

**REVISED EVENT DATES – PLEASE JOIN US!**



**LISTEN & LEARN  
QUARTERLY SERIES**



***“Good Food is Great Medicine”***

**Presented by Bonnie Stone, RD, CDE**

**HMS Registered Dietitian and Certified Diabetes Educator**

**THURSDAY, 3/1/18 | 5:00pm to 6:30pm | HMS Community Health Center (1007 N. Pope Street - SILVER CITY)**

**FRIDAY, 3/2/18 | 11:30am to 1:00pm | HMS Lordsburg Clinic (530 DeMoss Street - LORDSBURG)**

Listen and learn about the connection between what you eat and how you feel!

Bonnie Stone, HMS Registered Dietitian and Certified Diabetes Educator, will offer tips on how you can benefit from eating a healthy, balanced diet. **All are invited – please join us!**

**Light refreshments will be provided | Open to the public | RSVP or Questions - (575) 597-2727 (phone)**