Our Fresh New Look!

Chatelaine

inside! 53 MUST-TRY RECIPES

Chatelaine JUNE 2010

I wonder what it would be like to live in a world where it was always June. – Lucy Maud Montgomery

EXCLUSIVE WORKOUT

Beach Ready in Just 4 Weeks!

Biggest Loser's Jillian Michaels Reveals Her Secrets

EASY SUMMER MEALS

Thinner Dinners

Delicious Grilling, Super Salads, No-Guilt Pasta & Mini Paninis!

SPECIAL REPORT

The New Sex Drugs

Can You Find Passion in a Pill?

DOS & DON'TS

GREAT SKIN at 20, 30, 40+

"I Don't Need You"

Letting Go of a Friend Who Makes You Feel Bad

BONUS! Exclusive Book Excerpt **Heart of the Matter** by Emily Giffin

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