

## JUICES 16 OZ. | \$7

1. GREENS | spinach, kale, cucumber, celery, apple, lemon, ginger
2. CARROTS | apple, lemon, lime, ginger
3. BEETS | cucumber, celery, apple, lemon, lime, ginger

## SMOOTHIES 16 OZ. | \$7

4. LOADED GREEN | spinach, kale, banana, pineapple, mango, almond milk
5. ORANGE TURMERIC | orange, lemon, pineapple, turmeric, ginger, cayenne pepper
6. SPICY PEANUT BUTTER CUP | banana, peanut butter, almond milk, carob powder, cinnamon, cayenne pepper
7. SWEET GREEN | spinach, cucumber, pineapple, lemon, apple, ginger
8. AÇAÍ | açai berries, banana, mango, blueberries, chia seeds, coconut water
9. TROPICAL | coconut milk, pineapple, mango, banana
10. BERRY | Strawberries, blueberries, banana, coconut milk
11. PB&J | strawberries, blueberries, peanut butter, chia seeds, coconut water



## BLISS BAR

## TONICS 16 OZ. | \$9

12. DETOXING | CHARCOAL lemons, maple syrup, filtered water
13. YOUTH & BEAUTY | COLLAGEN\* banana, orange, almond butter, almond milk, chia seeds, coconut oil, kale
14. DENSE NUTRIENTS | E3 ALGAE coconut milk, bananas, dates, coconut oil, vanilla, sea salt
15. ENERGY | MATCHA coconut milk, banana, mango, spinach

## NUT MYLKS 16 OZ. | \$9 PRESSED & BOTTLED IN-HOUSE

16. VANILLA ALMOND | date, vanilla, maple syrup, cinnamon, sea salt
17. CHOCOLATE CASHEW | maple syrup, cacao powder, cinnamon, vanilla
18. COLD BREW LATTE | vanilla almond mylk, cold brew, chia seeds

## SHOTS

19. WHEATGRASS | dense nutrients  
1 oz. | \$2      2 oz | \$4
20. LEMON GINGER  
improves digestion      2 oz | \$4
21. ORANGE TURMERIC  
anti-inflammatory      2 oz | \$4
22. E3LIVE  
dense nutrients      2 oz | \$4

## BOWLS | \$7 INCLUDES 3 TOPPINGS

23. AÇAÍ | mango, banana, coconut milk
24. CHIA PUDDING | coc. milk, maple syrup, cinnamon, nutmeg, vanilla, sea salt
25. GREEK YOGURT\* | non-fat
26. BLUE MAJIK E3LIVE | almond milk, banana, dates, coconut oil, vanilla

TOPPINGS | 25 cents each for more than three: granola, bananas, strawberries, blueberries, goji berries, golden raisins, coconut flakes, cocoa nibs, pepitas, blueberry compote, honey, peanut butter, almond butter

EXTRAS | 50 cents per scoop:  
hemp protein, chia seeds, spirulina, collagen\*

\*non-vegan