

# THE SUMMER



# READING PLAN

**THE PSALMS  
ARE A MIXTAPE  
OF SONGS**

**150 PSALMS  
IN 5 BOOKS**

**BOOK I: 1 TO 41**

**BOOK II: 42 TO 72**

**BOOK III: 73 TO 89**

**BOOK IV: 90 TO 106**

**BOOK V: 106 TO 150**

**THIS SUMMER  
WE ARE READING  
THROUGH ALL  
OF THE PSALMS  
IN 50 DAYS.**

# READING PLAN:

**READ THREE  
PSALMS A DAY**

**YOU CAN READ  
AT EVERY MEAL:**

**BREAKFAST**

**LUNCH**

**DINNER**

July 2nd - Psalm 1,2,3  
July 3rd - Psalm 4,5,6  
July 4th - Psalm 7,8,9  
July 5th - Psalm 10,11,12  
July 6th - Psalm 13,14,15  
July 7th - Psalm 16,17,18  
July 8th - Psalm 19,20,21  
July 9th - Psalm 22,23,24  
July 10th - Psalm 25,26,27  
July 11th - Psalm 28,29,30  
July 12th - Psalm 31,32,33  
July 13th - Psalm 34,35,36  
July 14th - Psalm 37,38,39  
July 15th - Psalm 40,41,42  
July 16th - Psalm 43,44,45  
July 17th - Psalm 46,47,48  
July 18th - Psalm 49,50,51  
July 19th - Psalm 52,53,54  
July 20th - Psalm 55,56,57  
July 21st - Psalm 58,59,60  
July 22nd - Psalm 61,62,63  
July 23rd - Psalm 64,65,66  
July 24th - Psalm 67,68,69  
July 25th - Psalm 70,71,72  
July 26th - Psalm 73,74,75  
July 27th - Psalm 76,77,78  
July 28th - Psalm 79,80,81  
July 29th - Psalm 82,83,84  
July 30th - Psalm 85,86,87  
July 31st - Psalm 88,89,90

Aug 1st - Psalm 91,92,93  
Aug 2nd - Psalm 94,95,96  
Aug 3rd - Psalm 97,98,99  
Aug 4th - Psalm 100,101,102  
Aug 5th - Psalm 103,104,105  
Aug 6th - Psalm 106,107,108  
Aug 7th - Psalm 109,110,111  
Aug 8th - Psalm 112,113,114  
Aug 9th - Psalm 115,116,117  
Aug 10th - Psalm 118,119  
Aug 11th - Psalm 119,120  
Aug 12th - Psalm 121,122,123  
Aug 13th - Psalm 124,125,126  
Aug 14th - Psalm 127,128, 29  
Aug 15th - Psalm 130,131,132  
Aug 16th - Psalm 133,134,135  
Aug 17th - Psalm 136,137,138  
Aug 18th - Psalm 139,140,141  
Aug 19th - Psalm 142,143,144  
Aug 20th - Psalm 145,146,147  
Aug 21st - Psalm 148,149,150

## THE SUMMER



## READING PLAN

# PSTAFF PSALMS

## **Mark: Psalm 19**

So hard to pick just one Psalm as my favorite, but I'll go with the 19th Psalm! All of the universe and beyond were created by God for His glory and to show forth His infinite beauty and creativity and greatness. And in the first 6 verses of this psalm, I love how David begins by inviting us to look up, to take our eyes off ourselves, our difficult situation, our struggles, or the other million and one distractions in our lives and to simply gaze upon God's glory in the sky and in the heavens. No matter what we're going through, God in His goodness towards us has designed the sky and the heavens in such a way that we can always look up and behold His glory and beauty and be reminded of His faithfulness and steadfast love. I also love the 2nd half of this psalm where we find David giving thanks and praise to the Lord for the gift of God's law and the benefits of seeking to follow His law. What a great reminder that God out of His love for us gives us His commands to bless us!

## **Savannah: Psalm 27**

I like this Psalm because it gives me confidence in the Lord when I am fearful which fills my heart with peace. My favorite verse is verse 8, "You have said, "Seek my face." My heart says to you "Your face, Lord, do I seek." I want this to be a declaration I live by - your face, Lord, do I seek!

## **Joe: Psalm 73**

This is one of my favorite Psalms because it reminds me that being near to God is my greatest treasure. The author Asaph is really raw and transparent with his struggle to keep following God when things don't go his way and the wicked keep winning. In the end he recalls that those near to God possess the true treasure and those far from him are not to be envied. "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

## **Stephen: Psalm 84**

I love the history behind this psalm. It was written by the sons of Korah, an infamous character in the OT who incited a rebellion against Moses in Numbers 16. Since they did not participate in the rebellion, God spared them and appointed them to serve as gatekeepers and worship leaders at the tent of meeting and in the temple. God set them up in His house as a living sign of mercy to His people. Their psalms reflect humility, thankfulness, and devotion towards God.

## **Donny: Psalm 103**

I love this Psalm because it encourages me greatly! I'm encouraged because of the way in which he is coaching or commanding himself to "Bless the Lord, oh my soul" because we've all been in that place where our hearts may not be feeling it and so we "bless the Lord" with our mouths and our actions until our hearts follow suit. I also love this line: "...who crowns you with steadfast love and mercy, ..." because his steadfast love and mercy to us IS a crown ushering us into adoption into his family as sons and daughters of God.