STRENGTHS-BASED CASE MANAGEMENT & ASSERTIVE COMMUNITY TREATMENT
These evidence-based services are community based and individual focused. Multi-disciplinary teams assist individuals in recognizing and utilizing their individual strengths and resources as a springboard for addressing goals in the areas of employment, education, housing, social support and medical services. Clinicians provide support and skill building while also encouraging wellness planning, self-advocacy and community membership and encourage individuals to achieve their unique potential.

SUPPORTED EMPLOYMENT
Employment Works is based on a nationally recognized model of Supported Employment known as Individual Placement and Support (IPS) which is proven to be successful in helping people find and keep jobs. IPS is an integral part of recovery that provides ongoing support, emphasizing individual abilities and desires to re-enter the community workforce.

SUPPORTED EDUCATION
The Supported Education program helps clients with career planning, academic survival skills, and provides outreach services and resources to help overcome educational barriers.

ASSERTIVE COMMUNITY TREATMENT
Assertive Community Treatment (ACT) is an evidence-based, team approach that provides comprehensive psychiatric treatment and support to adults who have a history of serious and persistent mental illness. The multidisciplinary outreach team is comprised of a psychiatric nurse practitioner, registered nurse, therapist, dual diagnosis specialist, peer specialist employment specialist and case manager.

CHILDREN & FAMILY SERVICES
Children and family programs provide individual, group, and family treatment and skills training for children, adolescents and parents. We provide services in all Josephine County public elementary and secondary schools, and alternative education centers. Our programs work closely with families, schools, corrections, and other youth-serving community agencies. CRT and Jackson County are Initiative. Our consortium and Child Welfare provide services to children in Child Welfare custody.

EASA
Early Assessment & Support Alliance (EASA) identifies youth with symptoms of psychosis as early as possible. The evidenced based program provides support and treatment to enable children to become successful in school and their lives.

FAMILY CARE COLLABORATIVE
The Family Care Collaborative (FCC) program works in collaboration with DHS, local school districts and private referrals and help families grow, evolve and develop new skills for long lasting change with the goal of returning and/or keeping children in the home.

WRAPAROUND PROGRAM
One of three initial Children’s Wraparound Initiatives in Oregon. This evidence-based program works in collaboration with Child Welfare and other community partners to address the needs of children (and families).

CRISIS RESOLUTION CENTER
The Crisis Resolution Center (CRC) in Grants Pass provides treatment to individuals who are experiencing a psychiatric emergency and who may have co-occurring disorders. Individual and group therapy, as well as didactic education groups, skills training and medication management are utilized in the stabilization process. The program treats these disorders in a safe, therapeutic, homelike environment and is an alternative to acute hospitalization.

GAMBLING RECOVERY PROGRAM
Options’ Gambling Recovery Program provides professional interventions, assessments, individual treatment planning, one-to-one counseling and/or case management sessions, group counseling, family involvement (if appropriate), and aftercare planning. Services are also available to family members, whether the gambler participates or not.

DUAL SOLUTIONS CONTINUUM OF CARE
Dual Solutions meets the needs of indigent individuals experiencing co-occurring mental health and addiction disorders. Evidence-based practices are utilized to best meet the individual’s needs and optimize positive treatment outcomes. Certified addiction counselors work closely with a multi-disciplinary team consisting of mental health professionals.

HOUSING & RESIDENTIAL TREATMENT
Options offers several residential treatment facilities for adults with severe and persistent mental illnesses, as well as independent housing, in Josephine and Jackson Counties. We also provide transitional drug and alcohol free housing in Grants Pass for women who are developing the life skills the need to acquire permanent, clean and sober housing. Contact our residential program for more information.

This is not a full list of services and supports that Options provides. Please contact us for more information.
INTEGRATED PRIMARY CARE BEHAVIORAL HEALTH
On site therapist and/or nurse practitioner located in multiple primary care office including Grants Pass Clinic and Women’s Health Center. Integrated behavioral health services are also provided in federally qualified health centers.

5 STAR PATIENT CENTERED PRIMARY CARE HOME (PCPCH)
Family Medical Nurse Practitioner imbedded in Hillside Center provided integrated medical services to individuals with mental illness and co-occurring disorders. This PCPCH has a 5 star rating and is recognized as achieving the highest ranking possible.

SUICIDE PREVENTION SERVICES & ASSIST TRAINING
This prevention and education program is aimed at increasing identification, referral, treatment and coordination of services for individuals at risk of suicide.

BEHAVIORAL HEALTH FOR OLDER ADULTS & PEOPLE WITH DISABILITIES
The Specialist in this program facilitates the education of community partners regarding the field of geriatrics, disability, mental health, and addiction services by improving service coordination and reducing gaps for people with multiple needs.

PEER SUPPORTED INDEPENDENT HOUSING
A collaborative program with United Community Action Network (UCAN) for increased supported housing for individuals with mental illness.