



Microblading Aftercare Instructions

READ THOROUGHLY! It is essential that you follow these instructions after your Microblading session:

Day 1 (Day of treatment):

- Every 5-10 minutes (for 30 minutes) after session blot with a clean tissue to remove any excess lymph
- In 2 hours, wash your hands, gently but firmly clean the area with a barely damp cotton round (you should squeeze all excess water from cotton first). Do this every 2-3 hours today. Clean right before you go to bed.

Day 2:

- When you wake up, gently but firmly clean the area with a barely damp cotton round. You may wake with a bit of build-up on the brows from the night. Don't be rough, but make sure you clean any blood/lymph/excess pigment thoroughly.
- You will clean your brows every 4-5 hours today (3-4 times today).

Days 3-5:

- Gently clean the brows 3 times a day (when you wake, mid-day, before bed). **Oily skin:** apply very small amount of provided gel aftercare 1-2 times a day. **Dry skin:** apply a very small amount of aquaphor or provided aftercare after each cleanse. Blot excess aftercare with a tissue (your brows should NEVER look sticky, shiny, or wet after application of aftercare – DON'T SUFFOCATE YOUR NEW BROWS).

Days 6-14:

KEEP YOUR BROWS CLEAN. Gently clean the brow area with a barely damp cotton pad 2 times a day.

Too much moisture can promote scabs. We want to prevent scabs. Only apply aftercare gel/balm if needed, and ALWAYS blot excess with a tissue. IF SCABS DO FORM, DO NOT PICK OR REMOVE THEM PREMATURELY – YOU WILL SCAR AND THE PIGMENT WILL NOT RETAIN. BE CAREFUL!

AVOID THE FOLLOWING FOR 10-14 DAYS AFTER YOUR MICROBLADING:

<ul style="list-style-type: none">• Direct contact with water!!!• Sweating• Excess exercising or practicing sports• Swimming• Smoking• Drinking alcohol in excess, as it may lead to slow healing of wounds• Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles• Do not use any cleansers or facial products of <u>any</u> kind, over the brow area for at least 14 days.	<ul style="list-style-type: none">• Hot sauna, hot bath, long steamy showers, jacuzzi• Sun tanning or salon tanning• Facial treatments• Picking, peeling, or scratching of the brow area.• Dusty or dirty chores. Now is not the time to clean garage or mow the lawn!• Touching of the eyebrow area except for when cleaning & applying the post-care with a cotton swab• Absolutely do not use any ointments, antibiotic creams, or vitamin creams – it will draw out the pigment. Only approved products to brow area.
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PRO-TIPS:

- Buy a shower cap, cover your brow area while showering to avoid getting water on the brows.
- Use make-up remover wipes at the sink to clean your face.
- Use a dry wash cloth to cover brows in the shower on days you need to wash your hair.

WHAT TO EXPECT AFTER YOUR MICROBLADING SESSION:

Your eyebrows will go through several phases during the healing cycle.

Days 1-4: The pigment will appear very sharp and dark. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The brows may appear larger than desired, this is due to swelling. The hairstrokes WILL shrink with normal healing. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin.

Days 5-7: Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the pigment is fading too quickly, however, this is just superficial color and dry skin being naturally removed from your eyebrows.

Days 8-12: Your brows may look as though the pigment has completely faded – do not panic – take a deep breath and trust the process.

Days 14-28: Your brows may still look a little patchy or uneven, but the pigment will start to “reappear” as the pigment settles and the healing continues. Any areas that do not reappear can be adjusted at your touch-up session.

Your brows are not considered fully healed until 4 weeks after the microblading. Your complimentary touch-up session should be performed from 6-12 weeks after the initial session. If, for any reason, you miss your 6-12 week touch-up there will be an extra charge.

Pro-Tips:

- Once completely healed, always apply a layer of sunscreen SPF 30 up to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade quickly.
- NEVER EVER, for the life of your microbladed brows, apply any chemical exfoliants (NO salicylic acid, glycolic, lactic, retinols, vitamin a etc) it will fade and DISTORT the color of your brows.
- In order to maintain your microbladed brows, you will need regular touch-ups (approximately every 9-18 months) BUT your brows can only take so much pigment. Make sure that your brows have faded at least 50% before scheduling a touch-up/color boost session.

****IF YOU HAVE ANY QUESTIONS OR CONCERNS DURING HEALING THAT ARE NOT ADDRESSED ON THIS AFTERCARE FORM, CONTACT NICOLA 512-571-7788.**

****ARE YOU LOVING YOUR NEW BROWS? CONSIDER LEAVING A POSITIVE REVIEW ON YELP OR GOOGLE. YOUR REFERRALS KEEP THIS SMALL BUSINESS GROWING AND WOULD BE SO APPRECIATED!**