Sutta Nipāta *Uraga Vagga*

<u>Uraga Sutta</u> "The Snake"

Translated by Candana Bhikkhu

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1. When anger arises within his heart, the Bhikkhu quickly tosses it out of his heart, much like medicinal herbs that expel the venom of the wound, received from a snake bite. Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

2. The Bhikkhu pulls out lust completely from its roots, like the plucking of lotuses with both flower and stalk combined.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

3. The Bhikkhu dries up craving in his heart making it remainderless, much like the drying up of a swiftly flowing shallow stream.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

4. The Bhikkhu washes away entirely the conceit from his heart, much like a mighty flood sweeps away a frail bridge made of bamboo.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

5. The Bhikkhu, having looked at his existences, finding no essence anywhere in them, is like the one who goes looking for flowers on a fig tree, never finding one.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

6. With no anger left in him, the Bhikkhu has no desires for becoming, anymore, anywhere. Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

7. The Bhikkhu, having cut the flow of ceaseless thinking, has no more inner agitation left in him.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

8. No longer confused whether to go this way or that, the Bhikkhu, with certitude now in his heart, has left all mental proliferations behind him.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

9. Now, certain beyond any doubt about the Path he is on, the Bhikkhu knows full well, how all things in the world are not what they seem.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

10. Having left behind him all recollections of the past and expectations of the future, no longer fooled by the world, the Bhikkhu lives without any covetousness left in his heart.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

11. Being free from his past and future, and no longer fooled by the world, the Bhikkhu lives without any lust left in his heart.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

12. Being free from his past and future, and no longer fooled by the world, the Bhikkhu lives without any hatred left in his heart.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

13. Being free from his past and future, and no longer fooled by the world, the Bhikkhu lives without any delusion left in his heart.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

14. With his mental contaminants destroyed, the Bhikkhu has cut off all the unwholesome roots, the causes for agitation.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its used-up skin.

15. With nothing for him to take personally nor become inflamed about, the Bhikkhu now has no cause for rebecoming.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

16. With nothing for him to desire or crave any further, the Bhikkhu now has no cause for rebecoming.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

17. Having wisely used and overcome the five hindrances, the Bhikkhu now lives unburdened, free, untroubled, safe, and secure.

Thus, the Bhikkhu gives up this shore and the one beyond, much like a snake giving up its usedup skin.

Sādhu Sādhu Sādhu