



Bread *of healing* clinic

2019 Annual Update

*"Cast Your Bread Upon The Waters,
For You Will Find It After Many Days"
Ecclesiastes*



OUR MISSION

The Bread of Healing Clinic is a neighborhood-based clinic for individuals with financial or other barriers to quality health care. We commit ourselves to respect, love, and learn from the people we serve, believing that the atmosphere we create reflects Jesus' healing ministry.



This past year has been both exciting and challenging for Bread of Healing Clinic. We continue to see an increase in the number of patient visits at our three clinics, which is up by about 600 from last year to just over 7,500 total. We also saw more than 1,300 behavioral health visits, which is an increase of roughly 500 from last year. All the while, continuing to provide integrated care to all our patients.

A year ago, clinic co-founder and long-time staffer Rick Cesar announced his intention to retire in 2019 from his role as Clinical Director. Although we are sad to see Rick go after all his years of service, it provided us an opportunity to review the staffing needs and develop a new structure that we believe will better fit the needs of the clinic as we move into the future. As I write this, we are in the process of hiring a new Nursing Director; we've established an Operations Assistant position, and Dr. Barbara Horner-Ibler has assumed the new role of Executive Director. I am honored to be part of the organization during this time, as we navigate through its next chapter.

We can't do this important work without the continued support of our many volunteers and donors. Thank you for entrusting us to carry out the mission of Bread of Healing Clinic.

With sincere gratitude,

A handwritten signature in black ink that reads "Heather Dummer Combs". The signature is fluid and cursive.

Heather Dummer Combs

President, Bread of Healing Clinic Board of Directors

Highlights: FY 2018-2019

Patients Served

7,500

Number of primary care visits at Bread of Healing Clinic in 2019

Working with their primary care providers and specialists, **1,836** Bread of Healing Clinic patients developed a health care plan to address their chronic health conditions. In 2019, the most common disease conditions included Hypertension (50%), Diabetes Mellitus (25%), Hyperlipidemia (26%), and Asthma/COPD (25%).

Dental Services

1,249

Number of patients receiving dental care at Bread of Healing Clinic in 2019

Dental health is a critical need, and we offer dental exams, cleanings, extractions, partials, dentures, and restorative care. Many of our patients have not seen a dentist in 25+ years. As a result, most patients require extensive dental care, including Extractions, Dentures, Root Canals, Partials, and Crowns.

Community MedShare

\$6 million

The value of medications provided to patients of Bread of Healing Clinic and twenty other free or community based clinics in 2019

Medication is an essential component of controlling chronic health conditions. Our **Community MedShare Program** is a collaboration with other free clinics in the Milwaukee area to increase access to medication and lower the costs of those medications to the patients of these 23 free clinics.

Behavioral Health Services

1,361

Number of behavioral health visits provided by Bread of Healing Clinic in 2019

In 2019, volunteer therapists and clinical social workers stepped forward to assist in supervising Bread of Healing Clinic's team of five behavioral health interns. Utilizing trauma-informed care, the team provides one-on-one counseling and group support to help patients better cope with life challenges and develop skills to move forward.

Volunteers

Over 150

Number of volunteers providing care and other services in 2019

More than 70% of our volunteers are health care professionals including physicians, nurses, residents, behavioral health service providers and other specialty care providers; the balance are dedicated community residents. We're grateful to this dedicated volunteer community who provided over 25,000 hours of service, valued at more than \$1,000,000.

Patient Inclusivity

76

Number of Milwaukee zip codes represented among our patients

No individual is excluded from care at Bread of Healing Clinic. In 2019, patients were:

- 44% male and 56% female
- primarily between the ages of 35 and 64
- 50% African American, 16% Latinx, 12% Caucasian, 6% Asian, and 16% other

95% of patients have incomes below \$24,000 per year, which is 200% of the federal poverty level.

Derick's Story

It's said that irony defines human existence. When irony entered Derick's life, it wasn't a time of celebration. Derick lives an active life, maintains healthy habits, and enjoys running. Throughout his career, he's always worked in roles helping people, including helping those without health insurance qualify for Medicaid and other assistance programs.

Things were going well until he began to experience heart problems. His frequent absences from work for medical visits eventually led to dismissal from his job. Then, his doctor's office refused to see him because he no longer had insurance. The bright spot? A receptionist told Derick about Bread of Healing Clinic. Nurse Rick Cesar realized Derick had classic heart attack symptoms, and immediately drove Derick to the ER.

Now that he is stable, Derick visits the Clinic for regular check-ups and his monthly heart medication. "Rick saved my life," says Derick. "You never feel pitied because you use the Clinic's services or because you don't have money. At the Clinic you always feel like a worthy human being. I am forever grateful."

Derick has continued with the work he loves: helping people. However, since his job assisting people in qualifying for food stamps is through a temp agency, he is still without health insurance. With his kind attitude and natural ability to connect with people, we hope Derick will only have positive days ahead. •



Building New Strength & Sustainability

As Bread of Healing Clinic approaches its 20-year anniversary, we look back on lessons learned to guide us in our next phase of growth. The Clinic is a free medical clinic designed to serve low-income people who experience barriers to accessing ongoing health care. We are a unique faith-based collaboration that directly addresses a crucial human need.

LESSON 1: When people take responsibility, things happen. In 1999, Cross Lutheran Church Parish Nurse Rick Cesar, R.N. and Sinai Internal Medicine resident Barbara Horner-Ibler, M.D. became determined to find a solution for uninsured people who needed care. After months of planning, Bread of Healing Clinic opened in 2000.

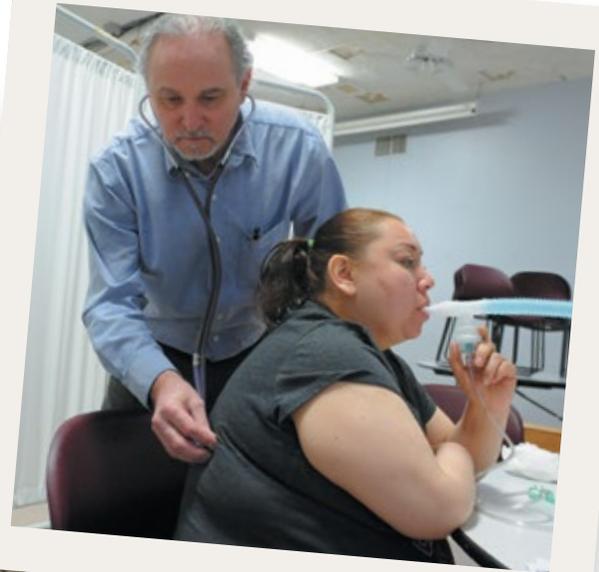
LESSON 2: Our patients are our teachers. In 2002, the Clinic became a site for the UW-Madison School of Medicine's medical student and resident education. In a context of limited financial resources and barriers to access, our patients teach us to address disparities and biases to enable better health care for all.

LESSON 3: If we have it, we will share it, and trust that God will provide if we need it. In 2005, the Clinic expanded to Eastbrook Church and Florist

Avenue Lutheran Church. We added Community MedShare to make affordable medications available. Behavioral health services began with a single volunteer psychologist.

LESSON 4: If you build it, they will come. Between 2009 and 2014, the Clinic expanded services in behavioral health, social work, dental and medical. Before the dental clinic even opened, people in the neighborhoods were calling for appointments.

LESSON 5: Despite the ACA, there's still a critical need. We now understand the inability of the ACA to provide access for most of our patients, especially those with a chronic illness. Insurance costs still put health insurance out of reach for people with income between 100-250% of the federal poverty level. Initially, patient numbers fell almost 60%, but since 2015 have been climbing.

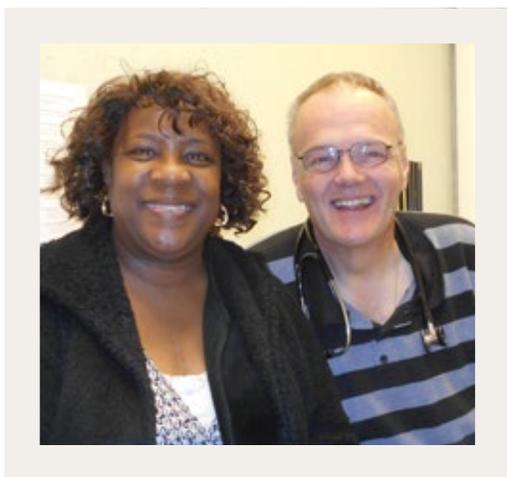


Today, we're approaching peak numbers, with well over 7,500 patient visits in this last fiscal year, and a 40% increase in behavioral health visits. Though we're serving more people than ever before, these numbers are evidence of the ongoing struggle to meet the essential need for quality health care in our community.

We're thankful to launch this next phase in the life of Bread of Healing Clinic. With the retirement of

founder Rick Cesar, and our desire to expand access to free, integrative care for those in need, the Clinic has hired an executive director to lead the charge in building new strength and sustainability in our organization.

In 2020, we expect patient need to increase, especially with changes in Medicaid eligibility requirements. Together our volunteers, our supporters and our faith will help us respond in our mission to serve.



After 20 dedicated years, Rick Cesar, R.N, the soul of the clinic, our nurse and nurturer, has retired. We are so grateful for all Rick has given. He challenged us to make every decision based on the patient. He approached every patient, every situation, every encounter with a generosity of spirit that gave without limits. He defined who we are, how we work, what we do. It is our responsibility to carry on his legacy.

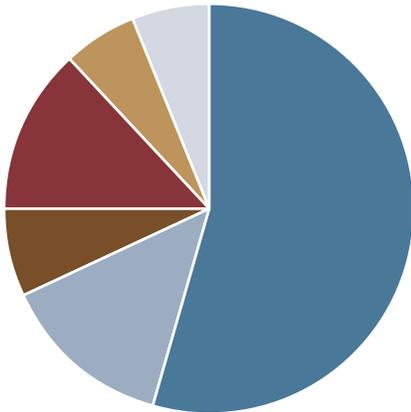
Thank you, Rick, and Godspeed. You have made the Bread of Healing Clinic what it is today. We will do our best to carry your legacy forward, and we share your joy in this life transition.

Founder Rick Cesar, with former patient Wanda Gray.

Financials

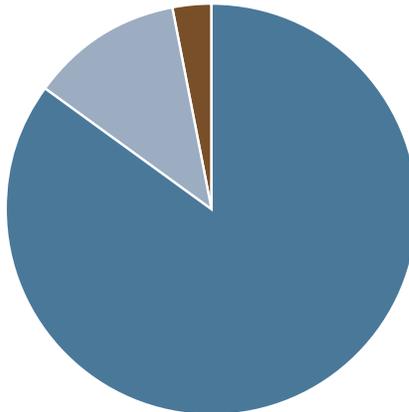
AUDITED FINANCIAL STATEMENT, YEAR ENDING DECEMBER 31, 2018

INCOME



■ Grants/Foundations	\$ 430,796
■ Contracts	107,080
■ Government Grants	52,876
■ Individuals and Corporations	98,555
■ Churches	48,752
■ Other	45,136
Total	\$ 783,195

EXPENSES



■ Program	\$ 839,679
■ Management/general	114,223
■ Fundraising	32,017
Total	\$ 985,919

Change in net assets (\$ 202,724)*

*This figure reflects restricted dollars received in previous years as grants, expended in 2019

Volunteer Extraordinaire: Martin Lobel, M.D.



When Dr. Martin Lobel is on a mission, he cannot be deterred. He's a book collector passionate about his extensive collection, which includes Works Progress Administration books from the 1930s. He owns several series, and regularly searches obscure websites for new finds.

A pediatric allergist, Dr. Lobel closed his practice in 2015 due to changes in health care reimbursement. However, he loves medicine and working with patients, so he searched for a way to continue. He found the Bread of Healing Clinic through a family friend, and now volunteers at two Clinic sites. Through us he's also found Eagle's Wing Free Clinic and Saturday Morning Free Clinic. Bread of Healing is happy to be his new "home away from home." *Thank you, Dr. Lobel!* •

Thank you to our supporters

\$10,000 AND ABOVE

Advocate Aurora Health
The Catholic Community Foundation
Eastbrook Church
Forest County Potawatomi Foundation
Greater Milwaukee Foundation
Greater Milwaukee Foundation Richard & Barbara Weiss Fund
Henry & Judith Hummel
Antoinette A. & Matthew Keenan Endowment
Herb Kohl Philanthropies
Milwaukee Health Care Partnership
Siebert Lutheran Foundation
State of Wisconsin Department of Health Services
Stimac Family Foundation
United Way of Greater Milwaukee & Waukesha County
Unity Lutheran Church Brookfield

\$1,000 TO \$9,999

Mr. & Mrs. Craig Beecher
The Benevity Community Impact Fund
Judith Berka-Dannenbrink
Bread of Healing Clinic Board Members & Staff
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Crossroads Presbyterian Church
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The GJSwick Trust Fund
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Greater Milwaukee Foundation Catherine & Walter Lindsay Foundation
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Jessica Schrieber
Siebert Lutheran Foundation John & Susan Schaller Directed Grant
Stackner Family Foundation
Stanwyck Family Fund
Wisconsin Dental Association
Lee & Carol Wolcott
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\$500 TO \$999

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\$250 TO \$499

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Thomas & Cathleen Prieto
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Gregory Schrieber
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Thomas Suriano

2019 Leadership

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Dr. Tom Jackson

Retired Physician

Ane Ohm

LeaseCrunch LLC

STAFF

Dr. Barb Horner-Ibler

EXECUTIVE DIRECTOR

Our Values

Love

We demonstrate God's love for all by sharing hope, faith, and a generosity of spirit with those we serve, one person at a time.

Healing

We believe that God calls us to healing in every arena of human life.

Humility

We are committed to the belief that we are all children of God, each with our own and differing gifts. None of us has all the answers, and we look to each other to learn.

Inclusion

We serve all, regardless of individual faith, and we welcome all who wish to contribute their time and talents in service to this mission.

Social Justice

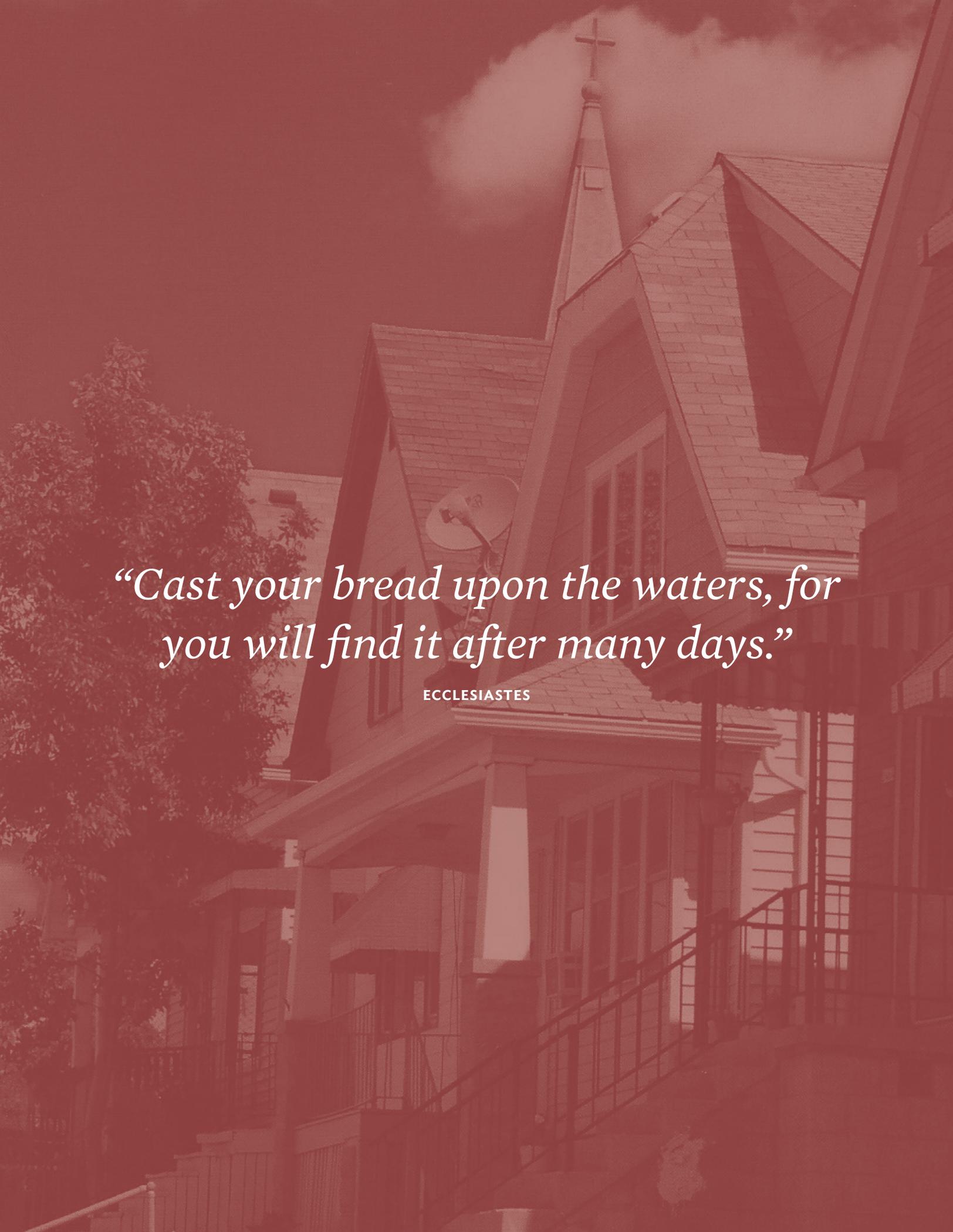
We work together to ensure that every person has access to the means to achieve health, recognizing that physical, emotional, social and spiritual health are intertwined and cannot be separated.

Education

We recognize the need and commit ourselves to the task of educating the next generation of health care professionals and paraprofessionals in an environment where the whole person is served and where patients have been historically underserved.

Prayer

We rely on God as the source of our power, and prayer as our communication with God.



*“Cast your bread upon the waters, for
you will find it after many days.”*

ECCLESIASTES

Our Locations:



Cross Lutheran Church
1821 North 16th Street
Milwaukee, WI 53205
(414) 977-0001



Eastbrook Church
5385 North Green Bay Avenue
Milwaukee, WI 53209
(414) 228-5220



**Florist Avenue
at Traveler's Rest Ministries**
5975 North 40th Street
Milwaukee, WI 53209
(414) 216-3459

**Bread
of
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clinic**

To learn more or to make a secure online donation, visit BreadOfHealingClinic.org