**Inspired by:** Erin Kendrick - *US #3 and US #4* and Cary Okoro - *Disturbing II*

**Project:** Continuous Contour Self-Portraits  
**Materials:** Paper, drawing utensil (pen, pencil, marker, etc.)  
**Key Terms:** Contour, form

**Directions:** Set up your work space either in front of a mirror or so that you are looking at a photograph of yourself. A continuous contour drawing involves drawing only the outlines, or contours, of a subject. When drawing a self-portrait, this helps us to closely observe our faces, instead of relying on our preconceptions of what a face should look like. A contour drawing does not show the form, or the 3-dimensional qualities of a subject, so don’t worry about adding shadows or highlights.

Here’s the tricky part—try not to lift your pencil or look down at your drawing before you’re finished! Add color if you’d like, filling in shapes you’ve formed with your contour lines, similarly to the way Cary Okoro does in her painting.

**Reflections:** How was creating a contour drawing different from the way you usually draw? Why?

**Tips:**
1. Where one feature of your face meets another  
2. Pretend the lines you are creating are a wire or string.
Try to move your pencil at the same speed as your eyes travel around the surface of your face.