

BEBIDAS

JUICE. COFFEE. BITES



BITES:

BREAKFAST TACOS: 3.25 each {served until 12pm}

BACON & EGG- salsa . cheese. flour tortilla

CHORIZO & EGG- salsa . cheese. flour tortilla

CALIFORNIA DREAMIN- quinoa. avocado. egg. salsa. corn tortilla

WONDER TOAST- challah. ricotta. house made marmalade 6

AVOCADO TOAST- avocado. seedful toast. radish. sprouts. sea salt. lemon 6

ACAI BOWL- frozen acai. coconut granola. berries. banana 7.50 (n,d)

GRANOLA PARFAIT- greek yogurt. cocout granola. chia seeds.
dried fruits (n,d) 7.5

CACAO-CHIA SEED PUDDING- fresh berries. bee pollen 6

SLOW ROASTED TURKEY SANDWICH- turkey. seedful bread. havarti. avocado.
sun dried tomato sambal. sprouts (d) (Sub curried tofu) 10

GIARDINIERA CHICKEN SALAD SANDWICH- pretzel bun. pickled veggies.
roasted chicken 8

BABY KALE SALAD house daily dressing or miso vinaigrette, sprouts,
avocado, radish. feta, seeds (add chicken breast or curried tofu) 12

BROWN RICE BOWL- chicken breast or curried tofu, avocado, radish,
marinated chickpeas, marinated kale, hardboiled egg, seeds 12

STONED TOAST- challah bread, local honey, almonds, ricotta,
sliced stoned fruit 6 (n,d)

QB TOAST- seedful bread, herbed goat cheese, cucumber, pickled radish
green onion 6 (d)

On the side....CUP OF CHICKEN SALAD with pickled veggies \$5

KIDS:

GRILLED CHEESE (d) + FRUIT CUP 6

PB&J + FRUIT CUP 6

STRAWBERRY BANANA SMOOTHIE (d) 5

with spinach 5.50

Though we try to accommodate allergy restrictions, we are unable to
guarantee 100% free of any allergen.

n- contains nuts d- contains dairy