We celebrated the 100th birthday of Esther, a Covello Senior Center member on February 7th! Seniors joined together to dance and sing karaoke in celebration of the very special birthday woman, who has lived in East Harlem since she moved here from Puerto Rico in the 1930s. Esther was joined by her family, including her niece Dora! Council Member Diana Ayala presented Esther with a Proclamation for being an outstanding member of the community.
Our **CBN Associates** threw a Valentine’s Day Party for our members!

Covello members generously donated money to replace the cloth tops of the pool tables.

Members enjoyed a jazz concert sponsored by **Concerts in Motion**.

Members saw the Temptations on Broadway.

Members participated in a Heart Healthy presentation by **Northwell Health** from Dr. De Jesus, cardiologist.

Our Chinese Dancers performed at the Lunar New Year Celebration at Johnson Community Center.
Roosevelt Island Senior Center

There was love in the air at RISC’s Valentine’s Day Party where members participated in karaoke and watched the movie Moonstruck.

Members participated in the first ever Printmaking class with our professional teaching artist, Karin, on February 20th.
Through the Challenge America award from the National Endowment for the Arts, CBN is expanding visual art classes at its Lehman Village Senior Center, and engaging seniors and a professional artist to install three murals towards community building and the beautification of the center by offering new arts classes every Monday and Friday.

We are thrilled to be working with lead artist Maria de Los Angeles, a New York City-based artist recognized for many community-based projects focusing on the issues of migration, displacement, identity, and otherness, who has been leading the widely-popular arts classes.
Carter Burden Luncheon Club

Members enjoyed an evening at Temple Emanuel on February 24th for dinner and bingo. Two of them even won the raffle!

Raffle winner, Ilene

Raffle winner, Stephen
A sweet time was had by all as we celebrated Valentine’s Day by savoring delectable treats at Sam’s Creations group.

**Trip to Lenox Hill Hospital’s Teaching Kitchen**

Lenox Hill Hospital invited members from our Covello center to its Teaching Kitchen, where our members learned how to prepare nutritious meals and snacks, demonstrated by a team of registered dieticians and chefs. The members then received copies of the easy-to-make recipes to take home. After the Teaching Kitchen, our members enjoyed a healthy lunch prepared by the 2 Michelin Star **Chef Georges** – Head Chef, Lenox Hill Hospital.
Mrs. Lok is an active Chinese speaking member who has been attending the Covello senior program since 2013. Mrs. Lok enjoys spending her days in the creative art classes, congregate meal room for breakfast and lunch, and out on trips offered at our Covello senior program. She comes to the Social Service Unit for help from the Mandarin speaking staff. The unit provides assistance with ongoing advocacy, translation services, and informed referrals when needed. “SSU offers plenty of services!” she exclaimed. Since coming to the center, Mrs. Lok has introduced Covello to her friends and she continues to love spending her time in our program with her friends.

乐小姐是2013年加入Covello老人中心的中国会员。乐小姐和朋友在Covello一起参加创意美术课，吃饭和郊游。她来社会服务处接受中文服务。社会服务处持续为她提供服务有-中文/英文信件翻译服务，撰写英文书信和转借机构。乐小姐说：“社会服务处办事能力不错！”也介绍很多朋友来。乐小姐喜欢和她朋友在Covello消磨时光。
CBN Senior Center Locations

Leonard Covello Senior Program
312 East 109th Street, NYC 10029
212-423-9665
M-F, 8-4  Sat & Sun 9-4

Roosevelt Island Senior Center
546 Main St.
Roosevelt Island, NY, NY 10044
212-980-1888
M-F 9-5

Lehman Village Senior Program
1641 Madison Avenue @ 109 St.
NYC 10029
646-370-5642
M-F 9-4

Carter Burden Luncheon Club and Senior Program
New location: Church of the Epiphany
1393 York Ave (74th/75th), NYC 10021
212-879-7400
M-F 9-5

Carter Burden Gallery
548 West 28th Street, #534, New York, NY 10001
Between 10th and 11th Avenues
carterburdengallery.org • 212-564-8405
Marlena Vaccaro, Curator

Seeing Through
Sandi Daniel • Ellen Denuto • Etta Ehrlich • Laurel Marx

Hasidim on the Beach: Judy Mauer

On the Wall: Ellen Wallenstein

Opening: March 19, 2020, 6 - 8 PM
March 19 – April 15, 2020
Tuesday to Friday: 11 - 5; Saturday: 11 – 6

The Covello staff would like to thank and acknowledge the amazing work and beautiful food presentation that is done for members' special events and activities by Enerdyn Almanzar (Vicky) our Kitchen Aide at Covello Senior program.
Monthly Events

Covello Fashion Show

Fashion Forward: Stylish at Any Age
Friday, April 3rd, 2020
1:30PM - 3:00PM
Covello Senior Center, 312 E 109th St
1st Floor Multipurpose Room

Generously sponsored by:

Free Legal Services for Seniors
No appointment needed. First come, first served.

Topics include: Wills & Advance Directives,
Government Benefits, Housing Issues,
Consumer Issues

First Friday of every month @ 10am
Covello Senior Center, 312 E 109th St
&
Second Friday of every month @ 2pm
CBN Headquarters, 415 E 73rd St
Activities
Current Events  Choreography Lab  Movie Day  Watercolor  Crafts  Jewelry  Sewing
Quilting  Crochet/Knitting  Clothing Construction  Painting
Drawing  Guitar  Pool  Mixed Media Art  Birthday Party  Special Events
Zumba  Bingo  Museum Visits & Trips  Yoga
Walking Club  Computer Classes  Dominoes  Health Workshops

Please see activities calendar for day and time at each location.

In Memoriam
The Staff, Members, and Board of Directors of the Carter Burden Network offer their sincere condolences to the friends and families of our honored members and longtime supporters.

Beverly Gallagher, Social Service Unit, Member since 2017
David Lloyd, Social Service Unit, Member since 2017

Carlos Banks
In December 2018, Carlos turned 100 years old. This past Christmas, he would have celebrated his 101st birthday. Sadly, Carlos passed away in March 2019 three months after his big birthday celebration. This month we remember the anniversary of his passing.