

BEBIDAS

JUICE. COFFEE. BITES



BITES:

BREAKFAST TACOS: 3.25 each {served until 11am}

BACON & EGG- salsa . cheese. flour tortilla

CHORIZO & EGG- salsa . cheese. flour tortilla

CALIFORNIA DREAMIN- quinoa. avocado. egg. salsa. corn tortilla

WONDER TOAST- challah. ricotta. orange marmalade 6

AVOCADO TOAST- avocado. seedful toast. radish. sprouts. sea salt. lemon 6

ACAI BOWL- frozen acai. coconut granola. berries. banana 7.50

GRANOLA PARFAIT- greek yogurt. coconut granola. chia seeds.dried fruits 7.5

CACAO-CHIA SEED PUDDING- raspberries. bee pollen 6

SLOW ROASTED TURKEY SANDWICH- turkey. seedful bread. havarti. avocado.
sun dried tomato sambal. sprouts (Sub curried tofu) 10

GIARDINIERA CHICKEN SALAD SANDWICH- pretzel bun. pickled veggies.
roasted chicken 8

BABY KALE SALAD green goddess or miso vinaigrette, sprouts, avocado,
radish. feta, seeds (add chicken breast or curried tofu) 12

BROWN RICE BOWL- chicken breast or curried tofu, avocado, radish,
marinated chickpeas, marinated kale, hardboiled egg, seeds 12

HAVARTI & CHEDDAR GRILLED CHEESE- seedful bread. pickled veggies 8

