



T3 Intern Application

Name and Address		
First Name	Last Name	Middle Initial
Address		
City, State, Zip	Phone Number	Email
College Attending		Years Completed
GPA	Graduating Year	Major/Minor

References			
Name	Job Title	Phone Number	Years Known
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T3 Questionnaire: Please answer the following questions.

1. Are you currently employed?
2. What is the title of your degree?
3. How many credit hours are you enrolled in for the upcoming semester?

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4. How many total intern hours and weekly intern hours do you need for the semester?

a. Total Hours _____

b. Weekly Hours _____

5. Days and times available?

Day	Time
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	

6. What is your ultimate goal after graduation?

7. What is your 5 year plan?

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8. What do you want to gain out of an internship working with T3 Performance?

9. What sports have you played prior?

10. Do you have any coaching or training experience? If yes, please explain.

11. List all certifications that you currently hold:

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12. Answer based on your specific major: (Put an X next to your choice)

- a. _____ Exercise Science - Describe your philosophy when training athletes?
- b. _____ Sport Management - We want to reach a new crowd in lacrosse, how would you go about marketing those athletes?

13. What would you do if a youth athlete did not want to participate?

Athletic History: Circle One

Were you a varsity athlete in High school?	YES	NO
Were you a varsity athlete in College?	YES	NO
Do you have weight training experience?	YES	NO
Do you have experience in the weight room?	YES	NO
Do you have experience coaching athletes?	YES	NO
Mark all that apply: _____ Youth _____ High School _____ Collegiate _____ Adult		

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Job History:

Names of Employer's	Position Title	Length of Employment	Duties / Responsibilities

** Please attach an updated copy of you resume*

** Please send application, resume and a 1:00 minute video of you coaching an exercise of your choice to ryan@t3athlete.com*

*****Please upload video to youtube.com*****