

2018

ISLAND 37TH ANNUAL RACE SERIES

PRESENTED BY



Mar 4th, 11am

5 Port Alberni Paper Chase 15K - Port Alberni

REGISTER ONLINE AT ISLANDSERIES.ORG, MAIL OR DROP OFF ENTRIES MUST BE RECEIVED NO LATER THAN MAR 1ST AT:

Frontrunners Victoria, 1200 Vancouver St. | Frontrunners Shelbourne, 3659 Shelbourne Street | Frontrunners Westshore, 123-755 Goldstream Ave. | Frontrunners Nanaimo, 101-1825 Bowen Rd.
Alberni Valley Chamber of Commerce, 2533 Port Alberni Highway, Port Alberni

Adults			BCA Members			Youths (Under 19)			Race Director	Host Club	Make cheques payable to the host club and mail directly to their address
Early	Regular	Race Day	Early	Regular	Race Day	Early	Regular	Race Day			
\$25	\$30	\$40	\$22	\$27	\$37	\$20	\$25	\$40	Bill Collette bill@albernichamber.ca	Alberni Valley Chamber of Commerce	2533 Port Alberni Highway, Port Alberni, BC V9Y 8P2

RACE FEE STRUCTURE
Entry Fee is non-refundable and non-transferable between races or participants

EARLY (Up to Feb 4, 2018)

RACE DAY (Cut off at 10:15am)

REGULAR (Up to Mar 1, 2018)



I would like to donate to Victoria Hospitals Foundation

\$10 \$20 \$50 \$100 Other \$ _____

PAYMENT ENCLOSED: \$
(Registration + Donation)

Name: _____ Address: _____
FIRST NAME LAST NAME

City: _____ Province: _____ Postal Code: _____ Phone: (_____) _____

Email: _____ DOB: ____/____/____ Gender: Male Female
YY MM DD

Club Name: _____ School/Institution: _____ Are you employed by Island Health? Yes No
(YOUTH REGISTRATIONS ONLY)

Age Category: 1-15 16-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-99 2017/2018 BC Athletics Membership #: _____
AS OF DEC 31, 2018

WAIVER AGREEMENT (MUST BE CHECKED)

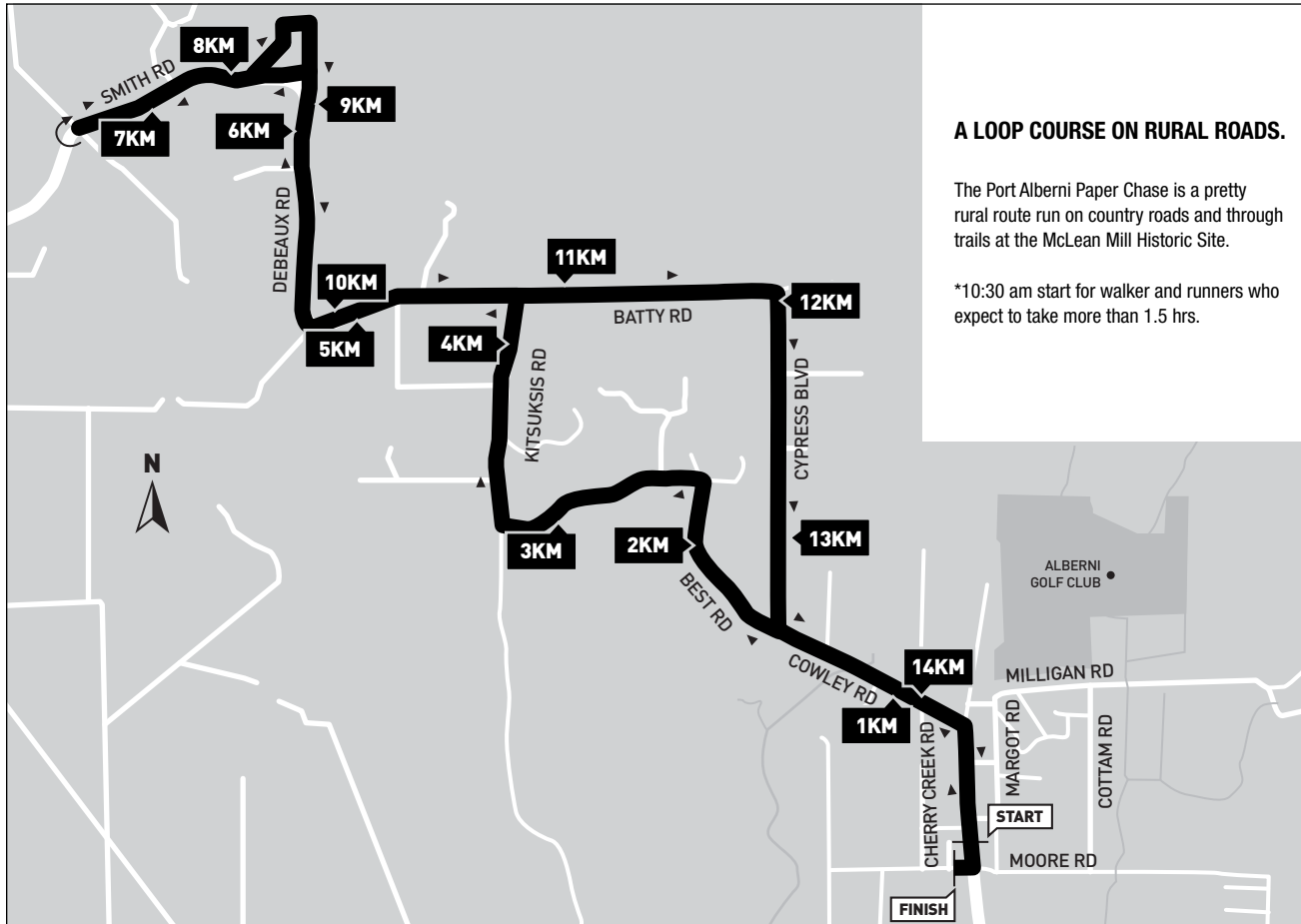
In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release the organizers of this event and its sponsors from any and all rights of claims and damages I may have against them, their representatives, successors and assigns, for any and all illness, injuries and/or losses I may sustain as a result of my participation in this event. I hereby acknowledge having read this Release and Waiver, and understand and accept its terms.

Signature: _____ Date: _____
GUARDIAN NAME & SIGNATURE IF PARTICIPANT IS UNDER 19 YEARS OF AGE

— PRESENTING SPONSOR — GOLD SERIES SPONSOR — MEDIA PARTNERS — CHARITY PARTNER — SERIES SPONSORS —

FOR LIABILITY INSURANCE REASONS the following are not allowed in races: Dogs, rollerblades, strollers, baby joggers, bikes and skateboards. Earbuds are strongly discouraged - consider one earbud only.

PORT ALBERNI PAPER CHASE 15K – MAP & ROUTE INFORMATION



A LOOP COURSE ON RURAL ROADS.

The Port Alberni Paper Chase is a pretty rural route run on country roads and through trails at the McLean Mill Historic Site.

*10:30 am start for walker and runners who expect to take more than 1.5 hrs.

CATEGORIES

AGE	MEN	WOMEN
1-15	MJ	FJ
16-19	M16	F16
20-24	M20	F20
25-29	M25	F25
30-34	M30	F30
35-39	M35	F35
40-44	M40	F40
45-49	M45	F45
50-54	M50	F50
55-59	M55	F55
60-64	M60	F60
65-69	M65	F65
70-74	M70	F70
75-79	M75	F75
80-84	M80	F80
85-89	M85	F85
90-99	M90	F90

ALL RACES

#	RACE TITLE	DATE	START
1	Harriers Pioneer 8k Saanichton	JAN 7	11AM
2	Cobble Hill 10K Cobble Hill	JAN 21	11AM
3	Cedar 12K Cedar	FEB 4	11AM
4	Hatley Castle 8K Colwood (Royal Roads)	FEB 18	11AM
5	Port Alberni Paper Chase 15K Port Alberni	MAR 4	11AM
6	Comox Valley RV Half Marathon Courtenay	MAR 18	11AM
7	TriStars Sooke 10K Sooke	MAR 25	11AM
8	Synergy Health Management Ltd. Bazan Bay 5K – Sidney	APR 8	11AM

PROUDLY HOSTED BY



SERIES SCORING

Individual – Each runner will be recorded and points awarded according to performance. The five best scores (including at least one race over 10k) will be totaled to determine Series standings. Runners in the 16 to 19 category will have the four best scores of all races. Runners in the 15 and under category will have the three best scores. Runners under 20 or 70 and over do not have to run a race longer than 10k to qualify for Series.

SERIES AWARDS

Awards to 10th place for individuals in each category and trophies presented to: Overall top male and female of the Series, Top male and female.

EIGHT RACE BONUS

If you compete in all eight races of the 2018 Series or compete in seven races and volunteer for one race you will get a discount to register for the 2019 Series.

PHOTOS

Will be posted on the website and Facebook after each race.

RESULTS

Results are posted on racedaytiming.ca after each race.

REGISTRATION/ BIB PICK-UP

Registrations can be dropped at the Alberni Chamber of Commerce before 4:30 pm, Mar 1. 2533 Port Alberni Highway, Port Alberni

RACE DAY

Cherry Creek Community Centre
3720 Moore Road, Port Alberni

Limited late registration 9am – 10:15am

STARTS MAR 4, 11AM

Cherry Creek Community Centre
3720 Moore Road, Port Alberni
(10:30am for walkers)

AWARDS & PRIZES

Draw prizes will be drawn at each race that have been provided by our sponsors, Runners must be present at the drawing of prizes to win.

AMENITIES

Post-Race food and drink will be provided, including hot food and drinks. Change room and toilets, ample parking, Medical staff in attendance.

INFORMATION

BILL COLLETTE
bill@albernichamber.ca

ALBERNI VALLEY CHAMBER OF COMMERCE
2533 Port Alberni Highway
Port Alberni, BC V9Y 8P2