Master Plan for Aging Priorities - LA County

28 strategies have been developed for the Master Plan for Aging Recommendations Report. Out of those, the following are strategies that were identified as being most important to the LA County community, at the LA County Community Design Workshop (CDW). And narrowing down even further, the strategies in bold were highly present in the conversations and concepts that emerged from this community.

The subsequent pages provide more detailed concepts that were generated at the CDW and fall within the respective strategies.

PHYSICAL ENVIRONMENT

1. Design for mixed-age, mixed-ability neighborhoods with amenities that meet people’s physical, social, and emotional needs.
2. Design intergenerational spaces and communities.
3. Prioritize health and safety in both existing communities and in the design of new developments.
4. Include the voices of older adults in planning and development processes.
5. Develop transportation options that can meet a variety of accessibility needs.
6. Make travel convenient and affordable for older adults and people with disabilities.
7. Coordinate transportation offerings across public agencies, social service providers, and private entities in order to make them easily navigable.
8. Streamline housing application processes to ease the process of finding and keeping housing.
9. Make it easier to build a variety of housing types for diverse lifestyle needs.
10. Remove financial and regulatory barriers that prevent older adults from acquiring and keeping their housing.
11. In addition to providing emergency services, provide pathways out of homelessness for individuals that address a range of underlying causes.

SUPPORTIVE SERVICES

1. Provide services that consider the whole person—their background, experiences, preferences—and meet individual needs.
2. Develop service delivery systems that are coordinated, integrated, and easy to access.
3. Expand and train a workforce that matches the growing need to serve an aging population.
4. Incentivize planning and saving for long-term care.
5. Provide accessible and affordable channels for financing and saving for long-term care.
6. Provide supports that alleviate the financial demands of caregiving.

SOCIAL AND EMOTIONAL WELL-BEING

1. Promote an aging-positive public narrative.
2. Support new and existing channels that generate peer-to-peer community building.
3. Create opportunities for increased intergenerational connections.
4. Aid older adults in transferring existing skills or learning new skills that can be used in their everyday lives.
5. Remove barriers and increase incentives that allow people to participate in the workforce longer.
6. Build pathways for older adults and people with disabilities to access job and volunteer opportunities.
7. Provide supports that alleviate the physical and emotional demands of caregiving.
8. Make planning for aging an integrated part of Californian’s lives.
PHYSICAL ENVIRONMENT

1. Design for mixed-age, mixed-ability neighborhoods with amenities that meet people’s physical, social, and emotional needs.

   **Policies:**
   Zoning For Mixed-Use, Pedestrian-Friendly Neighborhoods *(Government Agencies)*

2. Design intergenerational spaces and communities.

   **Programs:**
   Intergenerational Housing *(Developers, Social Service Providers, Community Members)*

3. Prioritize health and safety in both existing communities and in the design of new developments.

   **Policies:**
   Improved Police Response Times *(Government Agencies)*
   Stricter Environmental Regulations *(Government Agencies)*

   **Programs:**
   Neighborhood Safety Programs *(Community Members)*
   Walking Clubs *(Community Members)*

4. Include the voices of older adults in planning and development processes.

   **Policies:**
   Representation Requirements *(Government Agencies, Developers)*
   Require representatives of older adults and people with disabilities to sit on cities’ housing and urban development committees and/or city councils.
   New Development/Transit Proximity Requirements *(Government Agencies, Developers)*

5. Develop transportation options that can meet a variety of accessibility needs.

   **Policies:**
   Accessibility Modifications to Public Transit *(Government Agencies)*
   Expanded Public Transit *(Government Agencies)*

   **Programs:**
   Door-Through-Door Services *(Social Service Providers, Healthcare Providers)*
   Mobile/Units Delivery Services *(Social Service Providers, Healthcare Providers, Business Owners)*
6. Make travel convenient and affordable for older adults and people with disabilities.

**Policies:**
Free / Reduced-Price Public Transit Fares (*Government Agencies*)
Taxi Vouchers (*Government Agencies, Business Owners*)
Expanded Public Transit (*Government Agencies*)

**Programs:**
All-day, Same-Day Paratransit (*Government Agencies*)
Affordable Rides to Key Destinations (*Social Service Providers, Healthcare Providers, Business Owners*)
Volunteer Drivers (*Social Service Providers, Community Members*)
Reduced-Price Rideshares (*Government Agencies, Business Owners*)

**Tools:**
Volunteer Rideshare App (*Business Owners, Community Members*)

7. Coordinate transportation offerings across public agencies, social service providers, and private entities in order to make them easily navigable.

**Programs:**
Centralized Dispatch Service (*Government Agencies, Social Service Providers*)
‘Daily Routine Routes’ (*Government Agencies, Social Service Providers*)

8. Streamline housing application processes to ease the process of finding and keeping housing.

**Programs:**
Housing Navigators (*Government Agencies, Social Service Providers*)
Housing Mediation Services (*Social Service Providers, Educators, Business Owners*)

**Tools:**
Universal Housing Application (*Government Agencies, Social Service Providers, Developers*)
Free Housing Application (*Government Agencies, Business Owners, Developers*)

9. Make it easier to build a variety of housing types for diverse lifestyle needs.

**Policies:**
Zoning for Accessory Dwelling Units (ADUs) (*Government Agencies*)
Visitable Housing Requirements (*Government Agencies*)
Mixed-Use Development Incentives (*Government Agencies*)
Streamlined Building Processes (*Government Agencies*)
Increased Investments in Affordable Housing *(Government Agencies)*

**Services and Projects**
Home Modification Programs *(Social Service Providers)*  
Cohousing *(Developers, Community Members)*

**Tools:**
Home Sharing Digital Tool/Hotline *(Social Service Providers, Business Owners, Community Members)*

10. Remove financial and regulatory barriers that prevent older adults from acquiring and keeping their housing.

**Policies:**
Fixed Incomes & Benefits Adjusted for Cost of Living *(Government Agencies)*  
Universal Basic Income *(Government Agencies)*  
Bad Credit Allowances *(Government Agencies)*  
Affordable Unit Requirements *(Government Agencies)*

**Programs:**
Landlord Incentives *(Government Agencies, Developers)*

11. In addition to providing emergency services, provide pathways out of homelessness for individuals that address a range of underlying causes.

**Programs:**
Expedited Rehousing *(Government Agencies, Social Service Providers)*  
Wraparound Services *(Government Agencies, Social Service Providers, Healthcare Providers, Business Owners)*

**SUPPORTIVE SERVICES**

1. Provide services that consider the whole person--their background, experiences, preferences--and meet individual needs.

**Policies**
Inclusive Care Planning *(Government Agencies, Social Service Providers, Healthcare Providers)*
Staff Trainings on Cultural Competency/Implicit Bias *(Government Agencies, Social Service Providers, Healthcare Providers)*

**Services and Projects**
2. Develop service delivery systems that are coordinated and easy to access.

**Policies:**
Dual-Eligible Alignment (Government Agencies)
Healthcare Plans with Mental Health Services (Government Agencies, Healthcare Providers)
Mandated Cognitive Screenings (Government Agencies, Social Service Providers, Healthcare Providers)
“No Wrong Door” Model (Government Agencies)
Care Coordination Model (Government Agencies, Social Service Providers, Healthcare Providers)

**Services and Projects:**
“One-Stop Shop” Model (Government Agencies, Social Service Providers)
“No Wrong Door” Trainings (Government Agencies, Social Service Providers)

**Tools:**
Centralized Online Tool for Supportive Services (Government Agencies, Social Service Providers)
Guidebook of Supportive Services Resources (Government Agencies, Social Service Providers)

3. Expand and train a workforce that matches the growing need to serve an aging population.

**Policies:**
Tuition Subsidies/Loan Forgiveness for Geriatric Professionals (Government Agencies, Philanthropic Funders, Educators)

**Services and Projects:**
“Care for America” Program (Government Agencies, Philanthropic Funders, Educators)
Geriatric-Needs Training for Existing Health Professionals *(Social Service Providers, Healthcare Providers)*

4. Incentivize planning and saving for long-term care.

**Policies:**
- Government Long-Term Care Savings Program *(Government Agencies)*
- State-Sponsored Long-Term Insurance *(Government Agencies)*

5. Provide accessible and affordable channels for financing and saving for long-term care.

**Policies:**
- Increased Supplemental Security Income (SSI) Benefits *(Government Agencies, Philanthropic Funders, Social Service Providers)*
- Assisted Living Waivers *(Government Agencies)*
- Single-Payer Financing System *(Government Agencies)*

**Tools:**
- Long-Term Care (LTC) Guide/Checklist *(Social Service Providers, Healthcare Providers)*

6. Provide supports that alleviate the financial demands of caregiving.

**Policies**
- Livable Wages for Caregivers *(Government Agencies)*
- Subsidized Caregiver Healthcare Plans *(Government Agencies, Healthcare Providers)*

**SOCIAL AND EMOTIONAL WELL-BEING**

1. Promote an aging-positive public narrative.

**Services and Projects**
- Public Activation Campaign *(Healthcare Providers, Social Service Providers, Business Owners, Community Members)*

2. Support new and existing channels that generate peer-to-peer community building.

**Services and Projects**
- Clubs and Classes for Older Adults *(Social Service Providers, Educators, Community Members)*
- Neighborhood Support Group *(Social Service Providers, Community Members)*

3. Create opportunities for increased intergenerational connections.
Services and Projects
Intergenerational Volunteer Program (Social Service Providers, Philanthropic Funders, Educators, Community Members)

4. Aid older adults in transferring existing skills or learning new skills that can be used in their everyday lives.

Services and Projects
Tech Classes for Older Adults (Social Service Providers, Philanthropic Funders, Educators, Community Members)
Free/Reduced College Tuition (Government Agencies, Social Service Providers, Philanthropic Funders, Educators)
Free or reduced tuition for older adults at universities and colleges.
Peer-to-Peer Learning Program (Social Service Providers, Educators, Community Members)

5. Remove barriers and increase incentives that allow people to participate in the workforce longer.

Policies
Regulation Permitting SSI Recipients to Work (Government Agencies)
Senior Employment Programs Funding (Government Agencies)

Services and Projects
Corporate Pledge (Business Owners, Philanthropic Funders, Social Service Providers)
Incentives for Businesses Program (Government Agencies)

6. Build pathways for older adults and people with disabilities to access job and volunteer opportunities.

Services and Projects
Age-Friendly Job/Volunteer Fairs (Social Service Providers, Business Owners)
Volunteer Rewards Programs (Government Agencies, Social Service Providers, Business Owners)

Tools
Volunteer Hotline (Social Service Providers, Business Owners)

7. Provide supports that alleviate the physical and emotional demands of caregiving.

Services and Projects
Flexible Work Hours for Caregivers (Business Owners)
Caregivers Support Groups *(Healthcare Providers, Social Service Providers)*

8. Make planning for aging an integrated part of Californian's lives.

**Services and Projects:**
- Public Campaign on Long-Term Care *(Government Agencies, Philanthropic Funders, Social Service Providers)*
- School Curriculum on Planning for Aging *(Government Agencies, Philanthropic Funders, Social Service Providers)*
- Planning for Aging Classes *(Government Agencies, Philanthropic Funders, Social Service Providers)*