



NEW Programs from The Shepherd's Center

Vital Living in March, 2017

Spreading more offerings throughout the week.



Meaningful Monday - Health & Education Series

Living Healthy with Chronic Disease

Mondays, Last class March 6th, 2017

Watch for notice about the next class.



Travel Tuesday - Tours or Travelogues

Meet us at 3900 Westpoint Blvd., Suite F, W-S, 27103
on Tuesday, March 7 at 1:45 pm for a tour at 2:00 pm

Miracles in Sight

The second largest eye bank in the US.

Must call to register 336-748-0217. Tour capped at 15.

Way Back Wednesday - Local, World, Ancient & Current History

What really happened way back when...?

"Irish-Catholic Issues in American History"

(The reactions and effects of Irish immigration... just in time for "St. Patty's" Day)
with Paul McCraw on Wednesday, March 8 - 2:30 - 4:00 pm



Thought-Provoking Thursday - Lifelong Learning

Fix Your Family with Dr. Mike Simpson

Thursday, March 2 at 6:00 pm

An interactive lecture about how older adults can address
"stuck" family patterns to bring about successful and lasting change.



Are you Prepared for Storm, Fire or Flood?

Join Susan Steed from the American Red Cross

on Thursday, March 9 - 1:00 - 3:00 pm

Learn what you need to have in your disaster preparedness kit.



Fun Friday Concert Series - That's Entertainment

Bark Point Ramblers - March 24 - 2:30 - 4:00 pm



Enjoy some great bluegrass, blues, western swing, & traditional country and folk!

Space is limited. You must call 336-748-0217 for reservations to guarantee your seat/s.

These programs and events are No Cost offerings of the **Vital Living Program** of the Shepherd's Center of Greater Winston-Salem, 1700 Ebert Street, Winston-Salem, NC 27103