



NEW Programs at the Shepherd's Center

Vital Living in August, 2017

Spreading more offerings throughout the month



Events at the Shepherd's Center, 1700 Ebert Street, W-S, 27103, except for tours

Do Drop In - Activities available on most days include: piano, computer, Skype & Wi-Fi access; puzzles; cards, games; social/reading corner; book & puzzle exchange, card and board games, refreshments and friends.

Meaningful Monday - Health & Education Series. No cost

Health Coaching...When & Why?

with Health Coach, Stefanie Draper

Monday, August 21st - 1:00 - 3:00 pm

When and how can a health coach help you achieve your wellness goals?



Travel Tuesday - Local Tours. No cost

Meet friends at at 1:45 pm on August 15th at 1151 Canal Dr. #106, W-S 27101 (Map available)

to visit **Brasstown Craft Chocolates**

& taste fine *artisan chocolate* made from organic, fair trade ingredients. Yum!

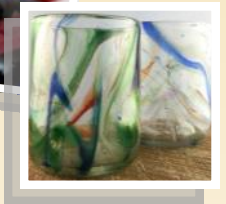
Tour & Shop at the Olio,

a very hot glassblowing studio,

and see what things may be made with fused glass.

(The hot shop is closed until after Labor day)

840 Mill Works St. #150 Winston-Salem, 27101



Way Back Wednesday - Local, World, Ancient & Current History. No cost

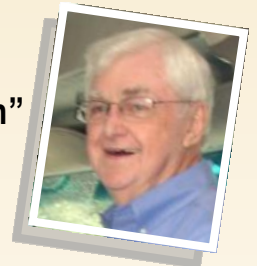
You've heard a lot of people talk about it. What was it all about?

"Articles of Confederation and the Decision

for a Stronger National Government Based on the Constitution"

Wednesday, August 9th, 2017 - 2:30 - 4:00 pm

with Paul McCraw. This is going to be interesting.



Thought-Provoking Thursday - Lifelong Learning. No cost

Thursday, August 24th - 2:00 - 3:30 pm

with Edmund C. Tiryakian, Executive Director and Founder, of **Dying Right NC,**

an advocate group in favor of proposed Medical Aid in Dying legislation in NC

Learn about expanding End of Life options.



Fun Friday Concert Series - August 25th - 6:00 - 8:00 pm

Look Out! The Invaders are BACK!!!

We'll be boogie'n' the night away

to your favorite Rock & Roll, Classic Rock, Southern Rock, Beach, Blues, Soul & Country

Tickets are \$10. Space is limited.

Please register early to guarantee your seat!

Please register for Special Events and Concert offerings.

Space is often limited. We need to know how many chairs to set up to guarantee your seat.



Call 336-748-0217. Donations are always appreciated.