

“I have something to tell you. My biggest secret.

“It’s not a bad secret, although you might not like the fact I have been lying to you for the last 30 years. I have been watching you every day. I’ve seen you laugh and I’ve seen you cry. I’ve been with you through every move, all over the world. I think, after all that, you’ll forgive me for not telling you until now.

“So here is my secret. When you aren’t looking, I come to life. I protect you from bad dreams and fend off all the monsters in the deepest parts of your mind. I have a shield and a sword. I fight nightly for you without you knowing it. I will never ask for thanks because it is my job. It is what I am made for, and it is why I was given to you as a baby.

“I, am your Teddy Bear.”