

LIVING WITH DIABETES: FAMILIES EMPOWERING FAMILIES

For all caregivers who have children with type 1 diabetes.

This bi-monthly support group will provide families a welcoming space to meet and discuss everyday stressors and concerns with other families.

Discussions will be meant to provide families much needed information, resources, and emotional support pertaining to critical issues related to caregiving, stress management, diet management, and concerns group members bring in to discuss.

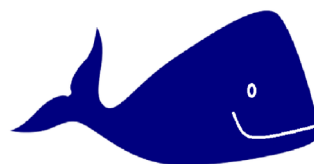
When: 2nd & 4th Monday of each month, 6:15-7:15pm - **Starting May 14th**

Where: Support for Families
1663 Mission Street, Suite 700
San Francisco, CA 94103

Free street parking available after 6:00 pm on Mission Street, So. Van Ness Avenue & Otis Street

Daniel Segundo, ASW, is a bilingual Spanish social worker at Support for Families and facilitator for Living with Diabetes. He received his master's from Smith College School for Social Work. His goal for this group is to help families to share their own experiences living with diabetes in the hopes of empowering and teaching other families of their own experiences living with diabetes. If you have any questions you could call him directly at 415-920-5040 ext. 127.

"The journey of a thousand miles begins with one step." - Lao Tzu



Please call Support for Families to register for the group or to request childcare. *If childcare is needed, please call one week in advance. Childcare is free and offered on a limited basis.* **415-920-5040**

