

Train for Emergencies in Wilderness and Remote Environments



- **Ideal for anyone in a recreational or occupational environment an hour or more from EMS response**
- **Based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines***
- **16-hour course**
- **Prerequisites: Minimum age of 14 with current certification in adult CPR/AED**

Learn Skills That Could Save a Life

Ideal for scouts, outdoor enthusiasts or employees in remote environments an hour or more from EMS response, our new 16-hour Wilderness and Remote First Aid course gives you the skills and confidence you need to respond to an emergency when help may be delayed.

Course Highlights

To prepare participants to give care for potentially life-threatening emergencies in a delayed-help situation, the Red Cross Wilderness and Remote First Aid course covers the following:

- Primary and Secondary Assessments
- Head (Brain), Neck and Spinal Injuries
- Bone and Joint Injuries
- Allergies and Anaphylaxis
- Burns
- Wounds and Wound Infection
- Hypothermia
- Heat-Related Emergencies
- Altitude-Related Illnesses
- And more....

You'll receive an emergency reference guide for use in the course, as well as a compact, weather-resistant pocket guide for reference in the field.

Register Today for Our Next Training Session

Dates: Sept 24 – 25 (Sat & Sun), 2011
Time: 8:30 a.m. – 5:30 p.m.
Location: Sailing/Training Camp Illinek
Cost \$115.00 Includes Wilderness First Aid Kit
For more information or to register, 217-787-7602

Illinois Capital Area Chapter

Proud Provider of American Red Cross Health and Safety Training

