

BREAKFAST

22 PER PERSON (10 PERSON MIN)

ASSORTED MORNING BREADS

FRUIT SALAD

SPOON PARFAIT

Greek yogurt & granola/NYS Honey/Berries
(components, build-your-own)

FRESHLY SQUEEZED ORANGE JUICE

→ PICK TWO EGG DISHES:

FRITTATA

Flash cooked greens/goat cheese/chive

BREAKFAST BURRITOS

Scrambled egg, cheddar, whole wheat wrap
(Chef's Selection of fun flavors)

HB EGGS

SCRAMBLED EGGS

BACON, EGG & CHEESE on english muffin

ADD ONS

SOAKED OATS (VEGAN & RAW) - 40

BACON - 50

NICOLLE@SPOONTABLEBAR.COM.....646•230•7000 x3

LUNCH

40 PER PERSON (10 PERSON MIN)

LEMONY TEENAGE GREENS

MARINATED CHICKEN

DESSERT OF THE DAY

→ PICK ONE PROTEIN:

PAN SEARED SALMON

GRILLED HANGER STEAK

MEATBALLS

(VEG OPTION) ZUCCHINI PARMESAN

→ PICK ONE STARCH:

RED QUINOA AND BROWN RICE PILAF

SMASHED RED BLISS POTATOES

butter, herbs, & parmesan

4 CHEESE MAC N' CHEESE

CHEF'S SPECIAL PASTA

→ PICK ONE VEGETABLE:

(CHEF'S DAILY PREPARATION)

HARICOTS VERTS

FLASH-COOKED GREENS

SHAVED BRUSSEL SPROUTS

ACORN SQUASH

40 E. 33RD STREET NY NY 10016

(24 HRS NOTICE NEEDED)

LUNCH ADD ONS

ASSORTED SANDWICH PLATTER - 125

BEVERAGE SERVICE

COFFEE & TEA

includes tea bags, coffee, hot water, sugar,
milk/creamer, cups, stirrers, +5/pp
(soy or almond milk, +6/container)

BUBBLES & WATER

bottles of still water, cans of Coke & Diet Coke,
served on ice in a cooler, +5/pp

BOTTLED WATER

24 bottles, served on ice in a cooler, +35

→ DELIVERY FEE BASED ON DISTANCE,
MINIMUM FEE STARTING AT \$75 PER DAY

→ ALL MENU ITEMS CONTINGENT ON MARKET
AVAILABILITY & SUBJECT TO CHANGE

→ PLEASE LET US KNOW OF ANY DIETARY
RESTRICTIONS WHEN ORDERING

→ 10% OFF MEAL PACKAGE WHEN ORDERING
BOTH BREAKFAST & LUNCH (BEVERAGES
NOT INCLUDED)

* ALL BREAD: SULLIVAN ST. BAKERY
* FARMS: MOUNTAIN DELL, HURLBURT, SULLIVAN
COUNTY, STORY'S

