Renowned master choreographer David Dorfman speaks about daily life much in the same way he promotes dance in America: with extraordinary enthusiasm and ebullience.

Dorfman often says that his mission in life is "to get the whole world dancing" or at least interested in the expressive art form. And this he does through the New York-based David Dorfman Dance, a troupe he founded in 1987 and in which he continues to perform.

The company, known as DDD, comes to Fairfield University’s Regina A. Quick Center for the Arts on Saturday evening, Nov. 7.

In a recent telephone chat from San Diego, where he was on a work break, Dorfman said he is greatly looking forward to the troupe's Fairfield stop: Saturday is his 60th birthday.
The piece, “Come, and Back Again,” will feature five dancers and five musicians in an “evening-length elegiac exploration of the virtuosity of daily life, vulnerability, mortality, beauty and love and resilience,” according to the Quick Center announcement.

We asked Dorfman to explain:

“As one heads into the second act of life” (i.e.: getting older) “it is natural to reflect” upon life, he said, especially since he has “a 14-year-old and a wife” he loves dearly.

His “piece is a celebration of everyday life — all the things from making breakfast to going to work, all the things that are unbelievably creative in our lives.” It also celebrates “how great life can be.”

Dorfman said the staging includes piles of rubble. Dorfman calls it “junk and mess” reflecting life's challenges and complications. “Sometimes we all feel that we need or want to clean up things. But life is messy.”

The Chicago native received a bachelor of science degree in business administration in 1977 from the Olin Business School at Washington.
University in St. Louis. It was there that dance piqued his interest, so for graduate studies, he headed to Connecticut College in New London, where he received a master’s degree in fine arts/dance. (He's still affiliated with the university, serving as chair of the dance department.)

“My 60th birthday is a grand moment, a marker to be sure, but in many ways, it’s just another day because I am happy to be alive every day” and value the “preciousness of each one that I have,” he said.

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