



## Patient Referral to *Take Courage Coaching*®

*Take Courage Coaching*® is a pain-management approach to support your patient's chronic pain treatment. Once a referral is received, *Take Courage Coaching*® will initiate contact with your patient, explain the program, and match the client to a Certified Coach. The standard program involves the patient for 6 months - 1 year.

Patient Name \_\_\_\_\_ DOB: \_\_\_\_\_

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Best Times to Call \_\_\_\_\_

Cell Phone \_\_\_\_\_ Best Times to Call \_\_\_\_\_

Self-Pay     Worker's Compensation     State Medicaid Waiver     Insurance: \_\_\_\_\_

Other: \_\_\_\_\_

I, the patient, understand I am being referred to a chronic pain coaching program that can help me learn coping skills essential to managing my pain. The program includes:

- assessments by telephone to understand my pain and the how it impacts my life
- ½-hour individual coaching sessions by telephone, *once a week*
- 45-minute group coaching sessions by telephone, *once a week*

I hereby grant permission for my medical information to be forwarded to *Take Courage Coaching*® (TCC), their coaching staff, and/or representatives. Information provided may include:

- spoken or written facts about my health and pain experience
- copies of relevant health records
- contact information

I understand I am not obligated to sign this form and that my decision will not change the way my healthcare provider treats me. This authorization will last until I am no longer participating in the program. I may withdraw this consent at any time.

*Data regarding TCC's program will not identify participants.*

Patient Signature \_\_\_\_\_ Date: \_\_\_\_\_

or

Patient's Personal Representative \_\_\_\_\_ Date: \_\_\_\_\_

Referrer's Name \_\_\_\_\_

Email Address \_\_\_\_\_

Address \_\_\_\_\_

Office Phone \_\_\_\_\_ Office Fax \_\_\_\_\_

Please FAX to *Take Courage Coaching*® at 406-586-0541

Email [becky@takecouragecoaching.com](mailto:becky@takecouragecoaching.com) Phone 406-586-0540 Website [www.takecouragecoaching.com](http://www.takecouragecoaching.com)

