

# Caregiver Lunch and Learn Series

Free Event

Thursday, March 30th, 2017

Free Event

11:00am - 1:00pm

at Senior Services

2895 Shorefair Drive • Winston Salem, NC

*If you are caring for a loved one at home or in a facility, you are a caregiver AND this is for you!*

**11:00am: Registration**

**11:15am: Elder Law and Estate Planning 101 for Caregivers**

Attorney R. Michael Wells, Sr., will provide basic information that every caregiver needs to know about estate planning and other legal matters. Bring your legal questions and come prepared for an enlightening presentation by one of our area's foremost elder law experts. Mr. Wells is a sought-after speaker who has a gift for communicating difficult legal matters in a way we can all understand.

**12:00 Noon : Special thanks to our lunch sponsor:**

**Mallard Ridge Assisted Living**



**12:30pm : Active Older Adults Programs**

Constance Graham with the William G. White, Jr., Family YMCA will discuss YMCA programs committed to helping seniors maintain a healthy lifestyle and strengthen social ties. The programs include: outings, seminars, classes, volunteer opportunities and events designed to promote mental and physical health and independence .

**RSVP no later than Monday, March 27th, 2017 to (336) 721-6918**

**Space is limited, and you will receive a confirmation call back.**



PIEDMONT TRIAD REGIONAL COUNCIL  
AREA AGENCY ON AGING

## Presenting Organizations



**SENIOR SERVICES**  
Helping Our Elderly Live With Dignity



*Hospice & Palliative*  
CARE CENTER

# DIRECTIONS TO SENIOR SERVICES



2895 Shorefair Drive  
Winston-Salem, NC 27105  
(336) 725-0907



## FROM EAST:

Take Business 40 West to Downtown Winston-Salem. Take a **RIGHT** on Cherry Street. Proceed on Cherry/Marshall Street 2.7 miles. Take a **RIGHT** on Deacon Boulevard. Take a **RIGHT** on Shorefair Drive.

## FROM WEST:

Take Business 40 East to Downtown Winston-Salem. Take a **LEFT** on Cherry Street. Proceed on Cherry/Marshall Street 2.7 miles. Take a **RIGHT** on Deacon Boulevard. Take a **RIGHT** on Shorefair Drive.