

BODY BATHS

Discover your energy with one of our nourishing body baths. Sipping on fresh juice rinses away the unwanted and helps rejuvenate your insides with the essential vitamin and minerals found in raw fruits and vegetables.

DEEP CLEAN / 54 PER DAY

Deep clean with deep green. Filled with leafy greens that will leave you energized and revitalized.

- Simply Green
- The Local
- Green Goodness
- Simply Green
- Green Goodness
- Almond Milk

RAINBOW RINSE / 54 PER DAY

Optimal results and great tasting. A colorful mix of fruit and vegetables juices followed by a protein rich almond milk.

- Simply Green
- The Local
- Soulshine
- Green Goodness
- Beauty and the Beet
- Almond Milk

QUICK DIP / 27 PER DAY

Perfect for the first time juicer. Add a salad for lunch and a smoothie for dinner.

- Simply Green
- Soulshine
- Beauty and the Beet

To ensure freshness, we ask you to place your cleanse order 48 hours in advanced.

Pre-order in person or online at www.peoplespressed.com.

ENERGY POTIONS / 6

adaptogenic vitality infusions

OH SHROOMS

chaga, lions mane, coffee, cacao, honey, almond milk

HEAT RISING

coffee, coconut oil, maca, cayenne, cinnamon, vanilla, honey, almond milk

PEOPLESPROOF

coffee, coconut oil, ghee

COFFEE

HOT SMALL / 1.75

HOT LARGE / 2.50

Fair trade coffee from Equal Exchange



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www.peoplespressed.com

[@peoplespressedjuice](https://www.instagram.com/peoplespressedjuice) / [#peoplespressed](https://twitter.com/peoplespressed)

COME VISIT

MONDAY-FRIDAY: 8AM - 3PM

SATURDAY: 8AM - 1PM

SUNDAY: CLOSED



JUICE SHOP & CLEAN CAFE

New Bedford, MA

Visit our website
www.peoplespressed.com

SOUL BOWLS / 9

a thick blend of superfoods topped with nourishing foods that nourish, in a bowl!

SIGNATURE ACAI

acai, banana, almond milk topped with low-carb granola, banana, strawberries, hemp seed and pepitas

ALMOND BUTTER ME UP

acai, banana, almond milk and butter topped with low-carb granola, banana, strawberries, sliced almonds, cacao nibs and goji berries

WELLNESS BOMB

oats, chia, banana, dates, coconut milk topped with low-carb granola, seasonal fruit, coconut, bee pollen

REAL SMOOTHIES / 7

Made to order feel good foods blended perfectly together.

SO CHILL

kale, banana, avocado, ginger, orange juice & coconut water

PURPLE RAIN

berries, maqui, banana, chia, lemon & coconut water

LOADIES ZEN

banana, spinach, hemp and chia seed, spirulina, protein, almond milk

SWEET NOURISHMENT

banana, raw cacao, walnuts, almond milk, maca, dates, pink salt & cacao nibs

QUEEN BEE

pitaya, banana, pineapple, coconut h2o & bee pollen

cold-pressed juice

BOTTLE / 9

CUP / 7

Freshly cold-pressed,
100% plant-based goodness.

GREEN GOODNESS

cucumber, spinach,
celery, parsley,
lemon

SOULSHINE

carrot, apple,
lemon, ginger

THE LOCAL

green apple, ginger,
lemon, mint,
pH water

BEAUTY & THE BEET

beet, carrot, apple,
lemon, ginger

GOLDEN GLOW

pineapple, cucumber,
turmeric, ginger,
celery, lime

SIMPLY GREEN

cucumber, apple,
kale, celery,
lemon

THE JUICE FLIGHT / 8

Four shot style glasses of our delicious signature cold-pressed juices. *For here only.*

SHOTS

FLIPSIDE / 5

ginger, echinacea, oil of oregano, lemon

RAISE UP / 5

turmeric, beet, lemon, black pepper

GINGER+LEMON / 3

HEALTHY BITES

TOASTS / 6

No. 1

gluten free toast topped with creamy avocado, greens, hemp and pepita seeds

No. 2

gluten free toast topped with creamy avocado, greens, sliced tomato, pink salt, pepper and balsamic

No. 3

gluten free toast topped with nut butter, banana, cinnamon, hemp and chia seeds and honey

CHIA PUDDING / 5

coconut milk, chia seeds, agave, topped with seasonal fruit and granola

SUPERFOOD ADD-ONS



Amplify your soul bowls and smoothies with these superfood extras!

MIX IN

PROTEIN POWDER plant based	2
COLLAGEN PEPTIDES	2
LIONSMANE MUSHROOM	2
CHAGA MUSHROOM	2
SPIRULINA	1
MACA POWDER	1

TOP IT

ALMOND BUTTER	2
BEE POLLEN	2
SEASONAL FRUIT	1
CACAO NIBS	1
HEMP HEARTS	1
CHIA SEEDS	.50
COCONUT SHREDS	.50

*Substitutions may be made for smoothies and bowls, but may result in an additional charge.

•BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR BARISTA IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.