Organization: New Morning Youth & Family Services
Address: 6765 Green Valley Rd
Placerville, CA 95667
Phone Number: 530-622-5551 x110
Email: heather@newmorningyfs.org

Program Contact: Heather Kregoski, Program Administrator
Grant Title: Child Treatment Services
Award Date: July 1, 2014
Grant Amount: $20,000
Report Completed: July 24, 2015
Final Grant Report

INFORMATION TO BE INCLUDED IN FINAL GRANT REPORT

COVER SHEET WITH THE FOLLOWING INFORMATION:

- GRANTEE ORGANIZATION, ADDRESS, PHONE NUMBER AND EMAIL
- NAME AND TITLE OF PERSON SUBMITTING REPORT
- GRANT TITLE
- AWARD DATE
- GRANT AMOUNT
- DATE FINAL REPORT COMPLETED

Your Final Grant Report is due no later than July 31, 2015 and should be sent, by email, to:

wfedgrants@eldoradocf.org

If you have any questions, please contact Robyn Parker, Grants Committee Chair, at 530-417-6637 or wfedgrants@eldoradocf.org.

PART I: PROGRAM NARRATIVE (not to exceed 4 pages)

1. List the goals and objectives of the project/program followed by the progress made toward achieving each goal and objective.

The goals and objectives listed by New Morning in our grant proposal include:
- Objective # 1: Minimum of 50 children will receive individual assessments, treatment plans and individual therapy;
- Objective # 2: Minimum of 20 families will participate in family counseling;
- Objective # 3: Minimum of 15 students will participate in group counseling.

All of these objectives have produced greater results than originally anticipated. There are a number of factors that prevent individuals/families from accessing services including: financial hardship, lack of transportation, isolation and/or an absence of insurance. The Women’s Fund grant allowed for New Morning clinicians to provide services for this underserved population of our community. During this 2014-15 fiscal year, New Morning therapists provided family therapy for 32 families, group counseling for 22 youth, and individual therapy for 53 youth.
2. What difference did this grant make in your community and for the population you are serving? Please provide specific outcome results and/or data to support your impact (e.g. age groups, number of unduplicated clients, ethnic populations, etc.)

The Women’s Fund grant helped New Morning provide services to youth in our community who did not have adequate access to services. Services rendered include; individual, group, and family counseling for an underserved population of our community. All clients and parents/guardians are provided with Client Satisfaction Survey at the conclusion of services. Client feedback received during the 2014-15 fiscal year indicated that clients and families were more than satisfied with the quality of services provided.

Clients indicated the services received met their needs and assisted them in effectively dealing with their presenting issues and concerns. According to the Client Satisfaction Questionnaire, the quality of service received, which is measured as 1 being poor and 4 being excellent, was averaged as 3.684. The questionnaire also asks clients to what extent our program has met their needs. This questions was rated as 1= no needs met, 2= only a few needs met, 3= most needs met, and 4= almost all needs met. On this question our clients rated us at an average of 3.52. Furthermore, New Morning averaged a 3.59 rating, on a scale of 1-4, in effectively helping clients deal appropriately with their problems.

Below is a breakdown of reported client issues and demographic data for youth/families who received services funded through the Women’s Fund grant:

<table>
<thead>
<tr>
<th>Client Issues</th>
<th>17.2%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Abuse</td>
<td>55.9%</td>
</tr>
<tr>
<td>Emotional Abuse</td>
<td>39.8%</td>
</tr>
<tr>
<td>Neglect</td>
<td>32.3%</td>
</tr>
<tr>
<td>Physical Abuse</td>
<td>72%</td>
</tr>
<tr>
<td>Family History of AOD</td>
<td>55.9%</td>
</tr>
<tr>
<td>Witnessed DV</td>
<td>28%</td>
</tr>
<tr>
<td>Abandonment</td>
<td>33.3%</td>
</tr>
<tr>
<td>Experienced Mal./Violence</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Demographic Data</th>
<th>79%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td></td>
</tr>
<tr>
<td>Hispanic</td>
<td>9%</td>
</tr>
<tr>
<td>American Indian</td>
<td>3%</td>
</tr>
<tr>
<td>African American</td>
<td>2%</td>
</tr>
<tr>
<td>Asian</td>
<td>3%</td>
</tr>
</tbody>
</table>

3. Did you meet any unexpected challenges during the project/program? If so, how did you handle them?

No, we did not meet any unexpected challenges during the program.

4. Describe lessons learned. What would you do differently?
New Morning was able to achieve our goals and objectives with greater results than originally anticipated. As a result, it became very apparent early on that the true needs of our community in properly accessing services are far greater than the scope of services rendered during the 2014-15 fiscal year. New Morning used all grant dollars to provide an array of services within the first six months of the grant period. New Morning clinicians provided quality services to a larger number of clients/families than originally proposed. New Morning was strategic in utilizing grant dollars to make the biggest impact possible. There is nothing New Morning would not change the way in which services were delivered during the grant period.

5. Has this grant helped a) attract new funds? Or b) increase volunteer involvement? If so, how?

New Morning is always looking therapist trainees/interns that are trying to gain hours toward licensure. New Morning has well developed trainee/intern program that provides quality support and clinical supervision to budding therapist. New Morning holds a high importance in providing quality professional training to all trainees/interns. During this grant reporting period, New Morning welcomed two Marriage and Family trainees to deliver services. The use of trainees aided New Morning in maximizing grant dollars to ensure a quality impact in services rendered.

6. Please provide at least one success story from the project/program that was a direct result of the WFED’s funding. Stories do not need to be lengthy (250 words or less is typically sufficient) and should be written in third person. Please feel free to attach pictures.

Client: 14-162
(for the purpose of this report the clients real name has been changed)

Melissa is a 14 year old Caucasian teen in the 9th grade was referred to counseling by her mother after she learned that the client was cutting her arms and writing morbid stories about death and suicide. Her mother shared concerns that Melissa was having some possible sexual identity issues and was asking to cut her hair short like a boy. In addition, the client has a significant history of being verbally bullied and appeared to be struggling with social anxiety problems as a result. Unfortunately Melissa had no insurance, did not qualify for Medi-Cal and had limited transportation.

Treatment focused on ongoing assessment for safety concerns and treating for social anxiety and identity issues. Melissa’s motivation to make changes was strong. She shared early on in treatment that she was easily triggered by the way others treated her. For example, name calling at school or in the community would cause her to feel sad enough to think about suicide and/or cutting herself. Using Dialectical Behavior Therapy, and safety planning, the therapist worked with Melissa on strengthening her emotional regulation, and she succeeded in reversing her cutting behavior and suicidal ideation. Over the course of treatment, she reported that her writing, which was her hobby, had less gruesome content. Her self-esteem increased dramatically, as did her sense of well-being. She found her social niche at school and which aided in decreasing her social anxiety to a manageable level. Melissa explored her sexual identity issues, and determined that she identified as a bisexual female, with which she
was comfortable enough to disclose to her friends. By the time treatment had ended, Melissa had dated a boy, and moved onto a romantic relationship with a girl.

**PART II: PROGRAM BUDGET**

1. Please provide a copy of your approved budget, a list of actual expenditures of the Women’s Fund El Dorado grant funds during the project/program, and an explanation of any differences. (If a portion of your grant remains unexpended, please contact the Women’s Fund prior to submitting your final report.) Please use the Excel spreadsheet Line Item Budget template provided.

2. How will this project/program be sustained in the future?

   New Morning Youth & Family Services will continue to seek funding opportunities that will continue to enable the agency in providing services to the underserved portion of our community.