

2000
~ Awarded Department of Corrections contract to provide the Northeast Parole Region TASC program with offices in Westminster, Greeley and Ft. Collins
~ Awarded Drug-Free Communities grant from the Department of Justice

2001
~ Awarded Department of Corrections contract to provide the Southeast Parole Region TASC program with offices in Colorado Springs and Pueblo
~ Awarded ADAD Workplace Prevention Services contract to provide EAP services to at-risk small business
~ Awarded ADAD Promoting Healthy Families contract to provide parenting curricula to at-risk families

2003
~ Awarded Department of Corrections contract to provide the Mile High Parole Region TASC program with offices in Denver and Englewood

2004
~ Celebrated 20 years of successful prevention and intervention services with a gala event at the Donald R. Seawell Grand Ballroom at the DCPA
2005

~ Fetal Alcohol Spectrum Disorder Prevention Program was implemented through funding from the FASD Center for Excellence at SAMHSA
~ Mentoring Children of Incarcerated Parents Program was developed and implemented through a grant from the Administration for Children and families
~ Youth in the Workplace, funded by CSAP, was implemented in multiple states

2006

Grant-funded programs expanded to include:
~ Adams County Connections youth mentoring program funded by Department of Education
~ HIV/Hepatitis C and Substance Abuse Prevention with Minorities in Re-entry from Incarceration funded by CSAP
~ Healthy Relationships Program funded by U.S. Administration for Children and Families
~ U.S. Small Business Administration funded Paul D. Coverdell Drug-Free Workplace Program and Prescription Drug Abuse Prevention Program
~ Awarded funding for SBIRT Colorado by an initiative from the Governor's Office through the Division of Behavioral Health

Donors

Advocates for Recovery
Ailala Kay
Amber Carlson
Anthony Wash
Arapahoe House
Benefits and Incentives Group, Inc.
Brian Ferrans
Brie Reimann
Brown Brothers, LLC
CADREC
Caitlin Kozicki
Carol DeYoung
Carolyn Swenson
Center for Dependency, Addiction and Rehabilitation
Centennial Peaks
Chris Kesterson
Chris Knoepke
Clare and Matt Sandekian
Collis Johnson
Colorado Coalition for the Homeless
Colorado Dental Association
Colorado Nurses Association
Colorado Psychiatric Society
Colorado Veterinary Medical Association
Connie Robertson
Cynthia Hoskins Koenck and Lynn Koenck
Dahla Mohamed
Dan Zarecky
Dave Ternus
David Stuhr
Deborah Bailey Astroth
Don and Mary Davis
Elizabeth M. Pace
Egan Printing
Freedom Center
Harmony Foundation, Inc
Jane Klein
Jennifer Place
Jill Abrahamson
Jill Taylor
Joanie Shoemaker
Langston Jacobs
Lauren Roberts
Lee Ann Aden and Mark Tokheim
Leigh Fischer
Lola Fehr
Lori Crane
Lynn Butler
Lynn Klaus
Mara Lehnert
Marilyn Osborne Rock
Mary Ciambelli
Mary and Jim Newell
Megan Brunstetter
Mental Health Center of Denver
MINES and Associates
Nancy VanDeMark
National Jewish Health
Nick Raffensperger
Niki Hyde
Patricia Coan
Paul Gingery
Richard Sandrock
Robin S. Mower
Sara and Howard Jarrett
Shannon Poletti
Sharon Finley
USW Local 920—Colorado Professional Employees—Staff Chain Pharmacists
Viola M. Pace
### Financials

#### EXPENSES

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**TOTAL EXPENSES**  
$9,071,710

#### FUNDING

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**TOTAL FUNDING**  
$9,279,752
Community Involvement

Peer Assistance Services and our staff support the community through professional organization membership and leadership, volunteer time and sponsorships. These efforts align with our mission, unite our staff and contribute to the community. The organizations include

- Advocates for Recovery
- Behavioral Health Transformation Council
- Behavioral Health Planning and Advisory Council
- The Brief Intervention Group–BIG–Hospital SBIRT Initiative
- Colorado Association of Addiction Professionals
- Colorado Criminal Justice Reform Coalition
- Colorado Human Resources Association
- Colorado Nurses Association
- Colorado Pain Initiative
- Colorado Pharmacists Recovery Network
- Colorado Pharmacy Coalition
- Colorado Prevention Certification Board
- Colorado Providers Association
- Colorado Public Health Association
- Colorado Society for Public Health Education
- Colorado STING–Security Threat Intelligence Networking Group
- Concerned Colorado Dentists
- Denver Drug Strategy Task Force
- Denver Epidemiological Work Group
- Employee Assistance Professionals Association, Colorado Chapter
- Faces and Voices of Recovery
- Flippin’ the Script
- HealthSET
- International Employee Assistance Professionals Association
- International Nurses Society on Addictions
- Methamphetamine Task Force
- National Association for Addiction Professionals (NAADC)
- National TASC
- Prescription Drug Abuse Task Force
- Society for Human Resource Management
- State Task Force on Medication Disposal
- Winter Symposium on Addictive Disorders, Behavioral Health and Mental Health
PEER ASSISTANCE SERVICES

Dedicated to quality, accessible prevention
and intervention services in workplaces and communities,
focusing on substance use and related issues.