



Volunteer Role title: Activities Leaders

Summary of role:

To run set activities with various members of community participants throughout the day. You will also need to keep scores as most of these activities are team based or will contribute towards a team score.

What day:	Saturday 25 / 08 / 2018
How many hours	6
Minimum Commitment	4
Where	Geraldine Mary Harmsworth Sports Facility St. George's Road, SE1 6ER

About us:

Train Station is a health and fitness initiative, aiming to provide high quality fitness instruction that is accessible to all members of the community. We exist to inspire healthier and more active communities. It is our aim that our sessions will become the catalyst for positive change and healthier members of the community.

Purpose of role:

Created by its participants and members of the local community, the Train Station Rivals Run is a one-day celebration centred around the 5km distance run. We aim to bring a diverse representation of the community to work together by either completing the run or by taking part in the various activities and challenges on offer on the day. Participating in these events will help you gain points for your team in the hope of becoming the Rivals Run 2018 champions!

We are looking for **10 Activity Leaders** to help bring make our ideas a reality, with the hope of inspiring our community to take their health and fitness journey's more seriously.

Main activities/tasks:

As an Activities Leader, you will be responsible for encouraging community members to take part in the activities and challenge themselves in a friendly but competitive environment. You will also need to keep accurate scores, times etc. so that we can announce the winning team at the end of the event.

Who we are looking for:

You should be:

- confident engaging with new people of all ages
- confident in delivering instructions/rules to community members
- friendly and welcoming with good listening skills
- be confident with basic administrative and organisational skills



What you will gain from the volunteering opportunity:

- meeting and working with a new, growing organisation looking to make a lasting impact on the community
- helping make a tangible difference in the community
- experience delivering in a 'festival' setting
- potential for more voluntary opportunities in the future

Other information:

- Training on how to run each activity/game will be delivered in the morning of the event.
- We will be providing lunch for all volunteers on the day.

Main point of contact

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