



Challenge Guidelines

Mystery Basket Cook-Off Challenge

Challenge Description

Teams of 3 will work together to create a meal based on a mystery basket of ingredients. The teams will have 45 minutes to plan, prepare and plate a meal for the judges.

Rules & Regulations

1. Teams consist of 3 members
2. Teams must complete meal in 45 minutes
3. A common area will be set up for pantry items including seasonings, spices, vegetables, etc.
4. Each team will have a portable stove to prepare their meals
5. Judges will determine winner based on taste, presentation, originality and use of ingredients