

Heart Scripts

FROM DIVINE LOVE

Hi love,

Stop for a moment and listen.

You have been going so hard- pause, take some deep breaths slow down and hear me.

I desire to care for you, to support you in your goals and desires.

But you have been listening to the part of your mind who drives you so hard. Who needs to keep you busy to survive some illusioned catastrophe.

There is another way.

You know you can actually get to where you want to go much faster if you listen to me. I am that voice deep down inside that encourages you to rest, slow down, take a break, do something fun, stay in bed a little longer, be still...

That voice you brush aside or rationalize away or condemn as lazy or that you think you don't have time for.

What if you just listened to me for one day?
What if it was okay- and that you would not lose anything?
What if you knew that you would not get behind?

You may be surprised at what you can do when you feel loved, cared for, rested, peaceful, and centered.
Just saying, there is much more and life does not need to be this hard.

Try it.
Let go.
I want you to see how it feels. <3

From Divine Love

