Macy’s celebrated National Senior Citizen’s Day on August 21st at our Covello center with a day full of extra special activities! The day got started with a check presentation for the generous renewed funding for the expansion of multicultural sewing classes as well as overall arts programming in our Macy's Creative Arts Center and a ribbon cutting ceremony for the new sewing machines included in the grant. We are so thankful to Macy’s for everything they do for our seniors!

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To make the day extra special, Macy's volunteers hosted fun and instructive classes: a sewing class using the new machines; beauty tips & tricks classes; technology classes in English, Spanish, and Mandarin; while others helped with meal prep and meal service. Macy’s also gave beauty gifts to all class attendees. Seniors were so delighted with all the fun festivities and were so grateful to be celebrated on National Senior Citizens Day.
DASH Day, a recruitment and information day for our DASH (Dietary Approaches to Stop Hypertension) Eating Plan project, was held at CBN on Aug 28th. Thanks to the generous support of Administration for Community Living, our partners at The Rockefeller University and Clinical Directors Network, we had a super fun and informative session with Covello seniors all about the new eating plan.

The Covello All-Star Dancers and Chinese Dance Group performed in East Harlem at the National Night Out event sponsored by the NYPD.

The Covello All-Star Dancers, Chinese Dance Group, and Zumba Group performed at El Carnaval del Barrio on 116th St.

Seniors had a great time visiting City Island!

Seniors enjoyed the lovely weather with a special picnic lunch.
Seniors saw their second performance of the Shakespeare in the Park series! This time they saw *Coriolanus* on August 3rd.

Seniors learned a lot from this interactive information session and lecture on Fraud and Scams sponsored by *Humana* on August 1st.

Seniors thoroughly enjoy John’s “Art Workshop” every week! The class meets twice a week from 1pm - 4pm on Wednesday and Friday.
Lehman Village

Lehman seniors had a great time celebrating the August birthdays!

Seniors from Lehman came to Covello on National Senior Citizen’s Day to participate in the beauty tips and tricks class. Vilma from Lehman was amongst the winners during the Macy’s Makeover workshop!
The Walk with Ease program took a trip to the local Trader Joes and purchased some great deals!

Harlem’s Senior Day

On August 28th, our Community Elder Mistreatment & Abuse Prevention Program (CEMAPP) attended Harlem’s Senior day event sponsored by NYS Senator Brian Benjamin and Congressman Bill Perkins.
Dear Carter Burden Network Members,

The building in which our Carter Burden Luncheon Club & Senior Program (the Club) is located has been sold. The new owner, The Church of the Epiphany (Epiphany), will be renovating the entire building, a project expected to take 18 – 24 months. Once the renovation of the building begins, our senior center will have to suspend services at its current location, 351 East 74 Street, until it is complete. Epiphany will stay in the building it has sold until the renovations of the East 74 Street site are complete. Epiphany has also invited us to serve daily luncheon meals at its current site, 1353 York Avenue, New York, NY 10021.

The situation regarding exact start dates for activities is fluid. The good news is that the NYC Department for the Aging has approved our plan to serve daily congregate meals at Epiphany. *We do not yet have a date for the start of luncheon meals at Epiphany.* For the time being, we are serving meals at the Club, 351 East 74 Street until September 11, 2019.

We are excited about the improvements to its space that the Club will gain. The entire building and our senior center space will be handicap accessible. We will have an enhanced kitchen and dining room. There will be elevator access to other floors for programming as well as to the roof deck.

We have found a wonderful partner in The Church of the Epiphany. Father Cole and his team have been extremely helpful and have kept us informed of the status of the renovation. We are very fortunate to work with them.

We look forward to welcoming you to the Grand Re-Opening of our senior center.

Sincerely,
William J. Dionne
Executive Director
September is National Senior Center Month!

9/2 – Labor Day (Centers Closed)

9/8 – National Grandparents Day

9/23 – National Falls Prevention Awareness Day

Carter Burden Gallery Exhibition:

Lines, Forms, Substance: Joan Mellon & Sumayyah Samaha

Confrontation: It's as Clear as Black & White
Bette Klegon Halby

On the Wall: Vera Sapozhnikova

Opening: September 12, 2019, 6 - 8 PM
September 12 – October 9, 2019

Carter Burden Gallery
548 West 28th Street, #534, New York, NY 10001
Between 10th and 11th Avenues
carterburdengallery.org • 212-564-8405
Marlena Vaccaro, Curator

Generously supported by MACQUARIE
Activities

Current Events  Choreography Lab  Movie Day  Watercolor  Crafts  Jewelry  Sewing  Quilting  Crochet/ Knitting  Clothing Construction  Painting  Drawing  Guitar  Pool  Mixed Media Art  Birthday Party  Special Events  Zumba  Bingo  Museum Visits & Trips  Walking Club  Computer Classes  Dominoes  Health Workshops

Please see activities calendar for day and time at each location.

Upcoming Events

Falls Prevention Demonstration and Workshop
Thursday, September 26th
1:00pm – 2:00pm
Covello Senior Center, 1st Fl

Celebrate the Korean Moon Festival with a financial presentation in Korean by Hanmi Bank
Friday, September 13th
3:00pm
Roosevelt Island Senior Center

Partially funded by NYC Department for the Aging