

What: Adult First Aid/CPR/AED
When: 6 – 10:30pm Friday, March 3, 2016
Where: Sailing/Training Center – Camp Illinek

The Adult First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED valid for two years.

Anyone who just wants CPR/AED can come for the first three hours of the class.

Cost \$35 pay online at: <http://www.alincolnbsa.org> look in the Training section.

For more information contact:

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