

The 4 Being Dimensions of Soul Purpose

Vision: The *end result* of successfully embodying your purpose and deepest aspiration that you hold for an evolved world.

Examples: "I envision a humanity engaging with their unused evolutionary potential." "I envision a joyful humanity."

Values: The essential ideals for which you want your life to stand.

Examples: "Life is an opportunity to grow and the universe desires our growth. "Laughter is precious medicine: we should support culture to value it more." "Laughter heals the world."

Core Powers: The natural soul level abilities that you were born with.

Examples of innate aptitudes: speaking, writing, listening, challenging, leading, numbers, artistic, mechanical, empathy, creativity, motivating, organizational, intellectual, spatial, physical, logical, knowledge, self discipline, teamwork, problem solving, management, etc. For instance, what are you obsessed by? Ex: organizing things (philosophy, kitchen cans)

Essence: The core of who you are *without* doing anything. You *are* your purpose, even when you aren't acting. The effortless radiance of your being.

Examples: "Evolution, Wholeness." A comedian's essence might be "humor." Jesus *Love*, Buddha *Illumination*, Gandhi *Justice*.

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Giveaway: What you actually *do* to people to transform them. This is your unique transformative process, aka: your gift, offering, contribution or blessing.

Examples: "I offer whole person midwifery for those who seek their wholeness." "Tell jokes."

Task: A mission, calling, or (seat) assignment that you undertake to support your vision. Visions and Tasks are *goals*, Giveaways are *processes*. Your Giveaways are what you do to support your Tasks, and Tasks move you towards your Vision.

Examples: "I feel called to inspire humanity to engage unused evolutionary potential." "Create Purpose Guides Institute." "I feel a calling to bring joy to the world through humor."

Message: A single fundamental truth you are designed to propagate.

Examples: "You are the evolutionary impulse wanting to bring more Goodness, Truth and Beauty into the world." "Stop taking every moment so seriously. Relax. Laugh."

Delivery System: the outward *system* (job, career) through which you offer your gifts to the world. Examples: "Purpose Guide, Psychotherapist" "Comedian."