

# Seattle Institute of East Asian Medicine

AN INNOVATIVE APPROACH TO ACUPUNCTURE AND EAST ASIAN MEDICINE EDUCATION





# SIEAM

Welcome,

We appreciate your interest in the graduate degree programs at SIEAM. This catalog provides a clear description of the SIEAM approach to East Asian medicine, so that you can begin to determine if it is a good fit for your educational and career goals.

SIEAM began training students over twenty years ago with the belief that hands-on clinical experience from the beginning of the training was the key to success. Further, we view it as essential that faculty have a minimum of ten years of clinical practice. This framework is still how we train our students to become effective practitioners. We also believe that access to Chinese language resources is a key component to a deep understanding of the medicine. And, we embrace the idea that patients should come first, so that students learn and practice many different forms of East Asian medicine in order to best serve the needs of their patients. A student's direct engagement with seasoned practitioners, in order to gain knowledge, both intellectual and physical, forms the structure of our program. Through this program, students develop an awareness and a sensitivity to Qi, in themselves, in their patients, and in the world around them.

If you are interested in SIEAM, please visit, take a tour, sit in on our classes, meet the current students, and get a treatment in the teaching clinic. We are proud of what we have created and we hope that you will consider making SIEAM a part of your future.

Sincerely,

A handwritten signature in black ink, reading "Craig E. Mitchell". The signature is written in a cursive, flowing style.

Craig Mitchell  
President

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## Mission Statement

The mission of SIEAM is to train compassionate and effective practitioners of East Asian medicine who can function independently and collaboratively in patient-centered care.

This is achieved through apprentice-style clinical experiences coupled with an integrated curriculum emphasizing case-based instruction, physical palpation skills, qi gong practice, Chinese language instruction and collaborative care experiences. Students practice a variety of approaches to East Asian medicine that engender awareness and respect for the validity of different healing traditions. This training allows graduates to develop their own unique approaches to the practice of this ancient medicine.

## Programs

SIEAM offers an accredited master's degree in acupuncture (M.Ac.), an accredited master's degree in acupuncture and Oriental medicine (M.Ac.O.M.), and a doctoral degree in acupuncture and herbal medicine (D.A.H.M.). These programs are based on the philosophy that a small group of students, working in the clinic and classroom with experienced faculty practitioners, will gain a deep awareness of the vitality of East Asian approaches to health. The educational approach at SIEAM emphasizes learning a variety of approaches to the medicine with a hands-on focus that insures sufficient practical and clinical expertise for graduates to be competent and successful in their profession.

Both of SIEAM's masters degrees are accredited by the Accreditation Commission of Acupuncture and Oriental Medicine (ACAOM), eligible for financial aid, and lead to licensure in Washington state as well as states around the country. (Please refer to the individual state's licensure requirements for whether a M.Ac. or a M.Ac.O.M. is required).



## Programs (continued)

SIEAM's doctoral degree (D.A.H.M.) includes the three years of study in the M.Ac.O.M. plus an additional year of clinical practice and individualized specialty training. Those enrolled in this program are eligible to receive licensure in Washington State at the end of three years through their simultaneous enrollment in the accredited M.Ac.O.M. program. (If you are interested in licensure in other states around the country, please refer to the individual state's licensure requirements.)

### Doctoral Program Goals

- A. Provide the learner with clinical and didactic education to deepen clinical judgement and techniques in patient assessment, diagnosis, and treatment.
- B. Provide the learner with opportunities in the program to access, critique, and apply research findings from the scientific and scholarly literature in the treatment of patients, and to participate in individualized research oriented towards supporting effective patient care.
- C. Develop the learner's ability to synthesize knowledge from a variety of sources and adapt and utilize it effectively in the care of patients.
- D. Develop the learner's understanding and skill to engage collaboratively with other healthcare practitioners and AOM colleagues for the benefit of patients.

SIEAM's doctoral degree is accredited by the Accreditation Commission of Acupuncture and Oriental Medicine (ACAOM) and eligible for financial aid.

# SIEAM Learning Outcomes

The Institute has established five global learning outcomes to be achieved by graduates of its programs. These are:

**KNOWLEDGE** - The learner must demonstrate the ability to acquire and to apply the knowledge of East Asian medical principles, modes of diagnosis, and treatment strategies. The learner must demonstrate an understanding of basic principles of biomedicine for purposes of collaboration, communication, awareness of emergency situations and referral.

**JUDGMENT** - The learner must demonstrate competency in clinical reasoning that relies on knowledge, experience, context and is self-correcting.

**TECHNICAL SKILL** - The learner must demonstrate the ability to safely perform appropriate procedures and techniques in the assessment and care of patients.

**PROFESSIONALISM** - The learner must demonstrate the ability to practice with integrity, interact professionally, and engage in ongoing professional development.

**COLLABORATION** - The learner must demonstrate the ability to work effectively in a team approach to patient-centered care, referring and collaborating when appropriate, and contributing to improved health care outcomes.

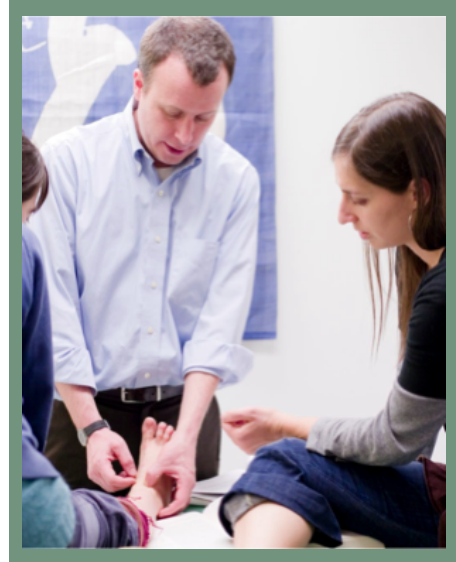


# Program Descriptions

## The First Year

**(Year 1 of the M.Ac., M.Ac.O.M. and D.A.H.M. programs)**

The first year of instruction focuses on students gaining insights from experienced faculty in clinic and academic instruction, and introducing students to the fundamentals of both classical and contemporary traditions of East Asian medicine. Students have the unique opportunity of preceptoring from the beginning of the school year with experienced SIEAM clinical faculty who represent diverse backgrounds in diagnostic and treatment approaches to patient care. There is in-depth instruction in qi gong, physical palpation and assessment techniques; as well as methods of performing acupuncture and related modalities. Grounding in surface anatomy and western clinical science is provided in order to more effectively inform the practice of bodywork and acupuncture in clinic. Students study the basics of Chinese herbal therapy and Chinese medical language throughout this year, which for the M.Ac.O.M. and doctoral students will continue throughout their training to enable them to utilize the range of Chinese herbal formulations and access Chinese medicine texts and articles helpful to this practice.



# First Year Course Sequence

## Trimester 1 - Fall 1st Year Hours / week

500	Preceptorship	4
502	Bodywork Internship	3
505	Fundamentals	5
520	Points & Channels 1	3
529	Chinese Herbal Therapy	1
550	Tuina 1	1
553	Shiatsu	1
555	Qi Gong	1
560	Surface Anatomy & Kinesiology	1
561	Surface Anatomy & Kinesiology	1
563	Western Clinical Science: Biochemistry	1
570	Anatomy & Physiology 1	3
Total Hours		25

## Trimester 2 - Winter 1st Year

500	Preceptorship	4
502	Bodywork Internship	3
506	Zang Fu Syndromes	3
510	Clinic Skills: East Asian Medicine	1
521	Points & Channels 2	3
529	Chinese Herbal Therapy	1
551	Tuina 2	1
556	Qi Gong	1
562	Surface Anatomy & Kinesiology	1
564	Western Clinical Science: Pathology & WMT	3
571	Anatomy & Physiology 2	3
613	Orthopedic Assessment	1
616	Osteopathic Assessment	1
Total hours		26

## Trimester 3 - Spring 1st Year

500	Preceptorship	4
502	Bodywork Internship	3
507	Shang Han Lun, Wen Bing, Body Fluids	3
510	Clinic Skills: Western Medicine	1
513	Meridian Therapy	1
522	Points & Channels 3	3
529	Chinese Herbal Therapy	2
552	Tuina 3	1
557	Qi Gong	1
565	Western Clinical Science: AIDS & Immunology	3
614	Orthopedic Assessment	1
615	Orthopedic Assessment	1
622	Acupuncture Techniques	1
765	Global Health: Traumatology	1
Total hours		26



## The Second Year

**(M.Ac. and M.Ac.O.M./D.A.H.M. programs diverge)**

It is in this year that students choose their program focus. All students in the second year participate in clinical practice with acupuncture and related modalities, as well as continuing to deepen their understanding of the biomedical perspective of diseases in order to more effectively communicate with patients and collaborate with other health care practitioners. Student interns practice in a team approach to acupuncture and bodywork care under the supervision of the key faculty who have been their mentors in the academic instruction of the different acupuncture traditions provided at SIEAM. Student learning focuses on the technical aspect of techniques and clinical practice and demonstration of the basic skills for assessment, diagnosis, treatment and referral.



Students choosing the M.Ac. degree will focus on the training described above. Those choosing the M.Ac.O.M. and D.A.H.M. programs will also participate in rigorous instruction in Chinese herbs, the Chinese medical classics, and medical Chinese language. They will have weekly clinical preceptorship with experienced herbalists on the SIEAM faculty. Students work in the herbal dispensary learning how to make herbal preparations, measuring herbs for formulations, and becoming cognizant of the safety issues in working with the Chinese materia medica.

## Second Year Course Sequence

<b>Trimester 4 - Fall 2nd Year</b>		<b>Hours / week</b>
502	Bodywork Internship	3
600	Acupuncture Internship	4
524	OSHA & Clean Needle Technique	-
620	Acupuncture Techniques	3
610	Integrated Therapeutics	3
655	Qi Gong	1
660	Western Clinical Medicine	3
720	MHxER: Ethics and Research Design	1
764	Acupuncture & Public Health	2
	M.Ac. hours	20
501	Herbal Preceptorship	2
630	Chinese Herbal Medicine	2
640	Chinese Medical Language & Classics	2
	M.Ac.O.M./D.A.H.M. hours	26
<b>Trimester 5 - Winter 2nd Year</b>		
600	Acupuncture Internship	8
621	Acupuncture Techniques	3
610	Integrated Therapeutics	3
656	Qi Gong	1
660	Western Clinical Medicine	3
724	Communication Skills	3
	M.Ac. hours	21
501	Herbal Preceptorship	2
630	Chinese Herbal Medicine	2
640	Chinese Medical Language & Classics	2
	M.Ac.O.M./D.A.H.M. hours	27
<b>Trimester 6 - Spring 2nd Year</b>		
600	Acupuncture Internship	8
512	Eight Extra Channels	1
566	Herb & Drug Interactions	1
622	Acupuncture Techniques	1
610	Integrated Therapeutics	2
657	Qi Gong	1
660	Western Clinical Medicine	2
720	MHxER: History of Medicine	1
	M.Ac. hours	17
501	Herbal Preceptorship	2
630	Chinese Herbal Medicine	2
640	Chinese Medical Language & Classics	2
	M.Ac.O.M./D.A.H.M. hours	23



## The Third Year

(M.Ac. and M.Ac.O.M./D.A.H.M. programs)

The third year of SIEAM programs engages the learner with the various clinical conditions and diseases commonly seen in contemporary clinics from both an eastern and western perspective. The clinical internships include offsite training assisting patients in community clinics, drug treatment centers, and other specialized patient populations. At this point interns largely practice “solo”, being responsible for all aspects of patient care with oversight by SIEAM’s clinical supervisors. Students broaden their understanding of the American health care system, its history, and the legal and business necessities of practicing in the field today.

Those students in the M.Ac.O.M. / D.A.H.M. track do additional work in integrated clinics combining acupuncture and herbal medicine and have coursework on herbal therapies for the range of clinical conditions likely to be seen in clinical practice. They continue their Chinese language studies through the translation of case studies and texts relevant to the clinical conditions being studied.



## Third Year Course Sequence

### Trimester 7 - Fall 3rd Year

	Hours / week
700 Internship	8
533 Diet Therapy	1
610 Integrated Therapeutics	3
622 Acupuncture Techniques	1
660 Western Clinical Medicine	3
755 Qi Gong	1
M.Ac. hours	17

700 Internship	4
630 Chinese Herbal Medicine	2
640 Chinese Medical Language & Classics	2
M.Ac.O.M./D.A.H.M. hours	25

### Trimester 8 - Winter 3rd Year

700 Internship	8
610 Integrated Therapeutics	3
660 Western Clinical Medicine	3
721 Practice Management	3
756 Qi Gong	1
M.Ac. hours	18

601 Herbal Internship	4
630 Chinese Herbal Medicine	2
640 Chinese Medical Language & Classics	2
M.Ac.O.M./D.A.H.M. hours	26

### Trimester 9 - Spring 3rd Year

700 Internship	8
567 External Herbs	1
610 Integrated Therapeutics	3
624 Biophysics	2
660 Western Clinical Medicine	3
722 Professional Issues	1
757 Qi Gong	1
765 Acupuncture & Global Health	1
M.Ac. hours	20

601 Herbal Internship	4
630 Chinese Herbal Medicine	2
640 Chinese Medical Language & Classics	2
M.Ac.O.M./D.A.H.M. hours	28



## The Fourth Year

### Completion of the Doctor of Acupuncture and Herbal Medicine Degree

Students enrolled in the masters degrees at SIEAM graduate at the end of their third year and are then eligible for licensure in acupuncture. Those who choose to continue their studies at SIEAM to complete their doctoral degree then begin the personal assessment of their skills and clarify the personal interests they would like to develop as physicians. Thus the fourth year of the doctoral program focuses on individual interests in practice, research and scholarship; while also participating in collaborative efforts with other health care practitioners in decision making regarding patient care. Each student, in conjunction with faculty mentors, map out a personalized instructional plan based on their special clinical interests and needs. This plan includes specialty clinical practice experiences, choosing skilled mentors, translation of useful texts for their focus, and participating in opportunities for instruction and research in their selected area of interest. Ultimately the goal of this fourth year is to refine each learner's ability in regards to their role as clinician, communicator, and explorer in deepening personal and professional understanding of the value of East Asian Medicine in the integrative health care field of this century.

### Fourth Year Course Sequence

#### Trimester 10 - Fall 4th Year

800	Clinical Practice	3
805	Translation, Research & Instruction	4
810	Collaborative Care	1
820	Medical Classics	1
Total hours		9

#### Trimester 11 - Winter 4th Year

800	Clinical Practice	4
805	Translation, Research & Instruction	4
810	Collaborative Care	2
820	Medical Classics	2
Total hours		12

#### Trimester 12 - Spring 4th Year

800	Clinical Practice	3
805	Translation, Research & Instruction	4
810	Collaborative Care	1
820	Medical Classics	1
Total hours		9

## Graduation Program Totals

<b>M.Ac. Program</b>	<b>Hours</b>	<b>Credits</b>
Academic Instruction	1830 hours	122 credits
Clinical Training	1020 hours	34 credits
Program Total	2850 hours	156 credits

<b>M.Ac.O.M.</b>	<b>Hours</b>	<b>Credits</b>
Academic Instruction	2190 hours	146 credits
Clinical Training	1290 hours	43 credits
Program Total	3480 hours	189 credits

<b>D.A.H.M.</b>	<b>Hours</b>	<b>Credits</b>
Academic Instruction	2490 hours	166 credits
Clinical Training	1590 hours	53 credits
Program Total	4080 hours	219 credits

# Course Descriptions

A = M.Ac.

O = M.Ac.O.M.

D = D.A.H.M.

## 505 Fundamentals

5 credits

A O D

This class provides an introduction to the diagnostic frameworks and modalities of traditional Chinese medicine and other approaches to acupuncture that are clinically applicable to a modern American practice. The class provides an introduction to core principles of these healing perspectives, diagnostic methods used in gathering information from a patient, and a survey of the usage of acupuncture, tuina, Chinese herbs, qi gong and lifestyle advice in patient care. The first week of school is a five day fundamentals intensive to prepare students to enter clinic preceptorship and assist in patient care starting in the second week.

## 506-507 Zang-Fu Syndromes

6 credits

A O D

These courses provide in-depth study in the first year into the major approach to Chinese medicine that is commonly used in a modern acupuncture practice. The courses focus on zang and fu organs, their functions and therapeutic strategies for treating imbalances utilizing herbs, acupuncture and related modalities. Clinical preceptorships with faculty/practitioners provide students with real-life perspectives on the academic instruction.

## 510 Clinic Skills

2 credits

A O D

Practice of skills relevant to clinical practice including point location, pulse assessment, interviewing, needling techniques, palpation skills, grounding techniques, physical examination, and diagnostic skills. Skills practice include blood pressure assessment, abdominal palpation, reflex testing and monitoring of breath and heart sounds.

## 512 Eight Extra Channels

1 credit

A O D

This course prepares the students to work with this Japanese approach to acupuncture in the teaching clinic. The class covers the eight extra channels and the 5-step Manaka approach to treatment.

## 513 Meridian Therapy

1 credit

A O D

Drawing from the five-phase approaches in Japan, this course presents the use of five-phase diagnosis and acupuncture with an emphasis on pulse-taking and meridian palpation for confirming a diagnosis and evaluating the effectiveness of the treatment.

## 520-522 Points & Channels

9 credits

A O D

This series of classes provides in-depth instruction into the energetics of acupuncture channels and points. The course covers channel and point locations, functions, groupings, anatomy, contraindications and approaches to needling. The course also provides instruction in palpation and methods of assessing qi along channel pathways as well as at particular points for diagnostic and treatment purposes. Extensive lab time is devoted to locating points and developing the skills necessary to sense where specific therapeutic points are located on each individual patient.

## 524 OSHA/CNT/Safety

0 credits

A O D

This course covers important OSHA requirements for safety and hygiene as well as reviews protocols for clean needle technique. National CNT, CPR, and First Aid certification are required as part of this course.

## 529 Chinese Herbal Therapy

4 credits

A O D

These courses introduce the primary herbal remedies and important herbs used in a modern acupuncture practice. Students learn the primary functions and contraindications for these therapies along with the necessary skills for assisting in the herbal dispensary and pronouncing the pinyin names of the herbs,

## 533 Chinese Dietary Therapy

1 credits

A O D

This course covers foods and food as medicine according to East Asian Medicine principles with emphasis on food therapy for particular energetic conditions along with preparation techniques.

550-552	Tuina	3 credits	A O D
These courses provide instruction in Chinese medical massage (tuina) to enable each student to have the skills to practice in the school's tuina clinic and provide adjunctive therapy to their acupuncture, particularly when working on musculoskeletal conditions.			
553	Shiatsu	1 credits	A O D
This course provides instruction in the Japanese bodywork known as shiatsu. The class provides the techniques, body mechanics, indications and contraindications for a meridian style full-body therapeutic massage. Students will later utilize this approach in the SIEAM Bodywork Internship.			
555-557 / 655-657 / 755-757	Qi Gong	9 credits	A O D
This three-year series of weekly practice sessions is designed to acquaint the student with the experience of qi in enhancing personal health, improving therapeutic efficacy in needling and bodywork, and providing qi exercises for physical therapy and health improvement for patients. Students practice methods of qi gong, tai chi, and introspection techniques during courses. An emphasis is placed on the student being able to provide appropriate exercises to patients for specific health conditions as well as general qi cultivation exercises for health enhancement.			
560-562	Surface Anatomy and Kinesiology	3 credits	A O D
This series of weekly courses provides clarity regarding important anatomy and kinesiology information helpful in bodywork and acupuncture needling. The coursework also provides the student a foundation for further study of assessment and treatment of various musculoskeletal conditions.			
563-565	Western Clinical Science	7 credits	A O D
This course sequence introduces students to the basics of the biomedical approach to medicine. This includes an introduction to pathology, microbiology, western physical assessment, laboratory findings, history taking, and the biochemistry of foods, herbs and pharmaceuticals. The course sequence includes coverage of western medical terminology and a survey of the pathophysiological mechanisms that cause disease according to the biomedical paradigm; physical assessment techniques commonly used in a biomedical clinic to differentiate abnormal from normal health concerns, with an emphasis on the findings that indicate the need for referral or immediate emergency attention. A special section highlights AIDS education and infectious diseases that have safety concerns in a modern acupuncture practice and public health settings.			
566	Herb & Drug Interactions	1 credit	A O D
This course investigates the biochemical nature of herbs and their potential interactions with other herbs and pharmaceuticals. Emphasis is placed on identifying interactions that could be harmful to patients. The course also provides instruction in preparation methods of herbs for internal use.			
567	External Herbs	1 credit	A O D
This hands-on course provides instruction in how to prepare a range of external liniments, soaks and salves as well as the reasons for their use.			
570-571	Anatomy & Physiology 1-2	6 credits	A O D
This course covers the anatomy and physiology relevant to studying the biomedical perspective of medicine and the form and function of the human body in ways that will assist in future studies in acupuncture, physical assessment, and diagnosis.			
610	Integrated Therapeutics	17 credits	A O D
This series of classes provide in-depth coverage of particular health conditions commonly seen in an outpatient acupuncture practice. Differential diagnosis and treatment plans utilizing acupuncture, herbal remedies, bodywork, qi gong, nutrition and lifestyle advice are presented for each condition. Case studies and discussions regarding patients being seen in the clinic are used to illustrate diagnostic possibilities and treatment options. Collaborative care with other health care professionals is discussed.			

### 613-615 Orthopedic Assessment

3 credits

A O D

This series of classes presents a range of assessment techniques drawn from physical therapy for evaluating neurological and musculoskeletal conditions. An emphasis is placed on those conditions needing referral or collaborative care.

### 616 Osteopathic Assessment

1 credit

A O D

This course covers several osteopathic assessment techniques useful to the acupuncturist in identifying the locations of restrictions or obstruction in body systems leading to imbalance and health concerns. In addition to being useful diagnostically, the assessments also provide feedback as to the benefit of the intervention.

### 620-622 Acupuncture Techniques

9 credits

A O D

In this series of classes, students learn and practice a variety of methods for stimulating acupuncture points in a safe and effective manner. Students improve their skills in needling, moxibustion, gua-sha, cupping, and microsystems therapy as part of their coursework.

### 624 Biophysics

2 credits

A O D

This course explores the scientific explanatory models for energetic healing and methods of treatment. The course utilizes information from scientific research to learn and study the usage of electro-acupuncture, laser and magnet therapy.

### 630 Chinese Herbal Medicine

12 credits

O D

This series of herbal courses cover the properties, indications, contra-indications and modifications of the the Chinese formulas and the herbs that make up those formulas. Taken in conjunction with the Integrated Therapeutics sequence, they provide more in-depth study of herbal formulations for conditions being studied and explore Chinese medical texts regarding theory, cases and appropriate formula usage. Chinese medical language study is integrated into the course to increase understanding and access to written clinical sources not otherwise available to the student. Students concurrently do preceptorship and internship in herbal therapy with additional time working in the herbal dispensary.

### 640 Chinese Medical Language & Classics

12 credits

O D

A two year study of Chinese medicine source material in herbal medicine providing the skills necessary to gain meaningful information from classical and clinical texts for patient care. This class combines online and class instruction to further student learning from the first year of the program in accessing and translating classical and modern texts on Chinese medicine.

### 660 Western Clinical Medicine

17 credits

A O D

This extensive course sequence prepares the acupuncturist to recognize medical situations needing referral as well as provides the knowledge for effective communication with patients and health care providers utilizing a western medical perspective. Utilizing a problem-based approach to learning, learners explore case studies to learn differential diagnosis, disease processes with common signs and symptoms, and familiarize themselves with common biomedical tests and exams that are used to differentiate conditions. Evidence-based therapeutic approaches for each condition are researched with an emphasis on the rationale for their use. Practice with case studies insures students understand the steps to recognize emergency situations needing referral, as well as the situations where collaboration with a western health care provider would be helpful.

720 Medical History, Ethics and Research

3 credits

A O D

This course explores the eastern and western historical and philosophical roots of medicine and how culture influences our views on the origins of illness, healing and the patient/physician relationship. The class looks at the ethical issues faced in medicine, as well as the current research discussion regarding appropriate models of inquiry in East Asian medicine for discerning efficacy and effectiveness.

721 Practice Management

3 credits

A O D

This course covers the skills and steps needed to transition from being a student to a successful licensed practitioner. The course utilizes projects and workshops with experts to develop the students' understanding of how to create a business plan. This includes covering all the steps to set up a business; with discussions about licenses, legal structures, insurance billing, branding, advertising, networking, websites, taxes, bookkeeping, and a variety of clinical models for private and non-profit practices.

722 Professional Issues

1 credit

A O D

This class provides the forum for student led presentations on a range of business development plans as well as research into a range of questions affecting the care of patients and the future of the profession.

724 Communication Skills

3 credits

A O D

This course provides methods for developing listening skills, communication skills, and establishing effective rapport with patients and peers. The course covers patient/practitioner boundary concerns and how to handle, and potentially refer, patients with significant mental health challenges.

764 Acupuncture and Public Health

2 credits

A O D

This course provides information on acupuncture and its use in the public health setting, especially in the care of those who are chemically dependent. The class is part of the NADA Certification training needed to work in public health facilities in treating drug addiction. Students also do an externship in an acupuncture chemical dependency clinic at Evergreen Treatment Services.

765 Acupuncture and Global Health

2 credits

A O D

This course is an introduction to the use of acupuncture internationally in relief organizations and in times of disaster. The goal of the course is to help inform students about existing organizations that are working in this arena, and to provide specific clinical information from an eastern and western perspective on how to handle the unique health conditions that could be faced. There is hands-on instruction in emergency care techniques and traumatology as part of the training.

805 Translation, Research and Instruction (TRI)

12 credits

D

This year long series of seminars and independent learner projects provides the opportunity for doctoral students to reflect on their personal clinical interests and deepen their knowledge through study with faculty mentors, specialized clinical practice, access of relevant literature in English and Chinese, performing clinical outcomes assessment, engaging with the cohort in collaborative discussions of cases from clinical practice, and sharing their findings with others in the classroom and through professional written and oral presentations. Doctoral students select a clinical specialty of interest and work with faculty mentors in deepening their knowledge and skill in their chosen arena. Learners develop a personal plan of study and practice facilitated by their doctoral advisor to achieve increased competency in their selected field.

810 Collaborative Care

4 credits

D

A series of case study meetings and clinical discussions to explore and refine a model for collaborative practice in patient-centered health care. Doctoral students and physicians representing a range of models of therapy work together as a team to consider individual patient conditions and develop appropriate plans for patient advisement, treatment, and referral within the health care system. Cases for discussion are presented by students and faculty. Outcomes from recommendations and treatment are reported for further collaborative discussion and treatment planning. Learners are expected to do outside research in the professional literature to inform discussions on patient conditions and treatment approaches.

820 Medical Classics

4 credits

D

Seminars studying Chinese medical texts, both in English and by translating from the Chinese, that have clinical relevance to a contemporary medical practice and understanding of the foundational aspects of the medicine.

# Clinical Training

## 500 Clinic Preceptorship

6 credits / 180 hours A O D

The assisting of experienced practitioners in the first year is the cornerstone of the SIEAM program. Students observe and assist faculty in the treatment and care of patients. Through this experience students learn methods of assessment, diagnosis and treatment. This real-life setting provides the student the rare opportunity to see different styles of East Asian medicine in practice and how different faculty approach the care of their patients. Time is allotted for in-depth discussion of patients' conditions and consideration of different treatment approaches. In all, students work in small groups with at least five different practitioners in these "apprentice-style" settings. Students also have the opportunity later to work in "advanced observation" shifts where they work one-on-one with experienced practitioners.

## 501 Herbal Preceptorship

3 credits / 90 hours O D

Interns assist and observe SIEAM clinical faculty as they assess patient conditions and make herbal recommendations. Interns and faculty discuss diagnosis, herbal treatment options, and make final decisions regarding herbal therapy. Interns then participate in preparation of the herbal formulations in the school dispensary as well as assist in the operations of the dispensary.

## 502 Bodywork Internship

6 credits/180 hours A O D

Students perform tuina and shiatsu treatments on patients beginning in their second trimester under the supervision of their bodywork instructors.

## 600 Acupuncture Internship

10 credits/300 hours A O D

Students begin to provide treatment of patients in the school teaching clinic during the second year. Second-year students work in two-person teams through the year under close supervision by the school's clinical faculty. As interns, students interview, assess, diagnose and treat patients utilizing acupuncture, bodywork and herbal remedies. Working in Chinese medicine and Japanese acupuncture clinics, students continue to improve their diagnostic acumen, technical skills and clinical judgment.

## 700 Clinic Internship

12 credits/360 hours A  
18 credits/540 hours O D

In the third year student interns transition into working one-on-one with patients. The clinical supervisors provide them with consultant expertise and an atmosphere to support more independent judgment and practice. All treatment plans must be approved by the supervisor. The intern is encouraged to explore the development of a personal approach to East Asian medicine, based on the various approaches learned in school and what works best for each patient.

## 704 Specialty Clinics

credit/hours varies A O D

As part of the 700 clinic internship series, student interns are required to participate in clinics serving various underserved populations in the Seattle area. This includes 40 hours that can be used toward the National Acupuncture Detox Association (NADA) certification.

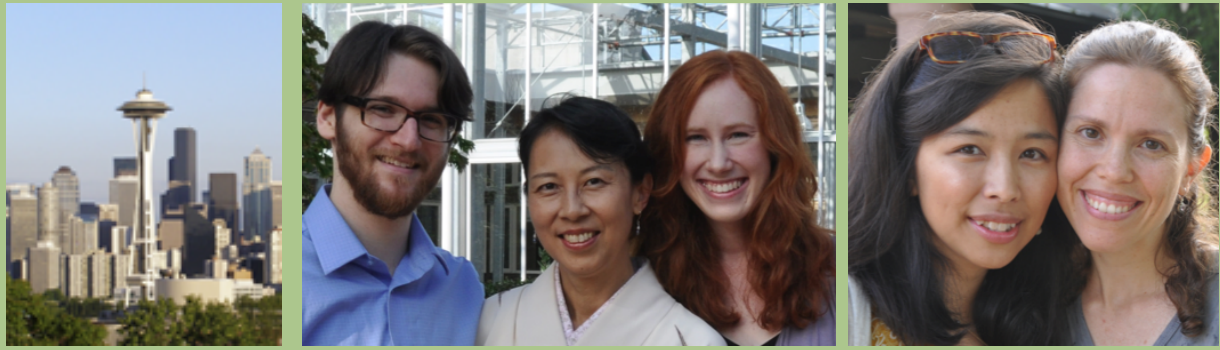
## 800 Clinical Practice

10 credits/300 hours D

The final year of the clinical internship in the doctoral program provides more diverse options for student interns in providing treatment. Clinical training at this point becomes an individualized practice and utilizes the learner's legal status as a licensed provider to allow for unique clinical experiences. Student interns work with SIEAM approved mentors in specialty clinics of personal interest. These could include practice in hospitals, international relief organizations, integrated medicine clinics, specialty private practices, and research or teaching assistant positions in college clinics.



# Admissions



All students interested in the Masters of Acupuncture degree (M.Ac.), the Masters of Acupuncture and Oriental Medicine degree (M.Ac.O.M.), and the Doctor of Acupuncture and Herbal Medicine (D.A.H.M.) must meet the following admissions requirements and procedures. Please read carefully.

Applicants to SIEAM must have at least three years of college study at the baccalaureate level (90 semester or 135 quarter credits) with a minimum 3.0 G.P.A. These credits are to include the following topics that provide training in the basic sciences appropriate for the health care field.

- Biology (no lab required)
- Chemistry (no lab required)
- Psychology (no lab required)
- Western Nutrition (no lab required)

**NOTE:** Applicants who have not completed all prerequisite coursework may still apply. If accepted, enrollment would be contingent upon completion of all prerequisites prior to the first day of fall classes with a B average or above.

All applicants must have up-to-date basic CPR/ AED training and First Aid certification prior to starting the program. Standard Red Cross certifications are sufficient for this requirement.

Candidates for admission must demonstrate maturity, academic ability, and sincerity to enter the field of East Asian medicine.



# Application for Admission

## Required Materials:

- Completed SIEAM application. The application is online at [www.sieam.edu/admissions](http://www.sieam.edu/admissions). The application asks you to address the following topics:
  - Essay describing reasons for choosing this field and the Seattle Institute.
  - A brief explanation of how you plan to finance your education and living expenses
- Transcripts from all prior higher education institutions. Transcripts from other countries must be translated into English and evaluated by a credential-evaluation service. We suggest World Education Service ([www.wes.org](http://www.wes.org))
- \$100 non-refundable application fee
- Signed Prospective Student Release of Information form

**Note:** Applications will not be reviewed by the Admissions Committee until all elements listed above are present.

## Admissions Process

SIEAM accepts applications beginning in September for entry into the program the following September until the class is full.

Applicants whose initial applications are approved will be invited to attend a required admissions interview. Interview spots are on a space available basis. Dates will be posted on [www.sieam.edu](http://www.sieam.edu) under the Admissions section. Prospective students should submit applications at least one month prior to the date they wish to interview. We recommend that out-of-state applicants needing additional time to make travel arrangements apply as early as possible.

Following the interview, applicants will receive a decision on acceptance within two weeks. Accepted applicants will then have two weeks to submit their enrollment agreement and nonrefundable \$500 deposit to reserve their place in the entering class. This deposit will be applied to the first trimester's tuition. Some applicants may be placed on a wait list.

## Admissions Policies

**English Language Requirement:** All classes are taught in English. Therefore English language competency is required of all students seeking admission to the program. This may be satisfied by scoring at least 80 on the Test of English as a Foreign Language (TOEFL) internet based test (iBT) which also requires a minimum speaking exam score of 26 and a minimum listening exam score of 22; or a level 6.5 on the International English Language Testing System (IELTS) exam and an 8.0 for the IELTS spoken band score; or the student must have completed a two-year (60 semester credits or 90 quarter credits) baccalaureate level education in an institution accredited by an agency recognized by the U.S. Secretary of Education or from an equivalent English language institution in another country.

**Transfer Credit to SIEAM:** There are provisions for students to transfer credit for previous biomedical science courses. Assessment of transfer credit is done on a case-by-case basis. SIEAM does not accept transfer credit for any East Asian medicine training done at other institutions.

To receive transfer credit, students submit a Transfer Credit Request Form (available through the Academic Coordinator) and provide records of previous college credit. It may also be necessary to submit additional documentation and/or take a competency exam in the material.

*Acceptance of transfer credit does not affect the overall cost of the program or the length of time to complete the program.*

**Advanced Standing:** There is no advanced standing for the M.Ac. or M.Ac.O.M. degrees. All accepted students start at the beginning of the program.

**Deferral of Entrance into a Program:** While it is possible to have permission granted for a one-year deferral, a deferral is only granted after the SIEAM administration has reviewed the written request and deemed it acceptable. Failure to remain in contact with school administration during the deferral year may result in the program acceptance being withdrawn.

Questions?

Contact us at [admissions@sieam.edu](mailto:admissions@sieam.edu)

# Academic Policies

**Academic Progress:** Students are expected to achieve competency in all classes and clinic and pass all comprehensive exams in order to proceed in their program. Any student receiving a PC or NC will be placed on academic probation. The terms and length of academic probation are decided on an individual basis. Any student who receives four PCs or NCs will be automatically dismissed from the program. Decisions regarding academic probation and dismissal are made by the Academic Dean, in conjunction with the President. Refer to the Student Handbook for more information.

**Satisfactory Academic Progress and Financial Aid:** Students receiving Federal financial aid must maintain Satisfactory Academic Progress (SAP) according to SIEAM policies. Failure to maintain satisfactory progress may cause the student to be ineligible for financial aid. If a student is placed on academic probation, this must be resolved within one trimester after being placed on probation; or, according to federal regulations, the student will become ineligible for financial aid. The school does, on a case by case basis, consider waivers and mitigating circumstances to its satisfactory academic progress requirements. This includes situations like the death of a family member, significant illness or injury. For the full SAP Policy, please refer to the student handbook.

**Attendance Policy:** Students who miss more than 20% of class time in a course will not be given credit for the course and will be expected to retake the class and pay additional tuition for the course. Students are expected to make up any missed lab time that instructors deem critical to safe and effective clinic practices through the tutoring program. The school has additional attendance policies for special circumstances. Please see the school handbook for a complete description of these policies.

**Attendance Time Frame:** The minimum and maximum timeframes for completing the SIEAM programs are given below:

	Minimum	Maximum
Master of Acupuncture	36 months	6 years
Master of Acupuncture & Oriental Medicine	36 months	6 years
Doctor of Acupuncture & Herbal Medicine	48 months	10 years

**Leave of Absence and Withdrawal:** If a student cannot maintain a full-time academic load in good standing at the school, they may petition the Academic Dean for approval of a leave of absence. A leave of absence may be granted for up to one academic year. Students returning at a later date will need to demonstrate preparedness for further study and competence in the subjects required at the point of re-entry. Tuition will be based on the tuition set for the cohort that the student joins at re-entry.

**Transfer Credit to Other Institutions:** Credit earned at SIEAM may be transferable to other academic institutions. This determination is made at the discretion of the school considering accepting transfer credits. Course descriptions are made available to other institutions upon request.

**Transcript Issuance:** Official transcripts are issued upon written request by students to other institutions. A \$5 fee is assessed per copy.

**Credit to Hour Ratio:**

- Academic Credit: 1 credit equals 15 hours of class time and 30 hours of additional homework.
- Clinical Preceptorship and Internship Credit: 1 credit equals 30 hours of clinical training and 15 hours of additional homework.

**Grading Procedures:** Students are evaluated on a competency basis. Evaluation levels are:

**AC - Achieved Competency**

Indicates the student has demonstrated adequate skill in course or clinical objectives as described in course syllabi and clinic guidelines.

**PC - Partial Competency**

Indicates further makeup work is needed to demonstrate adequate skill in course objectives. This evaluation does not deter the student from proceeding in the program as long as there are not several PCs at once and the student has a faculty-approved plan for remedying the deficiency.

**NC - No Competency**

Indicates the student will need to retake the course or clinical component in order to demonstrate competency.

**I - Incomplete**

Used only in times of medical or personal emergency. A faculty-approved plan for completion of the course or clinical requirements is required.

**W – Withdrawal**

Used when the student withdraws from the course or program.

**Year End Exams:** At the end of each year of SIEAM programs students take a series of comprehensive written and practical exams to assess achievement of the learning outcomes of the previous year. All components of these comprehensive exams must be successfully passed in order to continue to the next year and graduate.

**Graduation Requirements:** SIEAM degrees are awarded upon the accomplishment of the following:

- Successfully complete all academic courses, clinical training, and comprehensive exams required in the enrolled program.
- Completion of final projects with presentations to the SIEAM school community.
- Recommendation for graduation from the faculty and academic leadership of SIEAM.
- Fulfillment of all financial and other administrative obligations to the Institute.

**Nondiscrimination Policy:** This policy prohibits discrimination on the basis of race, sex, sexual orientation, gender identity/expression, religion, age, color, creed, national or ethnic origin, marital status, genetic information, veteran status, political ideology, and any other classification protected by law. SIEAM also prohibits illegal discrimination on the basis of physical, mental, and sensory disability and provides qualified individuals with disabilities with reasonable accommodation.

# Student Responsibilities

The following are some important student responsibilities to be mindful of during your time at SIEAM. Please note that this is not fully comprehensive, and there may be other responsibilities that are not mentioned below.

**Clean Needle Technique (CNT) Certification** – The NCCAOM requires that all applicants for the licensing exam have taken and passed the CCAOM CNT course. The Council of Colleges of Acupuncture (CCAOM) expects the course to be taken after some needling techniques instruction and before significant clinical internship. SIOM has established a deadline of January 1 of the second year of the student's program as the date that a copy of the CNT Certificate be received by the SIOM Registrar. It is the student's responsibility to insure he or she has completed the course and sends a copy of the certificate to the Registrar by that time in order to continue clinical training. Being aware of application deadlines, necessary documents and arranging to take this course is the student's responsibility. Please see Shay for the 2005-2006 Eligibility Form. Please allow two weeks for document transmission. The website for checking application deadlines, test dates, etc. for the CNT course is [www.ccaom.org/CNTOver.html](http://www.ccaom.org/CNTOver.html).

**Techniques Kit** – Each intern at SIOM has his or her own techniques kit to use in techniques classes as well as in clinic internship. The school provides for the kit an ongoing supply of acupuncture needles. Students are responsible for obtaining all other necessary equipment. The list of required supplies and equipment is posted in the intern's room.

**Clinic Competency Checklists** – SIOM utilizes competency checklists to monitor student progress through the three-year program and provide feedback to students on performance in clinic. Students each trimester discuss with their supervisors their progress and attainment of the clinic competencies and receive written evaluations to document the results. Final certification of successful attainment of the skill level expected is done at the end of each school year and is necessary to move into the next stage of clinical training and for graduation.

**Clinic Hours** – Each student completes a minimum of 1,200 hours of clinical training prior to graduation from SIOM. Of that 1,200 hours at least 300 hours must be in observation/preceptorship with licensed practitioners and 800 hours in supervised clinical practice in SIOM teaching clinic sites. The remaining hours may be done in either observation or supervised practice. All students take part in each of SIOM's approved satellite clinics. Generally speaking, students complete approximately 200 hours of clinical training by the end of the first year and 600 hours by the end of the second year. At the beginning of each trimester students receive an academic progress report that provides clinic hour totals. It is the student's responsibility to track his or her hours to insure that sufficient progress is being made towards the graduation requirement.

**NCCAOM Exam** – This exam is required by most states as part of their licensure requirements. Students are eligible to take the exam after they have passed the school's comprehensive exam given at the end of the second year of the program. Being aware of application deadlines, necessary documents and arranging to take this exam is the student's responsibility. To request necessary documents to be sent from the school submit a completed SIOM request form to the school Registrar in a timely fashion. Please allow two weeks for document transmission. The NCCAOM website is [www.nccaom.org/](http://www.nccaom.org/)

**State Licensing Exams** – As you get closer to graduation you may want to begin the process of applying for state licensure. It is the student's responsibility to understand this process and complete necessary applications. Be aware that a current CPR/First Aid certification is a requirement for licensure in Washington State, as well as some other states. To request necessary documents to be sent from the school submit a completed SIOM request form to the school Registrar in a timely fashion. Please allow two weeks for document transmission. The Washington state website <https://fortress.wa.gov/doh/hpqa1/hps3/Acupuncture/default.htm>

## Student Conduct

SIEAM students are expected to act in a respectful and professional manner with their peers, patients, and SIEAM staff and faculty. The SIEAM community holds a value of interpersonal harmony in keeping with the mission of the school to train qualified health care providers. Any student who behaves in an unprofessional manner will be placed on academic probation and, if the behavior continues, could be dismissed from the program by a decision of the Academic Dean in conjunction with the President. Certain behavior, such as cheating, intoxication or violent behavior at school will result in immediate dismissal. See the Student Handbook for more details.

**Probation and/or Dismissal from the Program:** Insufficient academic performance or unprofessional behavior at the Institute are grounds for academic probation and if uncorrected, dismissal from the program. The student is normally first given verbal warning regarding the concern with a description of appropriate behavior and potential consequences. Further problems would result in written warning regarding the performance or behavior. If the area of concern with the student continues the student will be placed on probation and if there is still no resolution, dismissed from the program. There are certain situations (violence, drug use, misconduct regarding responsibilities to patient care, financial misconduct, etc.) that could result in immediate probation or dismissal from the program. In cases of probation a clear written plan for behavior and/or any remedial work will be developed by the Academic Dean and communicated to the individual. Once there is clear demonstration that the academic or professional conduct issue has been remedied, the academic probationary status will be lifted.

Students are expected to achieve competency in all classes and clinic and pass all comprehensive exams in order to proceed in their program. Any student receiving a PC or NC will be placed on academic probation. The terms and length of academic probation are decided on an individual basis. Any student who receives four PCs or NCs will be automatically dismissed from the program. Decisions regarding academic probation and dismissal are made by the Academic Leadership Team. Refer to the Student Handbook for more information.



**Grievance Procedure:** Any student, faculty or staff person may use the following grievance procedure to address concerns that they believe have not been handled fairly by the administration or other parties at the school.

1) The individual with the grievance should first attempt to resolve the issue directly with the other individual or parties concerned (with or without counseling support).

2) In cases where this is insufficient, not possible, or inappropriate; the grievance should be put in writing and sent to the SIEAM Academic Dean Katherine Taromina at 226 South Orcast Street, Seattle, WA 98108. The President shall review the grievance, often in consultation with other administrators, and respond in writing to the grievance within two weeks with a decision regarding the concern.

3) If the individual is dissatisfied with the Academic Dean's written response, the individual may request a hearing with the Grievance Committee within two weeks of receiving the response from the Dean. This request must be in writing and submitted to the President of the Institute. The President will select the Grievance Committee composed of an Advisory Board member, a faculty person and an administrator. This committee will review the written documentation, meet with the interested parties and make a decision within six weeks of the receipt of the letter of appeal sent to the President.

4) After the decision of the Grievance Committee, if the individual believes the ruling is unfair, he or she may choose to contact the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) at the following address:

8941 Aztec Drive

Eden Prairie MN 55347

Phone: (952) 212-2434, Fax: (301) 313-0912

email: [coordinator@acaom.org](mailto:coordinator@acaom.org)



# Student Services

The Academic Dean provides support for incoming students, students in the program, and those graduating and beginning a practice. This support includes workshops on study skills, coordinating the SIEAM tutoring program, arranging for student mentors, providing contacts for counseling and health related issues, and being available for personal consultations.

School faculty and the Academic Dean are available for academic counseling and advisement regarding patient conditions and school projects. The school also maintains an alumni, student and faculty chat group (called SIEAMese) that is a forum for case discussions, referrals, job openings, business practice questions, and discussions relating to the politics and development of the profession. The school does not have a formal placement assistance program after graduation.

The program embeds weekly qi gong practice in the program throughout the school year to support student health. The school teaching clinic also provides a discounted rate for treatments for all students and their immediate family. Information on western medical referrals, counseling services, and Seattle community health clinics is available from the Student Services Coordinator.

Books and supplies needed by the individual student are acquired directly by the student from retail sources. Students sometimes buy books or supplies as a group to get discounted rates.

**Student Representation:** Students annually elect class representatives that can provide communication to and from the administration and support student life in other ways based on class interests. One of these student representatives attends SIEAM Board of Directors' meetings held twice a year as a voting member on SIEAM's Advisory Board. These meetings are where strategic planning occurs for future development of the SIEAM programs. Student input is a vital part of this process.



**Student Complaints:** Concerns raised by students about the program can be directed to the Academic Dean at (206) 517-4541. Please see the student handbook for more information.

## Library

The SIEAM library holds textual resources to support the academic and clinical needs of students and faculty. The library has over 4,000 texts on East Asian Medicine, Biomedical sciences, and related medical therapies. The library also has a Chinese language collection of medical texts utilized by students and faculty in their research on patient conditions and clinical topics of interest. There are a range of English and Chinese language journals on Chinese medicine and related topics. Wireless internet and computer terminals provide access to online databases and other internet resources. The library is open Monday - Friday from 9 a.m. to 5 p.m. Students have access to SIEAM library services to assist in locating particular materials of research interest.



## Facilities

The Seattle Institute of East Asian Medicine is located at 226 South Orcas Street in the Georgetown neighborhood of Seattle, Washington. There are several coffee shops and restaurants within walking distance. The institute does not have on-campus housing, but there are many apartments available for students within a two mile radius of the school. Seattle Metro has several buses stopping within blocks of the school. There is limited on-site parking as well as on street parking.



The school facility includes the teaching clinic, classrooms for academic and practical courses, a student kitchen and lounge, library, administrative offices and conference rooms. The majority of training is done at the Georgetown campus. The school has two offsite training sites for clinic internships to reach specific populations. These are:

**Asian Counseling and Resource Center** - Asian Counseling and Referral Service (ACRS) is a nationally recognized nonprofit organization offering a broad array of human services and behavioral health programs to Asian Pacific Americans in King County. ACRS is the largest multiservice organization serving all the different Asian Pacific American communities - immigrants, refugees and American born - in the Pacific Northwest. SIEAM interns provide acupuncture treatments to clients and staff of ACRS on a weekly basis.

**Evergreen Treatment Services** - Evergreen Treatment Services is a private, 501(c)(3) nonprofit organization which has been delivering evidence-based addiction treatment services in Western Washington since 1973. The interdisciplinary team of professionals includes clinicians with advanced degrees in medicine, psychiatry, nursing, psychology, social work, and counseling. ETS uses a comprehensive approach to treatment which combines medication assisted treatment with wrap-around services such as counseling, mental health care, and case management services. After training in acupuncture and detoxification treatments, SIEAM interns provide care in the ETS community acupuncture clinic as the clinical component for receiving the National Acupuncture Detoxification Association (NADA) certification.

# Tuition

## TUITION FOR STUDENTS ENTERING IN 2020:

### Masters of Acupuncture (M.Ac.) Degree

	Trimester	Annual
First Year	\$8,584	\$25,752
Second Year	\$5,650	\$16,950
Third Year	\$5,650	\$16,950
Total tuition		\$59,652

Estimated cost for books and supplies for the program is \$1,600.

### Masters of Acupuncture and Oriental Medicine (M.Ac.O.M.) Degree

	Trimester	Annual
First Year	\$8,584	\$25,752
Second Year	\$8,584	\$25,752
Third Year	\$8,584	\$25,752
Total Tuition		\$77,256

Estimated cost for books and supplies for the final year of the program is \$2,000.

### Doctor of Acupuncture and Herbal Medicine (D.A.H.M.) Degree

	Trimester	Annual
First Year	\$8,584	\$25,752
Second Year	\$8,584	\$25,752
Third Year	\$8,584	\$25,752
Fourth Year	\$5,768	\$17,304
Total Tuition		\$94,560

Estimated cost for books and supplies for the final year of the program is \$2,500.

**Payment:** Tuition for the trimester is to be paid in full by the end of the first week of class. Failure to pay tuition on time will result in a late fee of \$10 per day.

**Reservation Fee for First-Time Enrollees:** Upon acceptance into the school, a \$500 nonrefundable reservation fee is required along with the signed enrollment agreement from the applicant. This fee will be applied to the tuition for the first trimester.

**Tuition Refund:** Students are entitled to a refund of tuition and fees based on the following schedule. If you withdraw before the end of the:

First week of class	100%
(Except for the reservation fee for first trimester students)	
Second week of class	90%
Third week of class	80%
Fourth week of class	70%
Fifth week of class	60%
Sixth week of class	50%
Eighth week of class	25%
After the eighth week	No Refund

#### **Withdrawals and Return of Title IV Funds:**

In accordance with federal regulations, SIEAM will determine the amount of earned and unearned portions of Title IV aid as of the date a student withdraws or ceases attendance. This policy applies to all students receiving Title IV funds who do a complete withdrawal on or before earning 60% of the Title IV funds. The 60% date is the date by which a student has been enrolled for five weeks of the term. Students who withdraw after the 60% date will have earned all of the financial aid received for that term and are responsible for paying back all of the funding for that term. If the calculation determines that SIEAM is required to return funds, the funds are returned to the lender in the following order: Federal PLUS Loans, Federal Unsubsidized Loans.

**Withdrawal Date:** The official withdrawal date is the date when withdrawal occurs in any of the following ways:

- The Institute receives written notice of the student's intention to discontinue the training.
- The student is terminated for a violation of a published school policy that provides for dismissal.
- The student, without notice to the Institute, fails to attend classes for 30 calendar days with the withdrawal date being the last day of attendance.



# Financial Aid

## Federal Student Financial Aid

The Seattle Institute of East Asian Medicine participates in the William D. Ford Federal Direct Loan (Direct Loan) Program for its Master of Acupuncture and Master of Acupuncture and Oriental Medicine Degrees. Students can learn more about Direct Loans at [www.direct.ed.gov](http://www.direct.ed.gov)

## Cost of Education

Students in the M.Ac., M.Ac.O.M., and D.A.H.M. programs may borrow up to the estimated Cost-of-Attendance Budget (CAB), which covers tuition, books, room, board, transportation, and personal expenses for each academic year. Depending upon eligibility, students may borrow up to \$20,500 in unsubsidized Direct Loans. Any remaining need, up to the Cost-of-Attendance Budget (CAB), which is set annually, can be met with a PLUS loan. We encourage students to calculate their budgets based on individual needs and borrow only the necessary amount to fund their education.

## Interest Rates

Interest rates as of Fall 2019 are 6.08% for Unsubsidized Loans and 7.08% for Direct PLUS Loans.

## Disbursement

Financial aid is disbursed each trimester. Students will be issued their financial aid in excess of their tuition for the trimester, normally by the 1st Friday of each term. To make adjustments to current award packages, students must submit their request at least 8 weeks prior to the scheduled upcoming disbursement date. Contact the Financial Aid Office if you have any questions.



## How to Apply for Financial Aid

- 1) Virtual Financial Aid Office (VFAO): Set up a login on the SIEAM VFAO ([siom.vfao.com](http://siom.vfao.com)). This “office” is run by Weber and Associates, a firm that specializes in assisting schools with financial aid. Follow the steps on the website.
- 2) FAFSA: Fill out the Free Application for Federal Student Aid (FAFSA) each year for which aid is requested, online at [www.fafsa.edu](http://www.fafsa.edu). Before completing the FAFSA, request a personal identification number (PIN), which is available at [www.pin.gov](http://www.pin.gov). SIEAM’s federal school code is G32803.
- 3) Entrance Counseling: Complete Entrance Counseling prior to receiving a Direct Unsubsidized Loan or a PLUS loan for the first time at [studentloans.gov](http://studentloans.gov).
- 4) Master Promissory Note (MPN): If you have not previously received a Direct Loan at SIEAM, you must complete a Direct Loan MPN for your Unsubsidized Loan AND an additional one if you are applying for a PLUS Loan, at [studentloans.gov](http://studentloans.gov). The MPN is the legal document through which you promise to repay your Direct Loans and any accrued interest and fees to the Department. It also explains the terms and conditions of your loans.
- 5) PLUS Loan: If you need to borrow more than \$20,500 (the maximum for unsubsidized Direct Loans), you have the option of applying for a PLUS Loan at [studentloans.gov](http://studentloans.gov). Total loans cannot exceed the Cost of Attendance. You must complete the Direct PLUS Loan application each year and complete a PLUS Master Promissory Note (MPN) the first time you apply as a SIEAM student. A credit check will be performed during the PLUS application process. In some cases, students may need an endorser to qualify.
- 6) After being accepted to SIEAM, new students should begin the steps described above. Continuing students should complete the application again each spring in order to have aid in place for the fall trimester.

Questions?

Contact us at [admissions@sieam.edu](mailto:admissions@sieam.edu)

# Gainful Employment Disclosure

Normal time required for completion of SIEAM programs:

M.Ac. 3 years

M.Ac.O.M. 3 years

Total number of students graduating in the 2017-18 academic year: 6

Percentage of students completing program in normal time: 100%

Total Tuition & Fees For Students Enrolling in SIEAM in 2014:

Three Year M.Ac. Degree: \$48,000

Three Year M.Ac.O.M. Degree: \$63,000

Typical Cost of Books and Supplies for M.Ac. Degree: \$1,600

Typical Cost of books and supplies for M.Ac.O.M. Degree: \$2,000

% of 2014 Graduates Participating in Federal Student Loan Programs: 61%

Median Loan Debt Incurred: \$90,909  
(By 2014 Graduates Who Received Financial Aid)

Most Recent Cohort Default Rate: 0%

Standard Occupational Classification Code (SOC): #29-1199 (For an occupational profile for Acupuncturists go to [www.onetonline.org](http://www.onetonline.org))



## Faculty



**Daniel Altschuler**, Ph.D. (China), L.Ac., studied and taught Chinese medicine in Taiwan for nearly 15 years, apprenticing under Dr. Lee Chen-Yu. He has an MA (1992) in Asian religions from UCLA and a Ph.D. (2005) in Chinese medicine from Guangzhou Chinese Medical College. His specialties include neuropathy and chronically stubborn diseases. He has authored the translation entitled *Neuropathy: Traditional Chinese Herbal Treatment in a Modern Medical Environment*. Daniel is an instructor for Chinese medical theory and language and is a Clinical supervisor.

**Betsy Baker-Bold**, M.P.T., O.C.S., C.M.P.T., earned her Masters Degree in Physical Therapy at the University of Puget Sound in 1996, after receiving her Bachelor of Science degree in Exercise Science there in 1993. She is a Board Certified Orthopedic Clinical Specialist from the American Board of Physical Therapy Specialties and a certified Manual Physical Therapist through the North American Institute of Orthopedic Manual Therapy. Betsy is an owner and managing partner of Olympic Physical Therapy in Everett and is also an Official Medical Provider for the United States SCi Team. Betsy teaches physical medicine at SIEAM.

**Janette Baugh**, L.Ac., M.Ac., L.M.P. M.Ed., is a graduate of the Northwest Institute of Acupuncture and Oriental Medicine (1994) and the Brenneke School of Massage (1990). She is a certified Toyohari acupuncture practitioner and maintains a private practice in Seattle. Janette teaches Manala style acupuncture and material on the eight extra channels.

**Dan Bensky**, D.O., is a graduate of the Macau Institute of Chinese Medicine (1975), the Michigan State University College of Osteopathic Medicine (1982), and the University of Washington (M.A. in Chinese Literature, 1996). Dan has translated and edited several texts on East Asian medicine including *Chinese Herbal Medicine: Materia Medica* and *Chinese Herbal Medicine: Formulas and Strategies*. Dan is one of the founders of the Seattle Institute.

**Stephen Brown**, L.Ac., graduated from the Japan Central Acupuncture College in 1983. He is licensed in Japan in acupuncture, moxibustion and acupressure. Stephen has written several articles and translated several texts into English from Japanese including *Introduction to Meridian Therapy* and *Finding Effective Acupuncture Points* by Denmei Shudo. He is one of the instructors for the Japanese acupuncture courses and supervises in the Japanese acupuncture and shiatsu clinics.

**Rachel Diaz**, M.S.W., L.Ac., received a master's degree in social work from the University of Washington (1978) and her acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine (1990). She is the head acupuncturist treating chemical dependency at Evergreen Treatment Services. Rachel teaches the public health and chemical dependency course.

**Marguerite Dinkins**, M.Ac.O.M., L.Ac., received her Master's degree in acupuncture and Oriental medicine at the Seattle Institute of East Asian Medicine in 2000. Since then, she has been in private practice in the Wallingford neighborhood of Seattle. She is presently continuing study in anatomy and palpation at the Canadian College of Osteopathy in Vancouver. She teaches and supervises students in their tuina instruction.

## Faculty (continued)

**Yefim Gamgoneishvili**, L.Ac, is a graduate of San Francisco College of Acupuncture. He served on the faculty of the Pacific College of Oriental Medicine, the American College of Traditional Medicine, New York College of Holistic Health Education and REsearch, and the Daoist Traditions College of Chinese Medical Arts. He maintains a private practice in Port Townsend, WA. He teaches acupuncture techniques and supervises in the teaching clinic at SIEAM.

**Christina Jackson**, L.Ac., is a graduate from the Northwest Institute of Acupuncture and Oriental Medicine. She is a clinical supervisor with a focus on women's health, internal medicine, and fertility. She maintains a private practice in Issaquah, WA.

**Li Jin**, D.A.O.M., L.Ac., began her TCM study in 1988 at Chengdu University of Traditional Chinese Medicine in China, where she earned her first Bachelor's degree in Traditional Chinese medicine. Dr. Jin also received her Doctorate of Acupuncture and Oriental Medicine degree from Oregon College of Oriental Medicine (2005). Her area of specialty is women's health and pain management. Dr. Jin maintains a private practice in Seattle. She teaches gynecology at SIEAM.

**Paul Karsten**, M.Ed., L.Ac., is a graduate of SAMRA University of Oriental Medicine (1982) and received a Master's degree in medical education from the University of Washington (1996). Paul is one of the founders of SIEAM and currently its Dean. He teaches in the theory courses and clinical preceptorship.

**Joshua Lerner**, M.T.C.M., L.Ac., graduated from the Northwest Institute of Acupuncture and Oriental Medicine in 2001. He also received a master's degree in Japanese Literature from the University of Wisconsin – Madison in 1994. He has done advanced study in tuina and has a particular interest in the treatment of traumatic injuries and musculoskeletal conditions. Joshua supervises in SIEAM's teaching clinic.

**Greg Lewerenz**, L.M.P., R.Y.T., E.A.M.P., graduated from SIEAM in 2009. In 2017, he completed a year-long continuing education training in orthopedic acupuncture with Matthew Callison and is certified in Sports Medicine Acupuncture. Greg has studied tuina in both China and the USA. He is also a registered Certified Anusara yoga instructor and yoga therapist. He maintains a private practice in Seattle.

**Sue Machtley**, D.P.T., graduated from the University of St. Augustine for Health Sciences in 2006 with a Doctor of Physical Therapy degree. Her interests are in manual therapy in rehabilitative and sports medicine settings. Sue teaches the surface anatomy sequence at SIEAM and assists in the physical medicine series.

**Kara Menzer**, N.D., graduated from the UC Davis with a B.S. in Biological Psychology and from Bastyr University with a doctorate of Naturopathic Medicine. Dr. Menzer currently practices family medicine and primary care at Natural Medicine of Seattle. She teaches classes in the western clinical medicine sequence at SIEAM.

**Craig Mitchell**, Ph.D.(China), L.Ac., received a Master of Science degree in Traditional Chinese Medicine from the American College of Traditional Chinese Medicine in San Francisco (1993). He then studied Chinese language and medicine in Taiwan for several years. He has written numerous articles and translated several Chinese medical texts, including the classic Shang Han Lun. Craig completed his PhD from the China Academy of TCM in the summer of 2006. At SIEAM he is a clinic supervisor and teaches classes on herbal medicine and medical Chinese. Craig is the President of SIEAM.

## Core Faculty (continued)

**Susan Moore, M.Ac., L.Ac.,** received her masters degree in acupuncture from the Northwest Institute of Acupuncture and Oriental Medicine in 1996. She specializes in Japanese style acupuncture focusing on the care of women and children, with a special interest in childbirth. She leads an advanced observation clinic at Northwest Hospital providing care for pregnant women.

**Sachiko Nakano, M.Ac., L.Ac.,** is a graduate of the Northwest Institute of Acupuncture and Oriental Medicine (1995). She is also certified by the Toyohari Acupuncture Association and is currently a Toyohari Program faculty member. She has translated for and studied with some of Japan's prominent practitioners. Sachiko has established outreach clinics for locally under-served patients. She is a clinical supervisor for our students at the Asian Counseling and Referral Service.

**Andrea Russell, M.Ac.O.M., E.A.M.P.,** began her Chinese medical education at the Northwest Institute of Oriental Medicine and received her Master's degree in acupuncture and Oriental Medicine at the Seattle Institute of Oriental Medicine (2006). She maintains a busy private practice in West Seattle. She teaches the practice management course.

**Jason Robertson, M.S., L.Ac.,** is a graduate of the American College of Traditional Chinese Medicine (2000). He is involved in ongoing post-graduate studies in Beijing with acupuncture specialist, Dr. Wang. In collaboration, they wrote and published *Applied Channel Theory in Chinese Medicine* (Eastland Press, 2008). Jason maintains a private practice in Seattle. He teaches acupuncture point groups and point location.

**Allen Sayigh, M.Ac.O.M., L.Ac.,** graduated from the Seattle Institute of Oriental Medicine in 1999. A fascination with herbs drew him into the field of Oriental Medicine and he began managing the school dispensary while a student at SIEAM. He is presently the herbal dispensary manager for SIEAM as well as at Bastyr University. He teaches courses covering the interactions between pharmaceuticals and herbal therapy.

**DeAnza Spaulding, M.A., L.M.H.C.** graduated from the Western Seminary of Seattle with a master's degree in counseling psychology in 2002. She has an active private practice specializing in working with sexual and ethnic minority populations. She provides workshops on multi-cultural competency. DeAnza teaches the Communication Skills course at SIEAM.

**Susan Scott, L.Ac.,** has been in private practice in the Seattle area for close to twenty years. She graduated from NIAOM in 1985. She actively utilizes Toyohari acupuncture, Manaka ion-pumping cord techniques, Nogier auricular acupuncture, and cranial sacral assessments in her practice. She also uses the Nogier VAS technique to assist her decisions regarding herbal supplements. Susan teaches Auriculotherapy and supervises in the teaching clinic at SIEAM.

**Jutta von Stieglitz, M.D.,** Jutta received her M.D. from the Medical School at Universitaet Hamburg in 1995. Her specialty interest is pediatrics. She worked in pediatrics at the University of North Carolina and Duke University from 1997 - 2005. Jutta has a particular interest in case based medical education and its use in training acupuncturists in preparation for working alongside biomedical practitioners. She teaches the western clinical science series at SIEAM.

## Adjunct Faculty (continued)

**Yiwen Su**, M.T.C.M.(China), L.Ac., began his TCM study in 1980 at Chengdu University of Traditional Chinese Medicine in China, where he earned his Master's degree in Traditional Chinese medicine. After graduation Dr. Su received one year additional clinical training in Dermatology and General Surgery in the Hospital of Sichuan Province. Dr. Su maintains a private practice in Seattle. He teaches classes in internal medicine at SIEAM.

**Katherine Taromina**, D.A.C.M., L.Ac., will be joining SIEAM as the Academic Dean and clinic supervisor in early 2018. In addition to clinical practice, she has been actively engaged in research related to the use of Chinese medicine and other integrative therapies with adult and pediatric cancer patients. Kathy serves as Chair for the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) and is on the Board of Trustees for the Society of Integrative Oncology (SIO). She is a student and assistant for Tom Bisio and an assistant instructor at New York Internal Arts (NYIA) and International Arts International (IAI).

**Yun Wang**, M.D. (China), M.Ac., L.Ac., received his medical training at the Qingdao Medical College (1978) and supplemented his acupuncture training at the Northwest Institute of Acupuncture and Oriental Medicine (1993). He maintains a private practice in Seattle specializing in treatment of musculoskeletal pain, trauma and stroke. Dr. Wang is a supervisor in the clinical training at SIEAM.

**Liangxi Zheng**, M.T.C.M. (China), L.Ac., is a graduate of the Chengdu University of Traditional Chinese Medicine (1991). His specialty in China was acupuncture techniques with expertise in scalp acupuncture for treating stroke patients. Liangxi teaches acupuncture techniques and participates in clinical training.

## Accreditation & Approvals

**Accreditation:** The Master's in Acupuncture and Oriental Medicine, Master's in Acupuncture, and Doctor of Acupuncture and Herbal Medicine degree programs of the Seattle Institute of East Asian Medicine are accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), which is the recognized accrediting agency for the approval of programs preparing acupuncture and Oriental medicine practitioners in North America. ACAOM is located at: 8941 Aztec Drive, Eden Prairie, MN 55347, Phone: (952) 212-2434, Fax: (301) 313-0912, email: [coordinator@acaom.org](mailto:coordinator@acaom.org)

**Washington Department of Health Approval:** Seattle Institute of East Asian Medicine is recognized by the Washington State Department of Health as an approved college of acupuncture and Oriental medicine in Washington. For further information on the Department of Health, contact the Acupuncture Division, Health Professions Section 3, Department of Health, P.O. Box 47867, Olympia, WA 98504-7867, Telephone: (360) 236-4700.

**Washington State Licensing Information:** To become licensed in Washington State (L.Ac., E.A.M.P.), an applicant graduates from a Washington approved school and passes the national exams in foundations, acupuncture and biomedical science administered by the NCCAOM. The applicant completes at least 450 hours in biomedical science (anatomy, physiology, microbiology, biochemistry, pathology and medical referral), 750 hours of acupuncture coursework and 500 hours of clinical training. The Seattle Institute is an approved school in Washington and its programs exceed all state requirements. For more information on Washington State regulation of acupuncture and Oriental medicine contact: Acupuncture Division, Washington State Department of Health, Olympia, WA [www.doh.wa.gov](http://www.doh.wa.gov)

**Approval for Veterans' Education & Training:** The M.Ac.O.M. and M.Ac. programs at the Seattle Institute of East Asian Medicine are approved for the purposes of enrolling persons eligible to received education benefits under Chapters 30, 32, 33, and 35, Title 38, U.S. Code and Chapters 1606 and 1607, Title 10, U.S. Code.

# Administration & Governance

## Administration & Staff

Craig Mitchell, L.Ac., Ph.D.

Paul Karsten, L.Ac., M.Ed.

Kathy Taromina, L.Ac., D.A.C.M.

Jennifer Trise

Iris Cutler, D.A.H.M., E.A.M.P.

Dylan Knutson

Dalton Meade

Peter Melincianu

President

Dean Emeritus

Academic Dean

Academic Coordinator

Director of Admissions and Student Services

Dispensary Manager

Library Manager

Financial Officer

## Governance

### Board of Directors

Marc Russell

Gin Yang

Terry Hamilton

Paul Karsten

Craig Mitchell

Chair

Secretary

Treasurer

### Advisory Board

Gary Arsham, M.D., Ph.D., Medical Educator

Dan Bensky, D.O., Physician

Susan McIntosh, J.D., Attorney

Alia Peterson, M.A., Human Resources Specialist

Alumni Representative (elected annually)

Faculty Representative (elected annually)

Student Representative (elected annually)



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# Academic Calendar

## 2019 - 2020

Fall Trimester Begins	Monday, September 9, 2019
Fall Trimester Ends	Friday, December 20, 2019
Winter Trimester Begins	Monday, January 6, 2020
Winter Trimester Ends	Friday, April 17, 2020
Spring/Summer Trimester Begins	Monday, May 4, 2020
Spring/Summer Trimester Ends	Friday, August 14, 2020

## 2020 - 2021

Fall Trimester Begins	Tuesday, September 8, 2020
Fall Trimester Ends	Friday, December 18, 2020
Winter Trimester Begins	Monday, January 4, 2021
Winter Trimester Ends	Friday, April 16, 2021
Spring/Summer Trimester Begins	Monday, May 3, 2021
Spring/Summer Trimester Ends	Friday, August 13, 2021

## 2021- 2022

Fall Trimester Begins	Tuesday, September 7, 2021
Fall Trimester Ends	Friday, December 17, 2021
Winter Trimester Begins	Monday, January 3, 2022
Winter Trimester Ends	Friday, April 15, 2022
Spring/Summer Trimester Begins	Monday, May 2, 2022
Spring/Summer Trimester Ends	Friday, August 12, 2022

The school offices, classes and clinics are **closed** for the following holidays:

New Year's Day  
Presidents' Day  
Memorial Day  
Independence Day  
Labor Day  
Thanksgiving Day Weekend  
Christmas Day