

# BBNT Umatilla Camp 2016

## Location/ Trip Details

Training camps were (and are) my favorite part of being a ski racer – when surveyed 98% of all Nordic skiers say that they would rather go on a training camp than into outer space. After several years going to Sun Valley for the Fall mini-camp we decided to try out the Umatilla National Forest near Baker City. Turns out it's awesome. If you didn't come last year – expect some cool new mountain trails, backroads roller skiing, and perhaps a crawdad-boil.

## The details:

We'll meet Thursday Oct 6, at 7:00 at the Bogus Offices

We'll return midday (aiming for ~4pm) on Sunday Oct. 9

We'll be staying at the Caretakers Cabin in the Umatilla National Forest

<http://www.fs.usda.gov/recarea/umatilla/recreation/camping-cabins/recarea/?recid=56539&actid=101>

Last year we had fully functional plumbing, but there's always the chance that they'll turn off the water for the winter as we arrive – if so we'll be stuck using the outhouse, but the location and price can't be beat.

Sleeping arrangements: The cabin situation is a bit funky this year. We have the "Miners Retreat" cabin all three nights, but the caretakers cabin only on Friday and Saturday night. Some will need to tent for the first night – but we'll nail those details down as we get closer to camp.

## Final Cost : \$150

The covers: (Per athlete)

Transportation fee - \$50

Fuel - \$10

Food – (3 Breakfast, 3 Lunch, 3 Dinner) \$65

Lodging - \$25

## **Packing List**

Lunch for Thursday

Skate and Classic Rollerskis/ Boots/ Poles

Helmet

Watch

Small backpack for hike

2 Water Bottles

Water Bottle Carrier

Running shoes

Hiking boots or shoes to hike in

“Camp Shoes”

Sunglasses

Bathing Suit

Training clothes for 4 days

~4 Shirts

~4 Pair Underwear

~6 Pair Socks

~4 Pair Shorts

Warm Layers

Light Jacket

Light hat/gloves

Warmup Pants

Tights

Long underwear top

Rain Jacket/Rain Pants

Camp Clothes

~2 Shirts

Socks

~1 pair Pants

Underwear

Sweatpants/sweatshirt

Toiletries/Meds

Books/ Ipod/ Homework for down time