

## Pre-Pregnancy Conversation Starters

These conversation starters are to help you when having your pre-pregnancy consultation with your Healthcare Professional.

- What will my epilepsy medication do to an unborn baby?
- Should I be having folic acid? If so, what dose and when should I start it? Will the Folic Acid interact with my epilepsy medication giving me an increased chance of having a seizure? Will folic acid help in preventing the possibility of malformations due to my epilepsy medication?
- How long will it take for me to come off/change my epilepsy medication?
- What happens if seizures continue in pregnancy? Will my medication be increased or changed? Will it harm my unborn baby?
- What monitoring can I expect during my pregnancy?
- Could my baby end up with epilepsy?
- What are the chances that my baby could be affected by Foetal Anticonvulsant Syndrome?