



## Central PANAMA

June 18-25, 2018

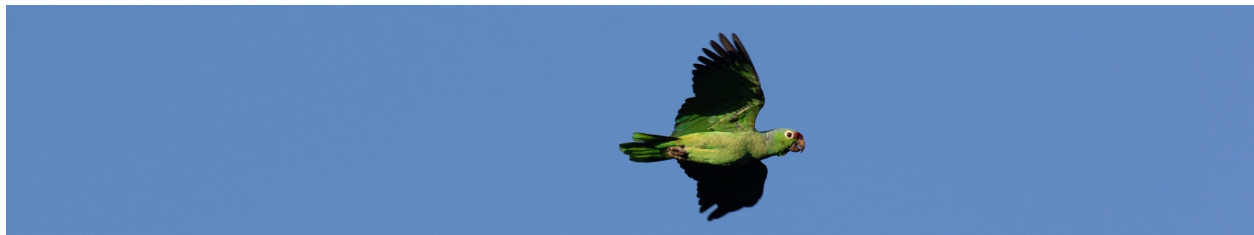
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Photos by Josh Engel. [Click here to see the trip photo gallery.](#)

This trip took in many of the best birding spots in Central Panama and highlighted the incredible concentration of great birds in a small area. We stayed in three different lodges, none of them more than 1.5 hours from Panama City! We spent time in the Canal Zone's Soberanía National Park and two higher elevation locations, Cerro Azul and Nusagandi. Our lowland birding featured the likes of **Great Tinamou, Blue Cotinga, Scaly-throated Leaf-tosser, Green Shrike-Vireo, Spotted Antbird, Streak-chested Antpitta, and Jet Antbird**, along with four species of **puffbirds**. In the cooler highlands we found **Sapayoa, Black-crowned Antpitta, Crimson-bellied Woodpecker, Stripe-cheeked Woodpecker, Violet-capped Hummingbird, and Sulphur-rumped Tanager**. The mammals were also excellent, with a wonderful **Northern Tamandua, Geoffroy's Tamarin**, and several **sloths**, including one doing its weekly defecation on the ground.

### TOP 5 BIRDS

<b>1. Crimson-bellied Woodpecker</b>
<b>2 (tie). Black-crowned Antpitta</b>
<b>2 (tie). Chocó Screech-Owl</b>
<b>4 (tie). Sapayoa</b>
<b>4 (tie). Streak-chested Antpitta</b>



*A Red-shouldered Parrot flies past a canopy tower in Soberanía National Park.*

### Day 1: Arrival, to Gamboa

We arrived in Panama without problems, made it through immigrations and customs, picked up our car, and off we were to the Canal Zone. We made good time and had enough light to do some birding around the town of Gamboa, which is surrounded by forest. It was a great introduction to birds of the Canal Zone, with **Golden-hooded** and **Plain-colored Tanagers**, **Slaty-tailed Trogon**, **Cocoa Woodcreeper**, **Panama Flycatcher**, **Short-tailed Swift**, and many other typical forest edge birds. We also saw a small troop of **Mantled Howler Monkeys**. We had a delicious dinner at our bed and breakfast and went to sleep excited to get our forest birding started in the morning.

### Day 2: Pipeline Road

We were up early, just as the first birds were singing. We had a cup of coffee and off we were to the famed Pipeline Road. We parked, got out of the car, and almost immediately Max spotted a **Great Potoo** roosting in a tree near the trail. Amazing! It was a great start to a great outing. We had a steady stream of birds throughout our walk. Highlights included spectacular looks at **Spotted**, **Bicolored**, and **Chestnut-backed Antbirds**, **Cinnamon Woodpeckers** at a nest, **Broad-billed** and **Rufous Motmot**, **White-tailed**, **Gartered**, and **Slaty-tailed Trogons**, **Black-chested** and **Pied Puffbirds**, **Olivaceous Flatbill**, **Russet-winged Schiffornis**, and many others. We were still finding birds at the end of the morning, with a **Black-striped Woodcreeper** showing beautifully and a **Hook-billed Kite** greeting us as we returned to the car. We made several short forays off the road into the forest, often to track down singing birds, but sometimes we got lucky: one time we ended up with great views of non-vocalizing **Scaly-throated Leaf-tosser**, another time we ended up watching a **Northern Tamandua** climb a tree then cross a creek on a fallen branch. It took a few tries, but eventually we had great looks at the strange **Southern Bentbill**. We also tracked down **Streak-chested Antpitta** for spectacular, prolonged views.



A Streak-chested Antpitta showed surprisingly well on Pipeline Road.

We returned to Gamboa for lunch, where a downpour started. Rain would continue for the afternoon, but we were able to get in some birding, seeing birds like **Isthmian Wren**, **Muscovy Duck**, **Rufescent Tiger-Heron**, **Wattled Jacana**, **Bat Falcon**, **Greenish Elaenia**, and **Yellow Tyrannulet**.

### Day 3: Rainforest Discovery Center, Ammo Dump Ponds, and Summit Ponds

We set out early again, wanting to get to the nearby canopy tower as early as possible. Even though it was getting light, we found a **Pauraque** on the road on our way there, and entering the forest, we had nice views of a **Great Tinamou** on the road. We climbed up the tower, where the sun was shining on the rainforest canopy. A beautiful **Scaled Pigeon** and a lovely pair of **Mealy Parrots** were sitting on treetops near the tower. Not long after we spotted two male **Blue Cotingas**, their brilliant blue shining in the morning sun. We eventually got excellent views of **Green Shrike-Vireo**, another canopy specialty, seeing an adult being followed by a juvenile. Other birds from the tower included **White Hawk**, **Brown-capped Tyrannulet**, **Blue Dacnis**, **Green Honeycreeper**, **Piratic Flycatcher**, and **Keel-billed Toucan**.



**Male Crowned Woodnymph at a feeder setup**

The sun stayed out and birds quieted, so we returned to the forest floor and walked some of the trails in the area. One good area was around the lake, where many **White-throated Crakes** were calling, but none would come into view. Another great area was around the visitors' center, where six species of **hummingbirds** were buzzing around the feeder setup, including our first **Violet-bellied** and **Blue-chested Hummingbirds**, and where the staff pointed out a **Fasciated Antshrike** on a nest. Best of all was a **Semiplumbeous Hawk** that flew in and landed,

giving us excellent views of this uncommon hawk and creating quite the ruckus among the **Yellow-backed Orioles** and **Scarlet-rumped Caciques**.

We headed back towards Gamboa, stopping at the Ammo Dump Ponds and adjacent forest. Here we found **Rusty-margined** and **Boat-billed Flycatcher**, **Black-bellied Wren**, **Barred Antshrike**, and a variety of waterbirds including a group of adorable, very young **Black-bellied Whistling-Ducks**.

After a delicious local lunch in town, we visited another group of ponds. These ones held **Green** and **Ringed Kingfishers** and we had beautiful views of **Greater Anis** showing off their glossy purple tails and blue wings in the sunlight. We moved on to another forested trail, which was quiet for birds but had some great mammals, including a group of **Geoffroy's Tamarins** and a **Brown-throated Three-toed Sloth** that we watched at very close range descend to the ground, poop, and climb back up into the canopy. We finished the day's birding back close to Gamboa, where we found some more new birds, including **Forest Elaenia**, **White-bellied Antbird**, **Buff-breasted Wren**, and **Golden-fronted Greenlet**.

#### Day 4: Canal Zone to Cerro Azul

We started the day birding Plantation Road in Soberanía National Park. It was a wonderful, cool morning to walk through the jungle. We slowly but steadily picked up excellent birds, including **Golden-crowned Spadebill**, **White-whiskered Puffbird**, **Dusky Antbird**, **Shining Honeycreeper**, and **Black-throated Trogon**. Amazingly, for the second time this trip, we had outstanding views of **Scaly-throated Leaf-tosser**. Our luck with mammals continued, too, with four adorable young **Nine-banded Armadillos** that were completely oblivious to our presence, to the point that they literally walked over our feet!

After birding the lowlands for a few days, we made our way to the higher elevations of Cerro Azul. The temperature was noticeable cooler as we settled into our accommodations, where a **Rufous-capped Warbler** was confused by its reflection in a car window in the driveway—a strange way to see a lifer! We spent the afternoon birding the forests and neighborhoods of Los Altos Cerro Azul in light rain, finding some good birds, including **Bay-headed**, **Speckled**, **Hepatic**, **Carmioli's**, and **Plain-colored Tanagers**.

#### Day 5: Cerro Azul

It turned out the main trails we wanted to hike on Cerro Jefe were inaccessible, so we made the best of the situation and found some nearby areas to visit. Fortunately, the birding was good, and we were able to find two of our main target birds here, the Panama endemics **Stripe-cheeked Woodpecker** and **Violet-capped Hummingbird**. Both of them, incredibly, were right at home we were staying in! Higher on the mountain we spent some time with a flock of **Black-and-yellow Tanagers**, including a beautiful male. **Snowy-bellied Hummingbirds** were common throughout the day, and we regularly came across many tanager flocks containing **Speckled**, **Golden-hooded**, **Bay-headed**, **Plain-colored**, and other **tanagers**, plus **Fulvous-vented**



**Euphonia.** Other birds we came across as we wandered around Cerro Azul included **White-whiskered Puffbird**, **Gartered Trogon**, **Rufous Motmot**, and many **Swallow-tailed Kites**. We finished the day with some owling, getting great views of **Tropical Screech-Owl** and **Pauraque** and hearing the bizarre and wonderful call of **Great Potoo**.

#### Day 6: Cerro Azul to Nusagandi

Given that we had seen two of our main targets and the other nearby forests were off-limits to visitors, we changed plans and headed into the lowlands early to bird the marshes, grasslands, and forest edge east of Panama City. It's a very birdy area and we added many new species for the trip, including **Bare-throated Tiger-Heron**, **Plain-breasted Ground Dove**, **Lesser Yellow-headed Vulture**, **Ruddy-breasted Seedeater**, **Yellow-margined** and **Fort-tailed Flycatchers**, **Hook-billed Kite**, **Pearl Kite**, and **Savannah Hawk**.



**Spot-crowned Antwreio in the forests of Nusagandi**

As the morning got hot, we headed back into the mountains to Nusagandi, a small village at the edge of the Kuna Yala Tribal Area. We stopped in at our charming lodge, dropped off our bags, saw a **King Vulture** soaring over the forest adjacent to the lodge, and headed into the spectacular forest for the afternoon. We started out hiking into the forest to look for some of the regions many rare birds. We found some excellent mixed flocks, which included **Slate-throated Gnatcatcher**, **Sulphur-rumped**, **Black-and-yellow**, and **Emerald Tanagers**, **Spot-crowned Antwreio**, **Slate-colored Grosbeak**, and **Tawny-crowned Euphonia**. After turning back towards the road, a **Black-crowned Antpitta** started calling very near the trail, but despite our

effort it remained unseen. We did get fantastic views of **Red-capped Manakin** and, better still, the rare **Crimson-bellied Woodpecker**. It was a muddy but tremendous walk.

We still had some daylight left and birded along the road, which is lined with forest. We encountered several more mixed tanager flocks and had great views of **Plumbeous** and **Double-toothed Kites**, **Purple-crowned Fairy**, **Brown-hooded Parrot**, and **Pied Puffbird**. After dinner we checked the lodge grounds for owls, hearing distant **Mottled** and **Crested Owls** and a very close **Black-and-white Owl** that we couldn't see.

#### Day 7: Nusagandi area

We woke up in this beautiful region of Panama to a light rain after a night of occasional downpours. We had breakfast, the rain stopped, and off we were to the forest. We returned to the same trail as yesterday, that winds through thick forest and steep ravines. Very soon we heard **Black-crowned Antpitta**, a different one than yesterday, and this one came into view for half the group—a spectacular, if sneaky, antpitta. Not only did we see it, but we listened to it sing a single song for over three minutes! What a way to start the hike. We continued on, reaching an area where we wanted to look for Sapayoa, a single species making up a monotypic family that is endemic to the Chocó bioregion. We heard one singing and chased it down. It took some effort and some maneuvering on a muddy slope, but Max's sharp eyes came through again and we all had excellent views of this unique bird.



**White-whiskered Puffbird was one of five species of puffbirds we saw.**

We continued on, stopping for mixed flocks, which like yesterday included **Slate-throated Gnatcatcher** and **Sulphur-rumped Tanager**, as well as **Rufous-winged Tanager**, reaching the

end of the trail. Here we heard another of our targets, **Dull-mantled Antbird**. The pair was extremely responsive, offering great views, the male even fluffing out his white back feathers, showing that his mantle isn't so dull after all. After many views of hummingbirds shooting through the forest, we were very pleased to have a female **Bronze-tailed Plumeleteer** sit on a branch for us.

We made it back out to the car muddy and sweaty, but very happy with our successes. We returned to the lodge for lunch, a bit of World Cup watching, and set out again for an afternoon of road birding, following the road all the way down to the Caribbean. It's a spectacular road through high-quality forest. We encountered many mixed flocks along the way, which included a stunning **Spot-crowned Barbet**, many **Carniol's Tanagers** (including one eating a lizard and another eating a stick insect), **Black-and-gold Tanager**, **Black-striped Woodcreeper**, and lots more. **Plumbeous Kites** and **Mealy Parrots** were frequently seen sitting atop roadside trees. The river crossing near the coast quickly revealed many more new birds for us, including **Jet Antbird**, **Amazon Kingfisher**, and **Long-tailed Tyrant**.

We wanted to try again for owls. The **Black-and-white Owls** from around the lodge the previous night were nowhere to be found, so we decided to try along the road. Here we found a couple of **Pauraques** sitting in the road, but the real highlight was an incredible, close look at a **Chocó Screech-Owl**.

#### **Day 8: Nusagandi to Panama City**

We had one last full day of birding. We spent the morning hiking a trail from the lodge with the proprietor's father. It was a beautiful hike through great habitat, but try as we might, we couldn't turn up a **Spiny-faced Antshrike**. We heard a **Dull-mantled Antbird** and saw various characteristic forest birds. Almost back to the starting point Max came through again, spotting a **Plumbeous Hawk** over the trail just before it took off into the dense hillside forest, where we couldn't re-find it. Completing the plumbeous sweep for the day, we found a **Semiplumbeous Hawk** drying out on a roadside tree as we started making our way back to Panama City.

We still had plenty of time to check out Panama City's hotspots and we started with the Costa del Este, checking out the mudflats on the incoming tide. They were full of birds, including many new shorebirds for the trip, plus **Yellow-crowned Night-Heron**, **Blue-footed Booby**, and a very impressive quantity of birds, especially **shorebirds**, **pelicans**, **frigatebirds**, and **cormorants**. We then headed to the west side of the city to Parque Metropolitano. We added a surprising number of new birds on our short walk here, including **Crimson-crested Woodpecker**, **Rufous-and-white** and **Rufous-breasted Wren**, **White-winged Becard**, and a beautiful male **Lance-tailed Manakin**.

**BIRD LIST.** 285 species, including 10 heard only. Taxonomy follows the Clements/eBird Checklist, 2017 update. Names in *Field Guide to the Birds of Panama* by Angehr and Dean are in parentheses. (H) denoted heard only. IUCN Red List status listed for threatened and near-



threatened species: CR=Critically Endangered, EN=Endangered, VU=Vulnerable, NT=Near-threatened.

Great Tinamou (NT) - *Tinamus major*  
Little Tinamou (H) - *Crypturellus soui*  
Black-bellied Whistling-Duck - *Dendrocygna autumnalis*  
Muscovy Duck - *Cairina moschata*  
Gray-headed Chachalaca - *Ortalis cinereiceps*  
Wood Stork - *Mycteria americana*  
Magnificent Frigatebird - *Fregata magnificens*  
Blue-footed Booby - *Sula nebouxii*  
Neotropic Cormorant - *Phalacrocorax brasilianus*  
Anhinga - *Anhinga anhinga*  
Brown Pelican - *Pelecanus occidentalis*  
Rufescent Tiger-Heron - *Tigrisoma lineatum*  
Bare-throated Tiger-Heron - *Tigrisoma mexicanum*  
Cocoi Heron - *Ardea cocoi*  
Great Egret - *Ardea alba*  
Snowy Egret - *Egretta thula*  
Little Blue Heron - *Egretta caerulea*  
Cattle Egret - *Bubulcus ibis*  
Green Heron - *Butorides virescens*  
Striated Heron - *Butorides striata*  
Black-crowned Night-Heron - *Nycticorax nycticorax*  
Yellow-crowned Night-Heron - *Nyctanassa violacea*  
White Ibis - *Eudocimus albus*  
Black Vulture - *Coragyps atratus*  
Turkey Vulture - *Cathartes aura*  
Lesser Yellow-headed Vulture - *Cathartes burrovianus*  
King Vulture - *Sarcoramphus papa*  
Pearl Kite - *Gampsonyx swainsonii*  
White-tailed Kite - *Elanus leucurus*  
Hook-billed Kite - *Chondrohierax uncinatus*  
Swallow-tailed Kite - *Elanoides forficatus*  
Snail Kite - *Rostrhamus sociabilis*  
Double-toothed Kite - *Harpagus bidentatus*  
Plumbeous Kite - *Ictinia plumbea*  
Plumbeous Hawk (VU) - *Cryptoleucopteryx plumbea*  
Common Black Hawk - *Buteogallus anthracinus*  
Savanna Hawk - *Buteogallus meridionalis*



Great Black Hawk - *Buteogallus urubitinga*  
Roadside Hawk - *Rupornis magnirostris*  
White Hawk - *Pseudastur albicollis*  
Semiplumbeous Hawk - *Leucopternis semiplumbeus*  
Gray-lined Hawk - *Buteo nitidus*  
Short-tailed Hawk - *Buteo brachyurus*  
White-throated Crake (H) - *Laterallus albigularis*  
Gray-breasted Crake (H) - *Laterallus exilis*  
Purple Gallinule - *Porphyrio martinica*  
Common Gallinule - *Gallinula galeata*  
Black-necked Stilt - *Himantopus mexicanus*  
Black-bellied Plover - *Pluvialis squatarola*  
Southern Lapwing - *Vanellus chilensis*  
Wattled Jacana - *Jacana jacana*  
Whimbrel - *Numenius phaeopus*  
Western Sandpiper - *Calidris mauri*  
Short-billed Dowitcher - *Limnodromus griseus*  
Greater Yellowlegs - *Tringa melanoleuca*  
Willet - *Tringa semipalmata*  
Laughing Gull - *Leucophaeus atricilla*  
Royal Tern - *Thalasseus maximus*  
Rock Pigeon - *Columba livia*  
Pale-vented Pigeon - *Patagioenas cayennensis*  
Scaled Pigeon - *Patagioenas speciosa*  
Short-billed Pigeon - *Patagioenas nigrirostris*  
Plain-breasted Ground-Dove - *Columbina minuta*  
Ruddy Ground-Dove - *Columbina talpacoti*  
White-tipped Dove - *Leptotila verreauxi*  
Gray-chested Dove (H) - *Leptotila cassinii*  
Greater Ani - *Crotophaga major*  
Smooth-billed Ani - *Crotophaga ani*  
Groove-billed Ani - *Crotophaga sulcirostris*  
Striped Cuckoo - *Tapera naevia*  
Squirrel Cuckoo - *Piaya cayana*  
Barn Owl - *Tyto alba*  
Tropical Screech-Owl - *Megascops choliba*  
Vermiculated (Chocó) Screech-Owl - *Megascops guatemalae*  
Crested Owl (H) - *Lophostrix cristata*  
Spectacled Owl (H) - *Pulsatrix perspicillata*  
Mottled Owl (H) - *Ciccaba virgata*

Black-and-white Owl (H) - *Ciccaba nigrolineata*  
Common Pauraque - *Nyctidromus albicollis*  
Great Potoo - *Nyctibius grandis*  
Vaux's Swift - *Chaetura vauxi*  
Short-tailed Swift - *Chaetura brachyura*  
Band-rumped Swift - *Chaetura spinicaudus*  
Lesser Swallow-tailed Swift - *Panyptila cayennensis*  
White-necked Jacobin - *Florisuga mellivora*  
Band-tailed Barbthroat - *Threnetes ruckeri*  
Long-billed Hermit - *Phaethornis longirostris*  
Stripe-throated Hermit - *Phaethornis striigularis*  
Purple-crowned Fairy - *Heliotheryx barroti*  
Violet-headed Hummingbird - *Klais guimeti*  
White-vented Plumeleteer - *Chalybura buffonii*  
Bronze-tailed Plumeleteer - *Chalybura urochrysis*  
Crowned (Green-crowned) Woodnymph - *Thalurania colombica*  
Blue-chested Hummingbird - *Amazilia amabilis*  
Snowy-bellied Hummingbird - *Amazilia edward*  
Rufous-tailed Hummingbird - *Amazilia tzacatl*  
Violet-capped Hummingbird (NT) - *Goldmania violiceps*  
Violet-bellied Hummingbird - *Juliomyia julie*  
Slaty-tailed Trogon - *Trogon massena*  
White-tailed Trogon - *Trogon chionurus*  
Gartered Trogon - *Trogon caligatus*  
Black-throated Trogon - *Trogon rufus*  
Whooping (Blue-crowned) Motmot - *Momotus subrufescens*  
Rufous Motmot - *Baryphthengus martii*  
Broad-billed Motmot - *Electron platyrhynchum*  
Ringed Kingfisher - *Megaceryle torquata*  
Amazon Kingfisher - *Chloroceryle amazona*  
Green Kingfisher - *Chloroceryle americana*  
American Pygmy Kingfisher - *Chloroceryle aenea*  
White-necked Puffbird - *Notharchus hyperrhynchus*  
Black-breasted Puffbird - *Notharchus pectoralis*  
Pied Puffbird - *Notharchus tectus*  
White-whiskered Puffbird - *Malacoptila panamensis*  
Spot-crowned Barbet - *Capito maculicoronatus*  
Collared Aracari - *Pteroglossus torquatus*  
Yellow-throated (Chestnut-mandibled) Toucan (NT) - *Ramphastos ambiguus*  
Keel-billed Toucan - *Ramphastos sulfuratus*

Black-cheeked Woodpecker - *Melanerpes pucherani*  
Red-crowned Woodpecker - *Melanerpes rubricapillus*  
Stripe-cheeked Woodpecker - *Piculus collopterus*  
Cinnamon Woodpecker - *Celeus loricatus*  
Lineated Woodpecker - *Dryocopus lineatus*  
Crimson-bellied Woodpecker - *Campephilus haematogaster*  
Crimson-crested Woodpecker - *Campephilus melanoleucos*  
Collared Forest-Falcon - *Micrastur semitorquatus*  
Crested Caracara - *Caracara cheriway*  
Yellow-headed Caracara - *Milvago chimachima*  
Laughing Falcon - *Herpetotheres cachinnans*  
American Kestrel - *Falco sparverius*  
Bat Falcon - *Falco ruficularis*  
Orange-chinned Parakeet - *Brotogeris jugularis*  
Brown-hooded Parrot - *Pyrilia haematotis*  
Blue-headed Parrot - *Pionus menstruus*  
Red-lored Parrot - *Amazona autumnalis*  
Mealy Parrot (NT) - *Amazona farinosa*  
Sapayoa - *Sapayoa aenigma*  
Fasciated Antshrike - *Cymbilaimus lineatus*  
Barred Antshrike - *Thamnophilus doliatus*  
Black-crowned (Western Slaty-) Antshrike - *Thamnophilus atrinucha*  
Spot-crowned Antwren - *Dysithamnus puncticeps*  
Checker-throated Antwren - *Epinecrophylax fulviventris*  
White-flanked Antwren - *Myrmotherula axillaris*  
Dot-winged Antwren - *Microrhophias quixensis*  
Dusky Antbird - *Cercomacroides tyrannina*  
Jet Antbird - *Cercomacra nigricans*  
White-bellied Antbird - *Myrmeciza longipes*  
Chestnut-backed Antbird - *Poliocrania exsul*  
Dull-mantled Antbird - *Sipia laemosticta*  
Bicolored Antbird - *Gymnopithys bicolor*  
Spotted Antbird - *Hylophylax naevioides*  
Black-crowned Antpitta - *Pittasoma michleri*  
Streak-chested Antpitta - *Hyllopezus perspicillatus*  
Black-faced Antthrush - *Formicarius analis*  
Scaly-throated Leaf-tosser - *Sclerurus guatemalensis*  
Olivaceous Woodcreeper - *Sittasomus griseicapillus*  
Plain-brown Woodcreeper - *Dendrocincla fuliginosa*  
Wedge-billed Woodcreeper - *Glyphorhynchus spirurus*

Cocoa Woodcreeper - *Xiphorhynchus susurrans*  
Black-striped Woodcreeper - *Xiphorhynchus lachrymosus*  
Spotted Woodcreeper - *Xiphorhynchus erythropygius*  
Streak-headed Woodcreeper - *Lepidocolaptes souleyetii*  
Plain Xenops - *Xenops minutus*  
Buff-throated Foliage-gleaner - *Automolus ochrolaemus*  
Pale-breasted Spinetail - *Synallaxis albescens*  
Brown-capped Tyrannulet - *Ornithion brunneicapillus*  
Southern Beardless-Tyrannulet - *Camptostoma obsoletum*  
Yellow Tyrannulet - *Capsiempis flaveola*  
Yellow-crowned Tyrannulet - *Tyrannulus elatus*  
Forest Elaenia - *Myiopagis gaimardii*  
Greenish Elaenia - *Myiopagis viridicata*  
Yellow-bellied Elaenia - *Elaenia flavogaster*  
Lesser Elaenia - *Elaenia chiriquensis*  
Olive-striped Flycatcher - *Mionectes olivaceus*  
Paltry Tyrannulet - *Zimmerius vilissimus*  
Southern Bentbill - *Oncostoma olivaceum*  
Common Tody-Flycatcher - *Todirostrum cinereum*  
Olivaceous Flatbill - *Rhynchocyclus olivaceus*  
Yellow-margined Flycatcher - *Tolmomyias assimilis*  
Golden-crowned Spadebill - *Platyrinchus coronatus*  
Royal Flycatcher - *Onychorhynchus coronatus*  
Ruddy-tailed Flycatcher - *Terenotriccus erythrurus*  
Black Phoebe - *Sayornis nigricans*  
Pied Water-Tyrant - *Fluvicola pica*  
Long-tailed Tyrant - *Colonia colonus*  
Dusky-capped Flycatcher - *Myiarchus tuberculifer*  
Panama Flycatcher - *Myiarchus panamensis*  
Lesser Kiskadee - *Pitangus lictor*  
Great Kiskadee - *Pitangus sulphuratus*  
Boat-billed Flycatcher - *Megarynchus pitangua*  
Rusty-margined Flycatcher - *Myiozetetes cayanensis*  
Social Flycatcher - *Myiozetetes similis*  
Gray-capped Flycatcher - *Myiozetetes granadensis*  
Streaked Flycatcher - *Myiodynastes maculatus*  
Piratic Flycatcher - *Legatus leucophaeus*  
Tropical Kingbird - *Tyrannus melancholicus*  
Fork-tailed Flycatcher - *Tyrannus savana*  
Purple-throated Fruitcrow - *Querula purpurata*



Blue Cotinga - *Cotinga nattererii*  
Rufous Piha - *Lipaugus unirufus*  
Lance-tailed Manakin - *Chiroxiphia lanceolata*  
Blue-crowned Manakin - *Lepidothrix coronata*  
Red-capped Manakin - *Ceratopipra mentalis*  
Masked Tityra - *Tityra semifasciata*  
Russet-winged Schiffornis - *Schiffornis stenorhyncha*  
White-winged Becard - *Pachyramphus polychopterus*  
Scrub Greenlet (H) - *Hylophilus flavipes*  
Green Shrike-Vireo - *Vireolanius pulchellus*  
Lesser Greenlet - *Pachysylvia decurtata*  
Golden-fronted Greenlet - *Pachysylvia aurantiifrons*  
Yellow-green Vireo - *Vireo flavoviridis*  
Black-chested Jay - *Cyanocorax affinis*  
Southern Rough-winged Swallow - *Stelgidopteryx ruficollis*  
Gray-breasted Martin - *Progne chalybea*  
Mangrove Swallow - *Tachycineta albilinea*  
Scaly-breasted (Southern Nightingale) Wren (H) - *Microcerculus marginatus*  
House Wren - *Troglodytes aedon*  
Black-bellied Wren - *Pheugopedius fasciatoventris*  
Rufous-breasted Wren - *Pheugopedius rutilus*  
Rufous-and-white Wren - *Thryophilus rufalbus*  
Stripe-throated Wren - *Cantorchilus leucopogon*  
Isthmian Wren - *Cantorchilus elutus*  
Bay Wren - *Cantorchilus nigricapillus*  
Buff-breasted Wren - *Cantorchilus leucotis*  
White-breasted Wood-Wren - *Henicorhina leucosticta*  
Song Wren - *Cyphorhinus phaeocephalus*  
Tawny-faced Gnatwren - *Microbates cinereiventris*  
Long-billed Gnatwren - *Ramphocaenus melanurus*  
Tropical Gnatcatcher - *Polioptila plumbea*  
Slate-throated Gnatcatcher - *Polioptila schistaceigula*  
Clay-colored Thrush - *Turdus grayi*  
Tropical Mockingbird - *Mimus gilvus*  
Yellow Warbler - *Setophaga petechia*  
Rufous-capped Warbler - *Basileuterus rufifrons*  
Gray-headed Tanager - *Eucometis penicillata*  
White-shouldered Tanager - *Tachyphonus luctuosus*  
Tawny-crested Tanager - *Tachyphonus delatrii*  
Flame-rumped (Lemon-rumped) Tanager - *Ramphocelus flammigerus*

Crimson-backed Tanager - *Ramphocelus dimidiatus*  
Blue-gray Tanager - *Thraupis episcopus*  
Palm Tanager - *Thraupis palmarum*  
Speckled Tanager - *Ixothraupis guttata*  
Golden-hooded Tanager - *Tangara larvata*  
Plain-colored Tanager - *Tangara inornata*  
Rufous-winged Tanager - *Tangara lavinia*  
Bay-headed Tanager - *Tangara gyrola*  
Emerald Tanager - *Tangara florida*  
Scarlet-thighed Dacnis - *Dacnis venusta*  
Blue Dacnis - *Dacnis cayana*  
Shining Honeycreeper - *Cyanerpes lucidus*  
Red-legged Honeycreeper - *Cyanerpes cyaneus*  
Green Honeycreeper - *Chlorophanes spiza*  
Sulphur-rumped Tanager - *Heterospingus rubrifrons*  
Black-and-yellow Tanager - *Chrysothlypis chrysomelas*  
Saffron Finch - *Sicalis flaveola*  
Blue-black Grassquit - *Volatinia jacarina*  
Ruddy-breasted Seedeater - *Sporophila minuta*  
Thick-billed Seed-Finch - *Sporophila funerea*  
Variable Seedeater - *Sporophila corvina*  
Yellow-bellied Seedeater - *Sporophila nigricollis*  
Bananaquit - *Coereba flaveola*  
Yellow-faced Grassquit - *Tiaris olivaceus*  
Buff-throated Saltator - *Saltator maximus*  
Streaked Saltator - *Saltator striatipectus*  
Slate-colored Grosbeak - *Saltator grossus*  
Black-striped Sparrow - *Arremonops conirostris*  
Orange-billed Sparrow - *Arremon aurantiirostris*  
Dusky-faced Tanager - *Mitrospingus cassinii*  
Hepatic Tanager - *Piranga flava*  
Red-throated Ant-Tanager - *Habia fuscicauda*  
Carmioli's Tanager - *Chlorothraupis carmioli*  
Blue-black Grosbeak - *Cyanoloxia cyanoides*  
Red-breasted Meadowlark - *Sturnella militaris*  
Chestnut-headed Oropendola - *Psarocolius wagleri*  
Scarlet-rumped Cacique - *Cacicus uropygialis*  
Yellow-rumped Cacique - *Cacicus cela*  
Yellow-tailed Oriole - *Icterus mesomelas*  
Yellow-backed Oriole - *Icterus chrysater*

Great-tailed Grackle - *Quiscalus mexicanus*  
Yellow-crowned Euphonia - *Euphonia luteicapilla*  
Thick-billed Euphonia - *Euphonia laniirostris*  
Fulvous-vented Euphonia - *Euphonia fulvicrissa*  
White-vented Euphonia - *Euphonia minuta*  
Tawny-capped Euphonia - *Euphonia anae*  
Lesser Goldfinch - *Spinus psaltria*  
House Sparrow - *Passer domesticus*

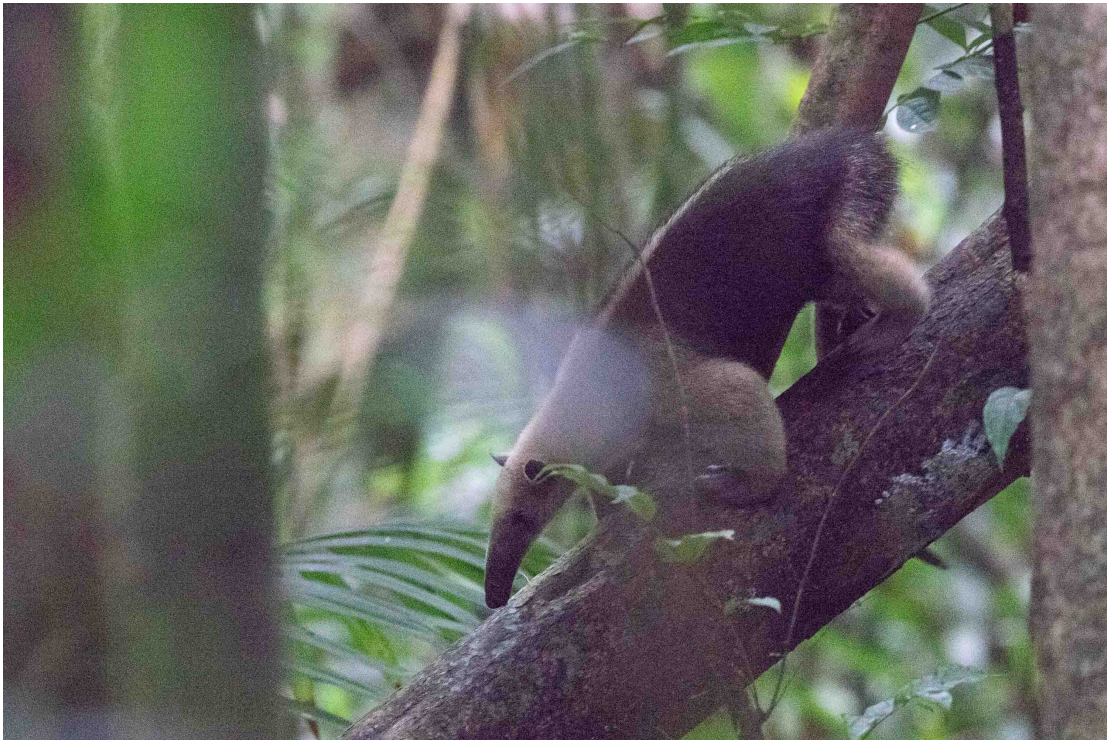
**MAMMAL LIST.** 12 species.

Brown-throated Three-toed Sloth - *Bradypus variegatus*  
Hoffmann's Two-toed Sloth - *Choloepus hoffmanni*  
Northern Tamandua - *Tamandua mexicana*  
Geoffroy's Tamarin - *Saguinus geoffroyi*  
White-faced Capuchin - *Cebus capucinus*  
Mantled Howler Monkey - *Alouatta palliata*  
Capybara - *Hydrochoerus hydrochaeris*  
Central American Agouti - *Dasyprocta punctata*  
Red-tailed Squirrel - *Sciurus granatensis*  
Variegated Squirrel - *Sciurus variegatoides*  
White-nosed Coati - *Nasua narica*  
Common Opossum - *Didelphis marsupialis*



**Cinnamon Woodpecker at its nest**





**We had tremendous looks at a Northern Tamandua along Pipeline Road.**



**Semiplumbeous Hawk looks for prey near Pipeline Road.**