

# Birds of Ulistac Natural Area

- For educational and teaching purposes
- Photos courtesy of Ruth Cantwell, Peter LaTourrette, Chris Johnson, and Brooke Miller

## Canada Goose

- Large goose
- Lives near water, open fields, lawns, golf courses
- Seasonal; common in Winter
- Eats mostly grass, grains, and sometimes berries



## Mallard

- Medium-sized duck
- Likes wetlands, lakes, and ponds
- Seasonal; very common in Winter
- Eats insect larvae, earthworms, snails, grains, and seeds



## California Quail

- Sized between a crow and robin
- Likes native scrub and woodlands
- Resident; fairly common at Ulistac
- California's State Bird
- Eats mostly seeds; also acorns, and berries



## Great Blue Heron

- Large heron;
- Likes wetlands, fields, rivers, and lakes
- Resident; fairly common at Ulistac
- Eats frogs, fish, reptiles, small mammals, and insects



## Great Egret

- Large wading bird
- Likes freshwater ponds, lakes, and wetlands
- Seasonal; common in Winter
- Eats frogs, fish, reptiles, invertebrates (i.e. shrimp, crayfish), and insects



## Snowy Egret

- Medium-sized wading bird
- Likes marshes, canals, ponds, lakes, and wetlands
- Seasonal; uncommon in Winter
- Eats frogs, fish, worms, and insects



## Turkey Vulture

- Sized between eagle and hawk
- Likes open areas, farms, roadsides
- Resident; seen cruising the skies around Ulistac
- Eats carrion



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## Red-tailed Hawk

- Large-sized hawk
- Likes many types of habitats
- Resident; common at Ulistac
- Mostly eats mammals like rabbits, hares, ground squirrels, rats, mice
- Sometimes eats birds, snakes, and carrion



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## Red-shouldered Hawk

- Medium-sized hawk (between crow and goose)
- Likes deciduous woodlands, often near rivers
- Resident; common and breeds at Ulistac most years
- Small mammals are main prey, especially rodents; also eats rabbits, squirrels, birds, reptiles, etc...



## Cooper's Hawk

- Crow-sized hawk
- Likes most types of woodlands
- Resident; uncommon at Ulistac
- Preys mainly on birds, but will eat small mammals



## Mourning Dove

- Robin-sized dove
- Likes grasslands, roadsides, open woodland, and fields
- Resident; very common at Ulistac
- Eats mostly seeds (grasses, grains, etc...)



## Anna's Hummingbird

- Smaller than a sparrow
- Likes parks, gardens, and woodlands
- Resident; very common at Ulistac
- Eats mostly nectar; also small insects



## Nuttall's Woodpecker

- Robin-sized woodpecker
- Likes oak woodlands
- Common resident; breeds at Ulistac
- Eats mostly insects, such as, beetles and their larvae, ants, termites, and millipedes
- Sometimes eats fruit (i.e. blackberries, poison oak)



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## Downy Woodpecker

- Sparrow to Robin-sized woodpecker
- Likes gardens, parks, and woodlands
- Resident; fairly common at Ulistac
- Eats mostly insects, such as, beetles and their larvae, ants, and caterpillars
- Also eats acorns, berries, and grain



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## Red-breasted Sapsucker

- Robin-sized woodpecker
- Likes a variety of woodlands
- Winters at Ulistac; uncommon
- Eats sap, fruit, and spiders



## Northern Flicker

- Robin-sized woodpecker
- Likes many types of woodlands
- Winters at Ulistac; very common
- Preys mainly on ants and beetles; spends much time on the ground



## Black Phoebe

- Sparrow-sized songbird
- Likes parks, gardens, and open woodlands near water
- Resident; very common
- Eats mostly insects



## Pacific-slope Flycatcher

- Sparrow-sized (or smaller) songbird
- Likes many kinds of woodlands
- Migrant; uncommon at Ulistac in spring and fall
- Eats mostly insects



## American Crow

- Medium-sized corvid
- Likes parks, gardens, towns, etc...
- Resident; common around edges of Ulistac
- Eats many types of foods, including, grains, seeds, fruit, nuts, and small animals



## California Scrub-Jay

- Robin-sized songbird
- Likes woodlands, scrub, parks and gardens
- Resident; common breeder at Ulistac
- Often seen in family groups
- Eats mostly acorns, frogs, lizards, and berries



## Tree Swallow

- Sparrow-sized bird
- Likes fields, marshes, and open wooded areas near water
- Summer resident; fairly common at Ulistac
- Eats mostly insects captured on the wing



## Barn Swallow

- Sparrow-sized bird
- Likes open areas, such as, fields, parks, and ponds
- Summer resident; fairly common
- Eats mostly insects captured on the wing



## Chestnut-backed Chickadee

- Sparrow-sized (or smaller) songbird
- Likes many types of woodlands
- Resident; breeds at Ulistac;
- Very social; seen in family groups
- Eats mostly insects, seeds, and some fruit



## Bushtit

- Tiny songbird
- Likes parks, gardens, and a variety of scrub and woodlands
- Resident; common breeder at Ulistac
- Eats a variety of insects



## Bewick's Wren

- Sparrow-sized songbird
- Likes woodlands, gardens, and scrub
- Resident; common breeder at Ulistac
- Eats mostly insects, and some seeds, fruit, and plant material



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## Western Bluebird

- Robin-sized songbird
- Likes parks, meadows, open woodlands
- Summer; uncommon breeder at Ulistac
- Eats insects, fruit, and seeds



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## American Robin

- Medium-sized songbird
- Likes a variety of habitats, including woodlands, lawns, parks, and gardens
- Resident; fairly common at Ulistac
- Eats mostly earthworms, insects, fruits, and berries



## Hermit Thrush

- Robin-sized songbird
- Likes a variety of woodlands
- Winters at Ulistac; fairly common
- Eats mainly insects, fruit, and berries
- Often seen in thick vegetation



## California Thrasher

- Robin-sized songbird
- Likes native scrub and woodlands
- Resident; common at Ulistac
- Eats mostly insects, fruits, berries, and seeds
- Spends a lot of time on the ground



## Northern Mockingbird

- Robin-sized songbird
- Likes parks, gardens, towns, etc...
- Resident; common breeder at Ulistac
- Mimics other bird's songs
- Eats mostly insects and fruit





## Cedar Waxwing

- Robin-sized songbird
- Likes parks, gardens, and woodlands
- Winters at Ulistac; fairly common
- Eats mostly fruits and some insects
- Very social; often seen in large flocks



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## European Starling

- Robin-sized songbird
- Often found around people in parks, gardens, fields, and agricultural areas
- Resident; fairly common around Ulistac
- Eats almost anything, but especially insects, fruits, grains, and garbage



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## Orange-crowned Warbler

- Sparrow-sized songbird
- Likes many types of woodlands and scrub
- Migrant; uncommon at Ulistac
- Eats mostly insects, but also, fruit, berries, seeds, and nectar



## Common Yellowthroat

- Sparrow-sized songbird
- Likes many types of habitats; often near water
- Resident; common breeder at Ulistac
- Eats a variety of insects; forages near the ground



## Yellow Warbler

- Sparrow-sized (or smaller) songbird
- Likes all types of woodlands
- Migrant; very common at Ulistac (spring/fall)
- Spends most of the time in the tree tops
- Preys mainly on insects like caterpillars



## Yellow-rumped Warbler

- Sparrow-sized songbird
- Likes parks, gardens, and woodlands
- Winters at Ulistac; very common
- Eats insects, fruit, seeds, and berries



## Wilson's Warbler

- Sparrow-sized songbird
- Likes dense thickets; difficult to see
- Migrant; common in spring and fall at Ulistac
- Preys mainly on insects



## Townsend's Warbler

- Sparrow-sized songbird
- Likes parks, gardens, and woodlands
- Winters at Ulistac; uncommon
- Eats mostly insects



## Fox Sparrow

- Medium-sized sparrow
- Likes dense thickets; difficult to see
- Winters at Ulistac; fairly common
- Eats mostly insects, fruits, berries, and seeds
- Spends a lot of time on the ground digging in leaves



## Dark-eyed Junco

- Small-sized sparrow
- Likes parks, gardens, and woodlands
- Resident; uncommon at Ulistac
- Eats mostly seeds; some insects
- Often on the ground



## White-crowned Sparrow

- Medium-sized sparrow
- Likes fields, gardens, and thickets
- Winters at Ulistac; very common
- Eats mostly seeds, and some insects, grains, and fruits



## Golden-crowned Sparrow

- Medium-sized sparrow
- Likes fields, gardens, and dense thickets
- Winters at Ulistac; very common
- Eats mostly seeds, and some insects, grains, and fruits



## Song Sparrow

- Medium-sized sparrow
- Likes a variety of habitats, especially near water
- Resident; very common at Ulistac
- Eats mostly insects, seeds, and fruits



## Lincoln's Sparrow

- Medium-sized sparrow
- Likes dense thickets; often near water
- Winters at Ulistac; fairly common
- Difficult to see
- Eats mostly insects, and some seeds



## Spotted Towhee

- Large-sized sparrow
- Likes parks, gardens, and woodlands
- Resident; uncommon at Ulistac
- Eats insects, seeds, acorns, fruit, and berries
- Often seen on the ground digging in leaves



## California Towhee

- Large-sized sparrow
- Likes parks, gardens, and woodlands
- Resident; common breeder at Ulistac
- Eats seeds, insects, fruit, and berries
- Uses poison oak to build nest





## Western Tanager

- Robin-sized songbird
- Likes many types of woodlands
- Migrant; common in spring and fall at Ulistac
- Eats insects, fruit, and trees buds



## Black-headed Grosbeak

- Sparrow-sized songbird
- Likes many types of woodlands
- Migrant; uncommon at Ulistac
- Eats insects, fruits, berries, grains, and seeds



## Bullock's Oriole

- Robin-sized songbird
- Likes open deciduous woodlands
- Summer breeder at Ulistac
- Eats insects, fruit, berries, and nectar



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## Hooded Oriole

- Robin-sized songbird
- Likes parks, gardens, and woodlands
- Summer breeder in and around Ulistac
- Eats insects, fruit, berries, and nectar



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## Purple Finch

- Sparrow-sized songbird
- Likes native scrub and woodlands
- Winters at Ulistac; uncommon
- Eats mostly insects, fruits, berries, and seeds



## House Finch

- Sparrow-sized songbird
- Likes parks, gardens, and towns
- Resident; very common breeder at Ulistac
- Forages a lot on the ground; eats seeds, grains, fruits, and berries



## Red-winged Blackbird

- Robin-sized songbird
- Likes marshes, grasslands, and fields
- Resident; fairly common at Ulistac
- Eats mostly insects and seeds



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## Lesser Goldfinch

- Sparrow-sized songbird
- Likes parks, gardens, and woodlands
- Resident; common at Ulistac
- Eats mainly seeds, especially sunflower; also eats fruits and buds



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