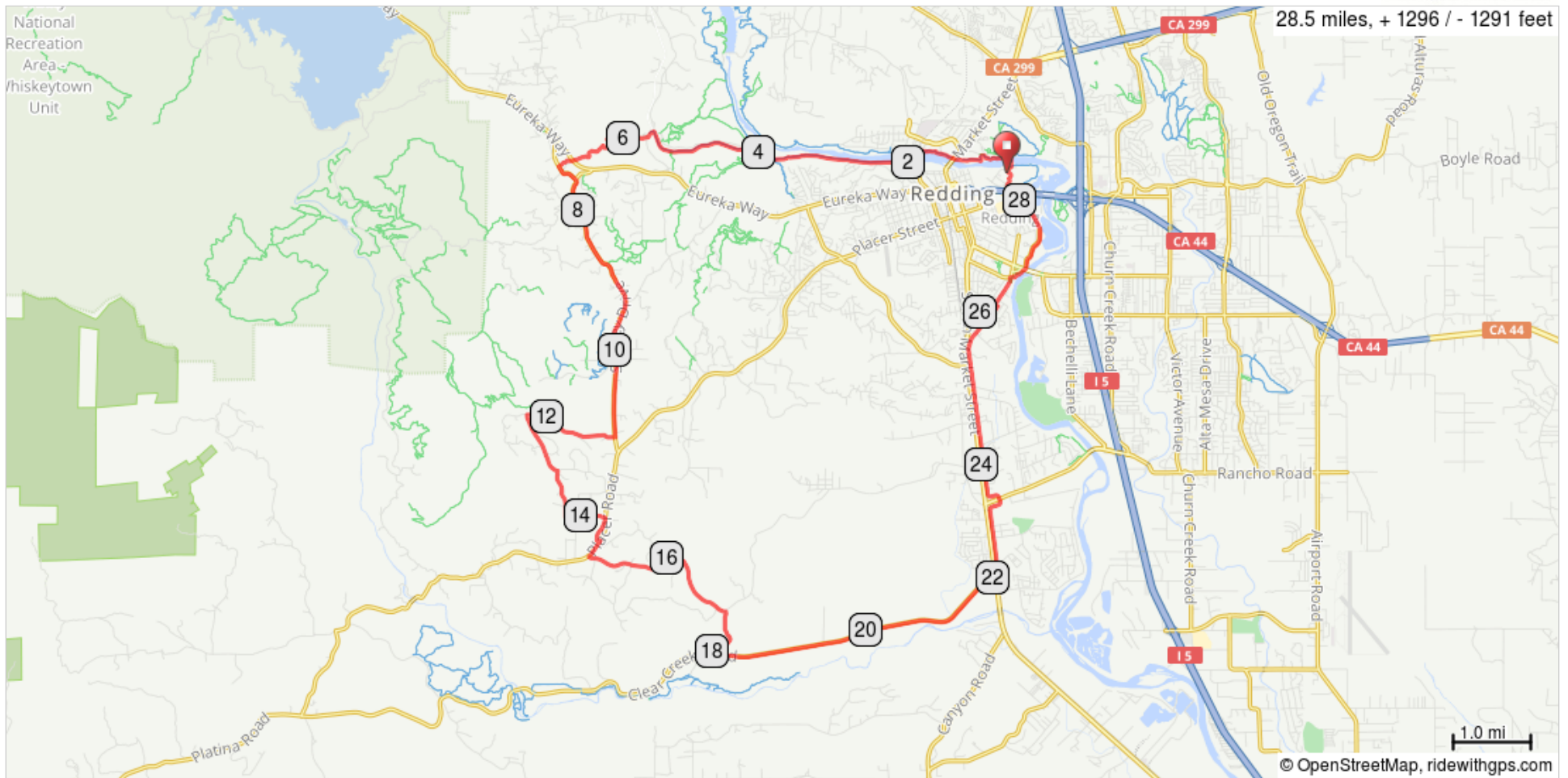


#04 Old Shasta counter clockwise



#04 Old Shasta counter clockwise

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	▶	Start of route	0.0
2.	0.0	0.0	➔	R onto Sacramento River Trail	0.1
3.	0.1	0.1	←	L onto Sacramento River Trail/Sundial Bridge	0.2
4.	0.3	0.2	←	L onto Sacramento River Trail	0.0

0.3 miles. +3/-10 feet

Num	Dist	Prev	Type	Note	Next
8.	1.8	0.1	➔	R to stay on Sacramento River Trail	0.3
9.	2.0	0.3	➔	R onto Middle Creek Rd	0.1
10.	2.1	0.1	↑	Continue onto Shasta Rail Trail	1.8
11.	3.9	1.8	←	L onto Middle Creek Trail	1.8

2.2 miles. +61/-41 feet

Num	Dist	Prev	Type	Note	Next
5.	0.3	0.0	←	L to stay on Sacramento River Trail	0.4
6.	0.7	0.4	←	L to stay on Sacramento River Trail	1.1
7.	1.7	1.1	➔	R to stay on Sacramento River Trail	0.1

1.5 miles. +36/-23 feet

Num	Dist	Prev	Type	Note	Next
12.	5.7	1.8	➔	Slight R onto Middle Creek Rd	1.5
13.	7.2	1.5	←	L onto Red Bluff Rd	0.3
14.	7.5	0.3	↑	Continue onto Swasey Dr	3.5
15.	11.1	3.5	➔	R onto Middletown Park Dr	1.2
16.	12.3	1.2	←	L onto Mountain Shadows Dr	0.8

8.4 miles. +778/-381 feet

Num	Dist	Prev	Type	Note	Next
17.	13.1	0.8	➔	R onto Prospect Dr	1.1
18.	14.3	1.1	➔	R onto Taylor Ln	0.4
19.	14.6	0.4	➔	R onto Co Rd A16/Placer Rd	0.2
20.	14.9	0.2	➔	L onto Texas Springs Rd	2.2
21.	17.1	2.2	➔	R onto Honeybee Rd	0.8
22.	17.9	0.8	➔	L onto Clear Creek Rd	4.0

5.6 miles. +103/-579 feet

Num	Dist	Prev	Type	Note	Next
23.	21.9	4.0	➔	R toward Westside Rd	0.0
24.	21.9	0.0	➔	R onto Westside Rd	0.2
25.	22.1	0.2	⬆	Continue onto Girvan Rd	0.0
26.	22.2	0.0	➔	L onto Eastside Rd	3.6
27.	25.7	3.6	⬆	Continue onto Polk St	0.3
28.	26.0	0.3	➔	R onto Ellis St	0.1
29.	26.2	0.1	➔	L onto Anita St	0.2

8.3 miles. +40/-35 feet

Num	Dist	Prev	Type	Note	Next
30.	26.3	0.2	➔	L onto Rio St	0.0
31.	26.4	0.0	➔	R onto Freebridge St	0.4
32.	26.8	0.4	➔	R onto Parkview Ave	0.0
33.	26.8	0.0	➔	R toward Park Marina Dr	0.0
34.	26.8	0.0	➔	L toward Park Marina Dr	0.2
35.	27.0	0.2	➔	R onto Park Marina Dr	1.2

0.8 miles. +1/-15 feet

Num	Dist	Prev	Type	Note	Next
36.	28.2	1.2	➔	R onto Sundial Bridge Drive	0.1
37.	28.3	0.1	➔	R to stay on Sundial Bridge Drive	0.2
38.	28.5	0.2	⚑	End of route	0.0

1.6 miles. +8/-6 feet