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FOR IMMEDIATE RELEASE

Cognitive Enhancement Therapy (CET) Graduation an Opportunity for Growth at HMS New Beginnings

Silver City, NM (November 27, 2017) Clients and staff at the HMS New Beginnings Psychosocial Rehabilitation (PSR) graduated, this past summer, from the year-long Cognitive Enhancement Therapy (CET) Program. HMS staff who participated included Matthew Dahlsten, LPCC, Johnny Flores, MA, Melissa Palmer, LPCC, Susan Peru, and April Sturdevant. Through directed staff coaching, the curriculum-driven and theory-based CET Program offered participants holistic rehabilitation orientation in a highly structured group setting.

As a certified Community of Treatment Site through the CET Program, HMS New Beginnings serves as an innovative and contemporary mental health care resource for clients, family members, funding organizations, and the community. Individuals who participate in the CET Program enjoy improved self-management of their mental health and physical health, adjustment to and acceptance of their disability, and social cognition (the ability to interact wisely with others).

“All of the graduates reported good results from the program,” stated Neal Bowen, PhD, HMS Chief Mental Health Officer. Added Bowen, “The graduates have increased their ability to socialize, self-regulate and communicate.” Added Melissa Palmer, LPCC, HMS Mental Health Counselor, “Program graduates expressed an interest in interacting with their communities in a more meaningful way, and also expressed hope for their success in doing so.”

To learn more about CET Programs, please visit www.cetcleveland.org. To learn more about HMS New Beginnings Psychosocial Rehabilitation (PSR), please call (575) 538-3205.

PHOTO CAPTION:

Pictured from left to right:

Back Row: CET Coach Johnny Flores, Chuck McCarty, CET Coach Matthew Dahlsten, Ruben Alex Romo, George Gossett, Jose Padilla, Robert Walters, Lawrence Ferranti, CET Instructor Victor Lloyd.

Front: Barbara Butler, Rebecca Kline, CET Coach April Sturdevant, Eleanor Mendez, CET Coach Susan Peru, Melissa Palmer, CET Graduation Facilitator.